

SHARP INEQUALITIES FOR THE SQUARE FUNCTION OF A NONNEGATIVE MARTINGALE

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ABSTRACT. We determine the optimal constants C_p and C_p^* such the following holds: if f is a nonnegative martingale and $S(f)$, f^* denote its square and maximal function, then

$$\|S(f)\|_p \leq C_p \|f\|_p, \quad p < 1,$$

and

$$\|S(f)\|_p \leq C_p^* \|f^*\|_p, \quad p \leq 1.$$

1. INTRODUCTION

Square-function inequalities play an important role in harmonic analysis, classical and noncommutative probability theory and other areas of mathematics. The reader is referred to, for example, the works of Stein [9], [10], Delacherie and Meyer [5], Pisier and Xu [7] and Randrianantoanina [8]. The purpose of this paper is to provide some new sharp bounds for the moments of a square function under the assumption that the martingale is nonnegative.

Let us start with some definitions. Throughout the paper, $(\Omega, \mathcal{F}, \mathbb{P})$ will be a nonatomic probability space, filtered by a nondecreasing family $(\mathcal{F}_n)_{n=0}^\infty$ of sub- σ -fields of \mathcal{F} . Let $f = (f_n)$ be a real-valued martingale adapted to (\mathcal{F}_n) and let $df = (df_n)$ stand for its difference sequence:

$$df_0 = f_0, \quad df_n = f_n - f_{n-1}, \quad n = 1, 2, \dots$$

A martingale f is called *simple*, if for any $n = 0, 1, 2, \dots$ the random variable f_n takes only a finite number of values and there exists an integer m such that $f_n = f_m$ almost surely for $n > m$.

For any nonnegative integer n , let $S_n(f)$ and f_n^* be given by

$$S_n(f) = \left(\sum_{k=0}^n |df_k|^2 \right)^{1/2} \quad \text{and} \quad f_n^* = \max_{0 \leq k \leq n} |f_k|.$$

Then one defines the *square function* $S(f)$ and the *maximal function* f^* by

$$S(f) = \lim_{n \rightarrow \infty} S_n(f) \quad \text{and} \quad f^* = \lim_{n \rightarrow \infty} f_n^*.$$

In the paper we are interested in the inequalities between the moments of $S(f)$, f and f^* . For $p \in \mathbb{R}$, let

$$\|f\|_p = \sup_n \|f_n\|_p = (\mathbb{E}|f_n|^p)^{1/p}, \quad \text{if } p \neq 0,$$

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and

$$\|f\|_0 = \sup_n \|f_n\|_0 = \sup_n \exp(\mathbb{E} \log |f_n|),$$

with the convention that if $p \leq 0$ and $\mathbb{P}(|X| = 0) > 0$, then $\|X\|_p = 0$.

Let us mention here some related results from the literature. An excellent source of information is the survey [2] by Burkholder (see also the references therein). The inequality

$$(1.1) \quad c_p \|f\|_p \leq \|S(f)\|_p \leq C_p \|f\|_p, \quad \text{if } 1 < p < \infty,$$

valid for all martingales, was proved by Burkholder in [1]. Later, Burkholder refined his proof and shown that (cf. [2]) the inequality holds with $c_p^{-1} = C_p = p^* - 1$, where $p^* = \max\{p, p/(p-1)\}$. Furthermore, the constant c_p is optimal for $p \geq 2$, C_p is the best for $1 < p \leq 2$ and the proof carries over to the case of martingales taking values in a separable Hilbert space. The right inequality (1.1) does not hold for general martingales if $p \leq 1$ and nor does the left one if $p < 1$. It was shown by the author in [6] that $c_1 = 1/2$ is the best. In the remaining cases the optimal constants c_p and C_p are not known.

