

# Weak and strong moments of random vectors

Rafał Łatała

## Abstract

We discuss a conjecture about comparability of weak and strong moments of log-concave random vectors and show the conjectured inequality for unconditional vectors in normed spaces with a bounded cotype constant.

## 1 Introduction

Let  $X$  be a random vector with values in some normed space  $(F, \|\cdot\|)$ . The question we will discuss is how to estimate  $\|X\|_p = (\mathbb{E}\|X\|^p)^{1/p}$  for  $p \geq 1$ . Obviously  $\|X\|_p \geq \|X\|_1 = \mathbb{E}\|X\|$  and for any continuous linear functional  $\varphi$  on  $F$  with  $\|\varphi\|_* \leq 1$  we have  $\|X\|_p \geq (\mathbb{E}|\varphi(X)|^p)^{1/p}$ . It turns out that in some situations one may reverse these obvious estimates and show that for an absolute constant  $C$  and any  $p \geq 1$ ,

$$(\mathbb{E}\|X\|^p)^{1/p} \leq C \left( \mathbb{E}\|X\| + \sup_{\|\varphi\|_* \leq 1} (\mathbb{E}|\varphi(X)|^p)^{1/p} \right).$$

This is for example the case when  $X$  has Gaussian or product exponential distribution. In this note we will concentrate on the more general case of log-concave vectors.

A measure  $\mu$  on  $\mathbb{R}^n$  is called logarithmically concave (log-concave in short) if for any compact nonempty sets  $A, B \subset \mathbb{R}^n$  and  $\lambda \in (0, 1)$ ,

$$\mu(\lambda A + (1 - \lambda)B) \geq \mu(A)^\lambda \mu(B)^{1-\lambda}.$$

By the result of Borell [3] a measure  $\mu$  on  $\mathbb{R}^n$  with full dimensional support is log-concave if and only if it is absolutely continuous with respect to the Lebesgue measure and has a density of the form  $e^{-f}$ , where  $f: \mathbb{R}^n \rightarrow (-\infty, \infty]$  is a convex function. Log-concave measures are frequently studied in convex geometry, since by the Brunn-Minkowski inequality uniform distributions on convex bodies as well as their lower dimensional marginals are log-concave. In fact the class of log-concave measures on  $\mathbb{R}^n$  is the smallest class of probability measures closed under linear transformation and weak limits that contains uniform distributions on convex bodies. Vectors with logarithmically concave distributions are called log-concave.

In the sequel we discuss the following conjecture posed in a stronger form in [5] about the comparison of strong and weak moment for log-concave vectors.

**Conjecture 1.1.** For any  $n$  dimensional log-concave random vector and any norm  $\|\cdot\|$  on  $\mathbb{R}^n$  we have for  $1 \leq p < \infty$ ,

$$(\mathbb{E}\|X\|^p)^{1/p} \leq C_1 \mathbb{E}\|X\| + C_2 \sup_{\|\varphi\|_* \leq 1} (\mathbb{E}|\varphi(X)|^p)^{1/p}, \quad (1)$$

where  $C_1$  and  $C_2$  are absolute constants.

In Section 2 we gather known results about validity of (1) in special cases. Section 3 is devoted to the unconditional vectors. In particular we show that Conjecture 1.1 is satisfied under additional assumption of unconditionality of  $X$  and bounded cotype constant of the underlying normed space.

## Notation

Let  $(\varepsilon_i)$  be a Bernoulli sequence, i.e. a sequence of independent symmetric variables taking values  $\pm 1$ . We assume that  $(\varepsilon_i)$  are independent of other random variables.

By  $(\mathcal{E}_i)$  we denote a sequence of independent symmetric exponential random variables with variance 1 (i.e. the density  $2^{-1/2} \exp(-\sqrt{2}|x|)$ ). We set  $\mathcal{E} = \mathcal{E}^{(n)} = (\mathcal{E}_1, \dots, \mathcal{E}_n)$  for an  $n$ -dimensional random vector with product exponential distribution and identity covariance matrix.

By  $\langle \cdot, \cdot \rangle$  we denote the standard scalar product on  $\mathbb{R}^n$  and by  $(e_i)$  the standard basis of  $\mathbb{R}^n$ . We set  $B_p^n$  for a unit ball in  $\ell_p^n$ , i.e.  $B_p^n = \{x \in \mathbb{R}^n : \|x\|_p \leq 1\}$ . For a random variable  $Y$  and  $p > 0$  we write  $\|Y\|_p = (\mathbb{E}|Y|^p)^{1/p}$ .

We write  $C$  (resp.  $C(\alpha)$ ) to denote universal constants (resp. constants depending only on parameter  $\alpha$ ). Value of a constant  $C$  may differ at each occurrence.

## 2 Known results

Since any norm on  $\mathbb{R}^n$  may be approximated by a supremum of exponential number of functionals we get

**Proposition 2.1** (see [5, Proposition 3.20]). For any  $n$ -dimensional random vector  $X$  inequality (1) holds for  $p \geq n$  with  $C_1 = 0$  and  $C_2 = 10$ .

It is also easy to reduce Conjecture 1.1 to the case of symmetric vectors.

**Proposition 2.2.** Suppose that (1) holds for all symmetric  $n$ -dimensional log-concave vectors  $X$ . Then it is also satisfied with constants  $4C_1 + 1$  and  $4C_2$  by all log-concave vectors  $X$ .

*Proof.* Assume first that  $X$  has a log-concave distribution and  $\mathbb{E}X = 0$ . Let  $X'$  be an independent copy of  $X$ , then  $X - X'$  is symmetric and log-concave. Moreover for  $p \geq 1$ ,

$$\begin{aligned} (\mathbb{E}\|X\|^p)^{1/p} &= (\mathbb{E}\|X - \mathbb{E}X'\|^p)^{1/p} \leq (\mathbb{E}\|X - X'\|^p)^{1/p}, \\ \mathbb{E}\|X - X'\| &\leq \mathbb{E}\|X\| + \mathbb{E}\|X'\| = 2\mathbb{E}\|X\| \end{aligned}$$

and for any functional  $\varphi$ ,

$$(\mathbb{E}|\varphi(X - X')|^p)^{1/p} \leq (\mathbb{E}|\varphi(X)|^p)^{1/p} + (\mathbb{E}|\varphi(X')|^p)^{1/p} = 2(\mathbb{E}|\varphi(X)|^p)^{1/p}$$

Hence (1) holds for  $X$  with constant  $2C_1$  and  $2C_2$ .

If  $X$  is arbitrary log-concave then  $X - \mathbb{E}X$  is log-concave with mean zero. We have for any  $p \geq 1$ ,

$$(\mathbb{E}\|X\|^p)^{1/p} \leq (\mathbb{E}\|X - \mathbb{E}X\|^p)^{1/p} + \mathbb{E}\|X\|, \quad \mathbb{E}\|X - \mathbb{E}X\| \leq 2\mathbb{E}\|X\|$$

and for any functional  $\varphi$ ,

$$(\mathbb{E}|\varphi(X - \mathbb{E}X)|^p)^{1/p} \leq (\mathbb{E}|\varphi(X)|^p)^{1/p} + |\varphi(\mathbb{E}X)| \leq 2(\mathbb{E}|\varphi(X)|^p)^{1/p}.$$

□

**Remark.** Estimating  $\|X\|_p$  is strictly connected with bounding tails of  $\|X\|$ . Indeed by Chebyshev's inequality we have

$$\mathbb{P}(\|X\| \geq e\|X\|_p) \leq e^{-p}$$

and by the Paley-Zygmund inequality and the fact that  $\|X\|_{2p} \leq C\|X\|_p$  for  $p \geq 1$  we get

$$\mathbb{P}\left(\|X\| \geq \frac{1}{C}\|X\|_p\right) \geq \min\left\{\frac{1}{C}, e^{-p}\right\}.$$

Gaussian concentration inequality easily implies (1) for Gaussian vectors  $X$  (see for example Chapter 3 of [8]). For Rademacher sums comparability of weak and strong moments was established by Dilworth and Montgomery-Smith [4]. More general statement was shown in [6].