Let us now turn to a related maximal inequality. If $p > 1$, then the estimate (1.1) and Doob's maximal inequality imply the existence of some finite c_p^* , C_p^* such that for any martingale f ,

$$(1.2) \quad c_p^* \|f^*\|_p \leq \|S(f)\|_p \leq C_p^* \|f^*\|_p.$$

On the other hand, neither of the inequalities holds for $p < 1$ without additional assumptions on f . The limit case $p = 1$ was studied by Davis [4], who proved the validity of the estimate using a clever decomposition of the martingale f . Then Burkholder proved in [3] that the optimal choice for the constant C_1^* is $\sqrt{3}$. In the other cases (except for $p = 2$, when $c_2^* = 1/2$ and $C_2^* = 1$) the optimal values of c_p^* and C_p^* are not known.

In the paper we study the square function inequalities for the case $p < 1$ under an additional assumption that the martingale f is nonnegative. The main results of the paper are summarized in the theorem below. For $p < 1$, let

$$C_p = \left(\int_1^\infty (1+t^2)^{p/2} \frac{dt}{t^2} \right)^{1/p}, \quad \text{if } p \neq 0,$$

$$C_0 = \lim_{p \rightarrow 0} C_p = \exp \left(\int_1^\infty \frac{1}{2} \log(1+t^2) \frac{dt}{t^2} \right).$$

Theorem 1.1. *Assume f is a nonnegative martingale.*

(i) *We have*

$$(1.3) \quad \|f\|_p \leq \|S(f)\|_p \leq C_p \|f\|_p, \quad \text{if } p < 1,$$

and the inequality is sharp.

(ii) *We have*

$$(1.4) \quad \|S(f)\|_p \leq \sqrt{2} \|f^*\|_p, \quad \text{if } p \leq 1,$$

and the constant $\sqrt{2}$ is the best possible.

The paper is organized as follows. In the next section we describe the technique invented by Burkholder to study the inequalities involving a martingale, its square and maximal function and present its extension, which is needed to establish (1.4).

Section 3 is devoted to the proofs of the inequalities (1.3) and (1.4), while in Section 4 it is shown that these estimates are sharp. Finally, in the last section we present a different proof of the inequality (1.4) in the case $p = 1$.

2. ON BURKHOLDER'S METHOD

The inequalities (1.3) and (1.4) will be established using Burkholder's technique, which reduces the problem of proving of a given martingale inequality to a finding certain special function. Here is the version of Theorem 2.1 in [3], modified in such a way that it works for the estimates involving a positive martingale and its square function. The analogous proof is omitted; however, see the proof of Theorem 2.2 below.

Theorem 2.1. *Suppose that U and V are functions from $(0, \infty)^2$ into \mathbb{R} satisfying*

$$(2.1) \quad V(x, y) \leq U(x, y)$$

and the further condition that if d is a simple \mathcal{F} -measurable function with $\mathbb{E}d = 0$ and $\mathbb{P}(x + d > 0) = 1$, then

$$(2.2) \quad \mathbb{E}U(x + d, \sqrt{y^2 + d^2}) \leq U(x, y).$$

Under these two conditions, we have

$$(2.3) \quad \mathbb{E}V(f_n, S_n(f)) \leq \mathbb{E}U(f_0, f_0),$$

for all nonnegative integers n and simple positive martingales f .

The condition (2.2) follows immediately from the following inequality, which is a bit easier to check: for any positive x and any number $d > -x$,

$$(2.2') \quad U(x + d, \sqrt{y^2 + d^2}) \leq U(x, y) + U_x(x, y)d.$$

The inequality (1.4) may be proved using a special function involving three variables. However, this function seems to be difficult to construct and we have managed to find it only in the case $p = 1$ (see Section 5 below). To overcome this problem, we need an extension of Burkholder's method allowing to work with other operators: we will establish a stronger result

$$(2.4) \quad \|T(f)\|_p \leq \sqrt{2}\|f^*\|_p, \quad \text{if } p \leq 1.$$

Here, given a martingale f , we define a sequence $(T_n(f))$ by

$$T_0(f) = |f_0|, \quad T_{n+1}(f) = (T_n^2(f) + df_{n+1}^2)^{1/2} \vee f_{n+1}^*, \quad n = 0, 1, 2, \dots,$$

and $T(f) = \lim_{n \rightarrow \infty} T_n(f)$. Observe that $T_n(f) \geq S_n(f)$ for all n , which can be easily proved by induction. Thus (2.4) implies (1.4).