**Theorem 2.3.** *Suppose that  $X = \sum_i v_i \xi_i$ , where  $v_i \in F$  and  $\xi_i$  are independent symmetric r.v's with logarithmically concave tails. Then for any  $p \geq 1$  inequality (1) holds with absolute constants  $C_1$  and  $C_2$ .*

This immediately implies

**Corollary 2.4.** *Conjecture 1.1 holds under additional assumption that coordinates of  $X$  are independent.*

*Proof.* We have  $X = \sum_{i=1}^n e_i X_i$  with  $X_i$  independent log-concave real random variables. It is enough to notice that variables  $X_i$  have log-concave tails and in the symmetric case apply Theorem 2.3. General independent case may be reduce to the symmetric one as in the proof of Proposition 2.2. □

The crucial tool in the proof of Theorem 2.3 is the Talagrand two-level concentration inequality for the product exponential distribution [12]:

$$\nu^n(A) \geq \frac{1}{2} \quad \Rightarrow \quad 1 - \nu^n(A + \sqrt{t}B_2^n + tB_1^n) \leq e^{-t/C}, \quad t > 0,$$

where  $\nu$  is the symmetric exponential distribution, i.e.  $d\nu(x) = \frac{1}{2} \exp(-|x|)dx$ .

In [5] more general concentration inequalities were investigated. For a probability measure  $\mu$  on  $\mathbb{R}^n$  define

$$\Lambda_\mu(y) = \log \int e^{\langle y, z \rangle} d\mu(z), \quad \Lambda_\mu^*(x) = \sup_y (\langle y, x \rangle - \Lambda_\mu(y))$$

and

$$B_\mu(t) = \{x \in \mathbb{R}^n : \Lambda_\mu(x) \leq t\}.$$

One may show that  $B_{\nu^n}(t) \sim \sqrt{t}B_2^n + tB_1^n$ . Argument presented in [5, Section 3.3] gives

**Proposition 2.5.** *Suppose that for some  $\alpha \geq 1$  and  $\beta > 0$  and any convex symmetric compact set  $K \subset \mathbb{R}^n$  we have*

$$\mu(K) \geq \frac{1}{2} \quad \Rightarrow \quad 1 - \mu(\alpha K + B_\mu(t)) \leq e^{-t/\beta}, \quad \text{for all } t > 0. \quad (2)$$

Then inequality (1) holds with  $C_1 = \alpha$  and  $C_2 = C\beta$ .

In [5] it was shown that concentration inequality (2) holds with  $\alpha = 1$  for symmetric product log-concave measures and for uniform distributions on  $B_r^n$  balls. This gives

**Corollary 2.6.** *Inequality (1) holds with  $C_1 = 1$  and universal  $C_2$  for uniform distributions on  $B_r^n$  balls  $1 \leq r \leq \infty$ .*

Modification of Paouris' proof [11] of large deviation inequality for  $\ell_2$  norm of isotropic log-concave vectors shows that weak and strong moments are comparable in the Euclidean case (see [1] for details):

**Theorem 2.7.** *If  $X$  is a log-concave  $n$ -dimensional random vector then for any Euclidean norm  $\|\cdot\|$  on  $\mathbb{R}^n$  we have*

$$(\mathbb{E}\|X\|^p)^{1/p} \leq C \left( \mathbb{E}\|X\| + \sup_{\|\varphi\|_* \leq 1} (\mathbb{E}|\varphi(X)|^p)^{1/p} \right).$$

### 3 Unconditional case

We say that a random vector  $X = (X_1, \dots, X_n)$  has *unconditional distribution* if the distribution of  $(\eta_1 X_1, \dots, \eta_n X_n)$  is the same as  $X$  for any choice of signs  $\eta_1, \dots, \eta_n$ . Random vector  $X$  is called *isotropic* if it has identity covariance matrix, i.e.  $\text{Cov}(X_i, X_j) = \delta_{i,j}$ .

**Theorem 3.1.** *Suppose that  $X$  is an  $n$ -dimensional isotropic, unconditional, log-concave vector. Then for any norm  $\|\cdot\|$  on  $\mathbb{R}^n$  and  $p \geq 1$ ,*

$$(\mathbb{E}\|X\|^p)^{1/p} \leq C \left( \mathbb{E}\|\mathcal{E}\| + \sup_{\|\varphi\|_* \leq 1} (\mathbb{E}|\varphi(X)|^p)^{1/p} \right). \quad (3)$$