Theorem 2.2. *Suppose that U and V are functions from $\{(x, y, z) \in (0, \infty)^3 : y \geq x \vee z\}$ into \mathbb{R} satisfying*

$$(2.5) \quad V(x, y, z) \leq U(x, y, z),$$

$$(2.6) \quad U(x, y, z) = U(x, y, x \vee z)$$

and the further condition that if $0 < x \leq z \leq y$ and d is a simple \mathcal{F} -measurable function with $\mathbb{E}d = 0$ and $\mathbb{P}(x + d > 0) = 1$, then

$$(2.7) \quad \mathbb{E}U(x + d, \sqrt{y^2 + d^2} \vee (x + d), z) \leq U(x, y, z).$$

Under these three conditions, we have

$$(2.8) \quad \mathbb{E}V(f_n, T_n(f), f_n^*) \leq \mathbb{E}U(f_0, f_0, f_0),$$

for all nonnegative integers n and simple positive martingales f .

Proof. By (2.5), it suffices to show that

$$\mathbb{E}U(f_n, T_n(f), f_n^*) \leq \mathbb{E}U(f_0, f_0, f_0),$$

for all nonnegative integers n and simple positive martingales f . To this end, we will prove that the process $(X_n)_{n=1}^\infty$, given by $X_n = U(f_n, T_n(f), f_n^*)$, is a supermartingale. Observe that $T_{n+1}(f) = (T_n^2(f) + df_{n+1}^2)^{1/2} \vee f_{n+1}$ for any $n = 0, 1, 2, \dots$. Hence we have, by (2.6),

$$\begin{aligned} & \mathbb{E}[U(f_{n+1}, T_{n+1}(f), f_{n+1}^*) | \mathcal{F}_n] \\ &= \mathbb{E}[U(f_n + df_{n+1}, (T_n^2(f) + df_{n+1}^2)^{1/2} \vee (f_n + df_{n+1}), f_n^*) | \mathcal{F}_n]. \end{aligned}$$

Using the condition (2.7) conditionally on \mathcal{F}_n , this can be bounded from above by $U(f_n, T_n(f), f_n^*)$. \square

Again we replace the property (2.7), this time with the following stronger condition: for any $0 < x \leq z \leq y$ and any $d > -x$,

$$(2.7') \quad U(x + d, \sqrt{y^2 + d^2} \vee (x + d), z) \leq U(x, y, z) + Ad,$$

where

$$A = A(x, y, z) = \begin{cases} U_x(x, y, z), & \text{if } x < z, \\ \lim_{t \uparrow z} U_x(t, y, z) & \text{if } x = z. \end{cases}$$

3. THE PROOFS OF THE INEQUALITIES

Let us start with some reductions. By standard approximation, it is enough to establish the inequalities (1.3) and (1.4) for *simple* and *positive* martingales only. The next observation is that, by Jensen's inequality, we have $\|f\|_p = \|f_0\|_p$. Therefore, all we need is to show the following „local” versions: for $n = 0, 1, 2, \dots$,

$$(3.1) \quad \|f_0\|_p \leq \|S_n(f)\|_p \leq C_p \|f_0\|_p, \quad \text{if } p < 1,$$

and

$$(3.2) \quad \|T_n(f)\|_p \leq \sqrt{2} \|f_n^*\|_p, \quad \text{if } p \leq 1.$$

Finally, we will be done if we establish the inequalities (3.1) and (3.2) for $p \neq 0$; the case $p = 0$ follows then by passing to the limit. Hence, till the end of this section, we assume $p \neq 0$.

3.1. The proof of (3.1). First note that the left inequality is obvious, since $\|f_0\|_p = \|S_0(f)\|_p \leq \|S_n(f)\|_p$. Furthermore, clearly, it is sharp; hence we may restrict ourselves to the right inequality in (3.1). It is equivalent to

$$(3.3) \quad p \mathbb{E}S_n^p(f) \leq p C_p^p \mathbb{E}f_0^p.$$

Let us introduce the functions $V_p, U_p : (0, \infty)^2 \rightarrow \mathbb{R}$ by

$$V_p(x, y) = py^p$$

and

$$U_p(x, y) = px \int_x^\infty (y^2 + t^2)^{p/2} \frac{dt}{t^2}.$$

Now (3.3) can be stated as

$$\mathbb{E}V_p(f_n, S_n(f)) \leq \mathbb{E}U_p(f_0, f_0),$$

that is, the inequality (2.3). Therefore, by Theorem 2.1, we need to check the conditions (2.1) and (2.2').

The inequality (2.1) follows from the identity

$$U_p(x, y) - V_p(x, y) = px \int_x^\infty \left[(y^2 + t^2)^{p/2} - y^p \right] \frac{dt}{t^2}.$$

To check (2.2'), note that the integration by parts yields

$$(3.4) \quad U_p(x, y) = p(y^2 + x^2)^{p/2} + p^2 x \int_x^\infty (y^2 + t^2)^{p/2-1} dt$$

and

$$U_{px}(x, y) = p \int_x^\infty (y^2 + t^2)^{p/2} \frac{dt}{t} - p \frac{(y^2 + x^2)^{p/2}}{x} = p^2 \int_x^\infty (y^2 + t^2)^{p/2-1} dt.$$

Hence we must prove that

$$\begin{aligned} & p(y^2 + d^2 + (x+d)^2)^{p/2} + p^2(x+d) \int_{x+d}^\infty (y^2 + d^2 + t^2)^{p/2-1} dt \\ & - p(y^2 + x^2)^{p/2} - p^2 x \int_x^\infty (y^2 + t^2)^{p/2-1} dt - p^2 d \int_x^\infty (y^2 + t^2)^{p/2-1} dt \leq 0, \end{aligned}$$

or, equivalently,

$$\begin{aligned} F(x) & := p \frac{(y^2 + d^2 + (x+d)^2)^{p/2} - (y^2 + x^2)^{p/2}}{x+d} \\ & - p^2 \left[\int_x^\infty (y^2 + t^2)^{p/2-1} dt - \int_{x+d}^\infty (y^2 + d^2 + t^2)^{p/2-1} dt \right] \leq 0. \end{aligned}$$

We have

$$(3.5) \quad \begin{aligned} F'(x)(x+d)^2 & = p^2(y^2 + x^2)^{p/2-1}(x+d)d \\ & - p \left[(y^2 + d^2 + (x+d)^2)^{p/2} - (y^2 + x^2)^{p/2} \right], \end{aligned}$$

which is nonnegative due to the mean value property of the function $t \mapsto t^{p/2}$. Hence

$$F(x) \leq \lim_{s \rightarrow \infty} F(s) = 0$$

and the proof is complete.

3.2. The proof of the inequality (3.2). We start with an auxiliary technical result.

Lemma 3.1. (i) If $z \geq d > 0$ and $y > 0$, then

$$(3.6) \quad p \left[(y^2 + d^2 + z^2)^{p/2} - (y^2 + (z-d)^2)^{p/2} \right] - p^2 z \int_{z-d}^z (y^2 + t^2)^{p/2-1} dt \leq 0.$$

(ii) If $-z < d \leq 0$ and $Y > 0$, then

$$(3.7) \quad p \frac{(Y + (z+d)^2)^{p/2} - (Y^2 - d^2 + z^2)^{p/2}}{z+d} + p^2 \int_{z+d}^z (Y + t^2)^{p/2-1} dt \leq 0.$$

(iii) If $y \geq z \geq x > 0$, then

$$(3.8) \quad p \left[(y^2 + x^2)^{p/2} - 2^{p/2} z^p \right] + p^2 \frac{x^2 + y^2}{2x} \int_x^z (y^2 + t^2)^{p/2-1} dt \geq 0.$$