*Proof.* Let  $T = \{t \in \mathbb{R}^n : \|t\|_* \leq 1\}$  be the unit ball in the space  $(\mathbb{R}^n, \|\cdot\|_*)$  dual to  $(\mathbb{R}^n, \|\cdot\|)$ . Then  $\|x\| = \sup_{t \in T} \langle t, x \rangle$ . By the result of Talagrand [13] (see also [14]) there exist subsets  $T_n \subset T$  and functions  $\pi_n : T \rightarrow T_n$ ,  $n = 0, 1, \dots$  such that  $\pi_n(t) \rightarrow t$  for all  $t \in T$ ,  $\#T_0 = 1$ ,  $\#T_n \leq 2^{2^n}$  and

$$\sum_{n=0}^{\infty} \|\langle \pi_{n+1}(t) - \pi_n(t), \mathcal{E} \rangle\|_{2^n} \leq C \mathbb{E} \sup_{t \in T} \langle t, \mathcal{E} \rangle = C \mathbb{E} \|\mathcal{E}\|. \quad (4)$$

Let us fix  $p \geq 1$  and choose  $n_0 \geq 1$  such that  $2^{n_0-1} < 2p \leq 2^{n_0}$ . We have

$$\|X\| = \sup_{t \in T} \langle t, X \rangle \leq \sup_{t \in T} |\langle \pi_{n_0}(t), X \rangle| + \sup_{t \in T} \sum_{n=n_0}^{\infty} |\langle \pi_{n+1}(t) - \pi_n(t), X \rangle|. \quad (5)$$

We get

$$\begin{aligned} \left( \mathbb{E} \sup_{t \in T} |\langle \pi_{n_0}(t), X \rangle|^p \right)^{1/p} &\leq \left( \mathbb{E} \sum_{s \in T_{n_0}} |\langle s, X \rangle|^p \right)^{1/p} \leq (\#T_{n_0})^{1/p} \sup_{s \in T_{n_0}} (\mathbb{E} |\langle s, X \rangle|^p)^{1/p} \\ &\leq 16 \sup_{t \in T} (\mathbb{E} |\langle t, X \rangle|^p)^{1/p} = 16 \sup_{\|\varphi\|_* \leq 1} (\mathbb{E} |\varphi(X)|^p)^{1/p}. \end{aligned} \quad (6)$$

To estimate the last term in (5) notice that for  $u \geq 16$  we have by Chebyshev's inequality

$$\begin{aligned} \mathbb{P} \left( \sup_{t \in T} \sum_{n=n_0}^{\infty} |\langle \pi_{n+1}(t) - \pi_n(t), X \rangle| \geq u \sup_{t \in T} \sum_{n=n_0}^{\infty} \|\langle \pi_{n+1}(t) - \pi_n(t), X \rangle\|_{2^n} \right) \\ \leq \mathbb{P} \left( \exists n \geq n_0 \exists t \in T |\langle \pi_{n+1}(t) - \pi_n(t), X \rangle| \geq u \|\langle \pi_{n+1}(t) - \pi_n(t), X \rangle\|_{2^n} \right) \\ \leq \sum_{n=n_0}^{\infty} \sum_{s \in T_{n+1}} \sum_{s' \in T_n} \mathbb{P}(|\langle s - s', X \rangle| \geq u \|\langle s - s', X \rangle\|_{2^n}) \leq \sum_{n=n_0}^{\infty} \#T_{n+1} \#T_n u^{-2^n} \\ \leq \sum_{n=n_0}^{\infty} \left( \frac{8}{u} \right)^{2^n} \leq 2 \left( \frac{8}{u} \right)^{2^{n_0}} \leq 2 \left( \frac{8}{u} \right)^{2p}. \end{aligned}$$

Integrating by parts this gives

$$\begin{aligned} \left( \mathbb{E} \left( \sup_{t \in T} \sum_{n=n_0}^{\infty} |\langle \pi_{n+1}(t) - \pi_n(t), X \rangle| \right)^p \right)^{1/p} \\ \leq \sup_{t \in T} \sum_{n=n_0}^{\infty} \|\langle \pi_{n+1}(t) - \pi_n(t), X \rangle\|_{2^n} \left( 16 + \left( 2p \int_0^{\infty} u^{p-1} \left( \frac{8}{u+16} \right)^{2p} \right)^{1/p} \right) \\ \leq 32 \sup_{t \in T} \sum_{n=n_0}^{\infty} \|\langle \pi_{n+1}(t) - \pi_n(t), X \rangle\|_{2^n}. \end{aligned} \quad (7)$$

The result of Bobkov and Nazarov [2] gives

$$\|\langle t, X \rangle\|_r \leq C \|\langle t, \mathcal{E} \rangle\|_r \quad \text{for any } t \in \mathbb{R}^n \text{ and } r \geq 1. \quad (8)$$

Thus the statement follows by (4)-(7).  $\square$

**Remark.** The only property of the vector  $X$  that was used in the above proof was estimate (8). Thus inequality (3) holds for all  $n$ -dimensional random vectors satisfying (8).