(iv) If $D \geq z \geq x > 0$, $y \geq z$, then

$$(3.9) \quad p \left[(y^2 + (D-x)^2 + D^2)^{p/2} - (y^2 + x^2)^{p/2} + 2^{p/2} (z^p - D^p) \right] \\ - p^2 D \int_x^z (y^2 + t^2)^{p/2-1} dt \leq 0.$$

Proof. Denote the left hand sides of (3.6) – (3.9) by $F_1(d)$, $F_2(d)$, $F_3(x)$ and $F_4(x)$, respectively. The inequalities will follow by simple analysis of the derivatives.

(i) We have

$$F_1'(d) = p^2 d [(y^2 + d^2 + z^2)^{p/2-1} - (y^2 + (z-d)^2)^{p/2-1}] \leq 0,$$

as $(z-d)^2 \leq d^2 + z^2$. Hence $F_1(d) \leq F_1(0+) = 0$.

(ii) The expression $F_2'(d)(z+d)^2$ equals

$$p \left[(Y - d^2 + z^2)^{p/2} - (Y + (z+d)^2)^{p/2} + \frac{p}{2} (Y - d^2 + z^2)^{p/2-1} \cdot 2d(z+d) \right] \geq 0,$$

due to the mean value property. This yields $F_2(d) \leq F_2(0) = 0$.

(iii) We have

$$F_3'(x) = \frac{p^2}{2} \left(1 - \frac{y^2}{x^2} \right) \left[(y^2 + x^2)^{p/2-1} x + \int_x^z (y^2 + t^2)^{p/2-1} dt \right] \leq 0$$

and $F_3(x) \geq F_3(z) = p[(y^2 + z^2)^{p/2} - 2^{p/2} z^p] \geq 0$.

(iv) Finally,

$$F_4'(x) = p^2 (D-x) \left[-(y^2 + (D-x)^2 + D^2)^{p/2-1} + (y^2 + x^2)^{p/2-1} \right] \geq 0$$

and hence

$$F_4(x) \leq F_4(z) = p \left[(y^2 + (D-z)^2 + D^2)^{p/2} - (y^2 + z^2)^{p/2} \right] - p 2^{p/2} (D^p - z^p).$$

The right hand side decreases as y increases. Therefore

$$F_4(z) \leq p \left[(z^2 + (D-z)^2 + D^2)^{p/2} - 2^{p/2} D^p \right] \leq 0,$$

as $z^2 + (D-z)^2 + D^2 \leq 2D^2$. □

Now we reduce the inequality (3.2) to (2.8). Let

$$V_p(x, y, z) = p \left(y^p - 2^{p/2} (x \vee z)^p \right)$$

and

$$(3.10) \quad U_p(x, y, z) = p^2 x \int_x^{x \vee z} (y^2 + t^2)^{p/2-1} dt + p(y^2 + x^2)^{p/2} - p 2^{p/2} (x \vee z)^p.$$

Now we see that (3.2) is equivalent to

$$\mathbb{E}V_p(f_n, T_n(f), f_n^*) \leq \mathbb{E}U_p(f_0, f_0, f_0),$$

which is (2.8). Hence we need to check (2.5), (2.6) and (2.7').

The property (2.5) is a consequence of the identity

$$U_p(x, y, z) - V_p(x, y, z) = p[(y^2 + x^2)^{p/2} - y^p] + p^2 x \int_x^{x \vee z} (y^2 + t^2)^{p/2-1} dt.$$

The equation (2.6) follows directly from the definition of U_p . All that is left is to prove the last condition. We consider two cases.

1° *The case $x + d \leq z$.* Then (2.7') reads

$$\begin{aligned} & p(y^2 + d^2 + (x + d)^2)^{p/2} + p^2(x + d) \int_{x+d}^z (y^2 + d^2 + t^2)^{p/2-1} dt \\ & \leq p(y^2 + x^2)^{p/2} + p^2(x + d) \int_x^z (y^2 + t^2)^{p/2-1} dt, \end{aligned}$$

or, in equivalent form,

$$\begin{aligned} & p \frac{(y^2 + d^2 + (x + d)^2)^{p/2} - (y^2 + x^2)^{p/2}}{x + d} \\ & - p^2 \left[\int_x^z (y^2 + t^2)^{p/2-1} dt - \int_{x+d}^z (y^2 + d^2 + t^2)^{p/2-1} dt \right] \leq 0. \end{aligned}$$

Denote the left hand side by $F(x)$ and observe that (3.5) is valid; this implies $F(x) \leq F((z - d) \wedge z)$. If $z - d < z$, then $F(z - d) \leq 0$, which follows from (3.6). If conversely, $z \leq z - d$, then $F(z) \leq 0$, which is a consequence of (3.7) (with $Y = y^2 + d^2$).

2° *The case $x + d > z$.* If $x + d \geq \sqrt{y^2 + d^2}$, then (2.7') takes form

$$p[(y^2 + x^2)^{p/2} - 2^{p/2} z^p] + p^2(x + d) \int_x^z (y^2 + t^2)^{p/2-1} dt \geq 0.$$

The left hand side is an increasing function of d , hence, if we fix all the other parameters, it suffices to show the inequality for the least d , which is determined by the condition $x + d = \sqrt{y^2 + d^2}$, that is, $d = (y^2 - x^2)/(2x)$; however, then the estimate is exactly (3.8). Finally, assume $x + d < \sqrt{y^2 + d^2}$. Then (2.7') becomes

$$\begin{aligned} & p(y^2 + d^2 + (x + d)^2)^{p/2} - p2^{p/2}(x + d)^p \leq \\ & p(y^2 + x^2)^{p/2} + p^2(x + d) \int_x^z (y^2 + t^2)^{p/2-1} dt - p2^{p/2} z^p, \end{aligned}$$

which is (3.9) with $D = x + d$.

4. SHARPNESS

Now we will prove that the constants C_p and $\sqrt{2}$ in (1.3) and (1.4) can not be replaced by smaller ones. We will construct the appropriate examples on the probability space $([0, 1], \mathcal{B}([0, 1]), |\cdot|)$, a unit interval equipped with its Borel subsets and the Lebesgue measure. We will identify a set $A \in \mathcal{B}([0, 1])$ with its indicator function.

4.1. **Sharpness of (1.3).** Fix $\varepsilon > 0$ and define f by $f_n = (1 + n\varepsilon) \mathbb{1}_{(0, (1 + n\varepsilon)^{-1}]}$, $n = 0, 1, 2, \dots$. Then it is easy to check that f is a nonnegative martingale, $df_0 = (0, 1]$,

$$df_n = \varepsilon \mathbb{1}_{(0, (1 + n\varepsilon)^{-1}]} - (1 + (n - 1)\varepsilon) \mathbb{1}_{((1 + n\varepsilon)^{-1}, (1 + (n - 1)\varepsilon)^{-1}]},$$

for $n = 1, 2, \dots$, and

$$S(f) = \sum_{n=0}^{\infty} (1 + n\varepsilon^2 + (1 + n\varepsilon)^2)^{1/2} \mathbb{1}_{((1 + (n + 1)\varepsilon)^{-1}, (1 + n\varepsilon)^{-1}]}$$

Furthermore, for $p < 1$ we have $\|f\|_p = 1$ and, if $p \neq 0$,

$$\|S(f)\|_p^p = \varepsilon \sum_{n=0}^{\infty} \frac{(1 + n\varepsilon^2 + (1 + n\varepsilon)^2)^{p/2}}{(1 + (n+1)\varepsilon)(1 + n\varepsilon)},$$

which is a Riemann sum for C_p^p . Finally, the case $p = 0$ is dealt with by passing to the limit; this is straightforward, as the martingale f does not depend on p .