**Remark.** Estimate (8) gives  $(\mathbb{E}|\varphi(X)|^p)^{1/p} \leq C(\mathbb{E}|\varphi(\mathcal{E})|^p)^{1/p}$  for any functional  $\varphi$ , therefore Theorem 3.1 is stronger than the estimate from [7]:

$$(\mathbb{E}\|X\|^p)^{1/p} \leq C\mathbb{E}\|\mathcal{E}\|^p \sim C\left(\mathbb{E}\|\mathcal{E}\| + \sup_{\|\varphi\|_* \leq 1} (\mathbb{E}|\varphi(\mathcal{E})|^p)^{1/p}\right).$$

In some situation one may show that  $\mathbb{E}\|\mathcal{E}\| \leq C\mathbb{E}\|X\|$ . This is the case of spaces with bounded cotype constant.

**Corollary 3.2.** *Suppose that  $2 \leq q < \infty$ ,  $F = (\mathbb{R}^n, \|\cdot\|)$  is a finite dimensional space with a  $q$ -cotype constant bounded by  $\beta < \infty$ . Then for any  $n$ -dimensional unconditional, log-concave vector  $X$  and  $p \geq 1$ ,*

$$(\mathbb{E}\|X\|^p)^{1/p} \leq C(q, \beta)\left(\mathbb{E}\|X\| + \sup_{\|\varphi\|_* \leq 1} (\mathbb{E}|\varphi(X)|^p)^{1/p}\right),$$

where  $C(q, \beta)$  is a constant that depends only on  $q$  and  $\beta$ .

*Proof.* Applying diagonal transformation (and appropriately changing the norm) we may assume that  $X$  is also isotropic.

By the result of Maurey and Pisier [9] (see also Appendix II in [10]) one has

$$\mathbb{E}\|\mathcal{E}\| = \mathbb{E}\left\|\sum_{i=1}^n e_i \mathcal{E}_i\right\| \leq C_1(q, \beta) \mathbb{E}\left\|\sum_{i=1}^n e_i \varepsilon_i\right\|.$$

By the unconditionality of  $X$  and Jensen's inequality we get

$$\mathbb{E}\|X\| = \mathbb{E}\left\|\sum_{i=1}^n e_i \varepsilon_i |X_i|\right\| \geq \mathbb{E}\left\|\sum_{i=1}^n e_i \varepsilon_i \mathbb{E}|X_i|\right\|.$$

We have  $\mathbb{E}|X_i| \geq \frac{1}{C}(\mathbb{E}|X_i|^2)^{1/2} = \frac{1}{C}$ , therefore

$$\mathbb{E}\|\mathcal{E}\| \leq CC_1(q, \beta)\mathbb{E}\|X\|$$

and the statement follows by Theorem 3.1.  $\square$

For general norm on  $\mathbb{R}^n$  one has

$$\mathbb{E}\|\mathcal{E}\| = \mathbb{E}\left\|\sum_{i=1}^n e_i \varepsilon_i |\mathcal{E}_i|\right\| \leq \mathbb{E} \sup_i |\mathcal{E}_i| \mathbb{E}\left\|\sum_{i=1}^n e_i \varepsilon_i\right\| \leq C \log n \mathbb{E}\left\|\sum_{i=1}^n e_i \varepsilon_i\right\|.$$

This together with the similar argument as in the proof of Corollary 3.2 gives the following.

**Corollary 3.3.** *For any  $n$ -dimensional unconditional, log-concave vector  $X$ , any norm  $\|\cdot\|$  on  $\mathbb{R}^n$  and  $p \geq 1$  one has*

$$(\mathbb{E}\|X\|^p)^{1/p} \leq C \left( \log n \mathbb{E}\|X\| + \sup_{\|\varphi\|_* \leq 1} (\mathbb{E}|\varphi(X)|^p)^{1/p} \right).$$

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Institute of Mathematics, University of Warsaw  
Banacha 2, 02-097 Warszawa, Poland  
Institute of Mathematics, Polish Academy of Sciences  
Śniadeckich 8, 00-956 Warszawa, Poland  
E-mail: [rlatala@mimuw.edu.pl](mailto:rlatala@mimuw.edu.pl)