4.2. Sharpness of (1.4). Fix $M > 1$, an integer $N \geq 1$ and let $f = f^{(N,M)}$ be given by

$$f_n = M^n (0, M^{-n}], \quad n = 0, 1, 2, \dots, N, \quad \text{and} \quad f_N = f_{N+1} = f_{N+2} = \dots$$

Then f is a nonnegative martingale,

$$f^* = M^N (0, M^{-N}] + \sum_{n=1}^N M^{n-1} (M^{-n}, N^{-n+1}],$$

$$df_0 = (0, 1], \quad df_n = (M^n - M^{n-1}) (0, M^{-n}] - M^{n-1} (M^n, M^{-n+1}],$$

for $n = 1, 2, \dots, N$, and $df_n = 0$ for $n > N$. Hence the square function is equal to

$$\left(1 + \sum_{k=1}^N (M^k - M^{k-1})^2\right)^{1/2} = \left(1 + \frac{M-1}{M+1} (M^{2N} - 1)\right)^{1/2}$$

on the interval $(0, M^{-N}]$, and is given by

$$\left(1 + \sum_{k=1}^{n-1} (M^k - M^{k-1})^2 + M^{2n-2}\right)^{1/2} = \left(1 + \frac{M-1}{M+1} (M^{2n-2} - 1) + M^{2n-2}\right)^{1/2}$$

on the set $(M^{-n}, M^{-n+1}]$, for $n = 1, 2, \dots, N$.

Now, if $M \rightarrow \infty$, then $\|S(f)\|_1 \rightarrow 1 + \sqrt{2}N$ and $\|f\|_1 \rightarrow 1 + N$, therefore, for M and N sufficiently large, the ratio $\|S(f)\|_1/\|f\|_1$ can be made arbitrarily close to $\sqrt{2}$. Similarly, for $p < 1$, $\|S(f)\|_p/\|f\|_p \rightarrow \sqrt{2}$ as $M \rightarrow \infty$ (here we may keep N fixed). Thus the constant $\sqrt{2}$ is the best possible.

5. ON AN ALTERNATIVE PROOF OF (1.4)

Let us present here (the sketch of) the direct proof of the inequality (1.4) in the case $p = 1$, without using the operators $(T_n(f))$. As previously, it is based on a construction of the special function; here is a modification of Theorem 2.1 from [3] for the case of positive martingales.

Theorem 5.1. *Suppose that U and V are functions from $(0, \infty)^3$ into \mathbb{R} satisfying*

$$(5.1) \quad V(x, y, z) \leq U(x, y, z),$$

$$(5.2) \quad U(x, y, z) = U(x, y, x \vee z)$$

and the further condition that if $0 < x \leq z$ and d is a simple \mathcal{F} -measurable function with $\mathbb{E}d = 0$ and $\mathbb{P}(x + d > 0) = 1$, then

$$(5.3) \quad \mathbb{E}U(x + d, \sqrt{y^2 + d^2}, z) \leq U(x, y, z).$$

Under these three conditions, we have

$$(5.4) \quad \mathbb{E}V(f_n, S_n(f), f_n) \leq \mathbb{E}U(f_0, f_0, f_0),$$

for all nonnegative integers n and simple positive martingales f .

To show (1.4), take $V(x, y, z) = y - \sqrt{2}(x \vee z)$ and introduce the function

$$U(x, y, z) = \frac{1}{2\sqrt{2}} \frac{y^2 - x^2 - (x \vee z)^2}{x \vee z}.$$

These functions satisfy (5.1), (5.2), (5.3): the first inequality is equivalent to

$$\frac{(y - \sqrt{2}(x \vee z))^2}{2\sqrt{2}(x \vee z)} \geq 0,$$

the second equation follows immediately from the definition of U . The third condition is a consequence of the stronger estimate

$$U(x + d, \sqrt{y^2 + d^2}, z) \leq U(x, y, z) + U_x(x, y, z)d,$$

valid for $x, y, z > 0$ and $d > -x$. The final observation is that $U(x, x, x) \leq 0$ for all positive x . By the theorem above and the approximation argument (leading from simple to general martingales), (1.4) follows. The proof is complete.

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