

# On the equivalence between geometric and arithmetic means for log-concave measures

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**Introduction.** Let  $X$  be a random vector with log-concave distribution (for precise definitions see below). It is known that for any measurable seminorm and  $p, q > 0$  the inequality

$$\|X\|_p \leq C_{p,q} \|X\|_q$$

holds with constants  $C_{p,q}$  depending only on  $p$  and  $q$  (cf [4], App.III). In this paper we show that the above constants can be made independent of  $q$ , which is equivalent to the inequality

$$\|X\|_p \leq C_p \|X\|_0, \tag{1}$$

where  $\|X\|_0$  is the geometric mean of  $\|X\|$ . In the particular case in which  $X$  is uniformly distributed on some convex compact set in  $R^n$  and the seminorm is given by some functional, inequality (1) was established by V.D.Milman and A.Pajor [3]. As a consequence of (1) we prove the result of Ullrich [6] concerning the equivalence of means for sums of independent Steinhaus random variables with vector coefficients, even though these random-variables are not log-concave (Corollary 2).

To prove (1) we derive some estimates of log-concave measures of small balls (Corollary 1), which are of independent interest. In the case of Gaussian random variables they were formulated and established in a weaker version in [5] and completely proved in [2].

**Definitions and Notation.** Let  $E$  be a complete, separable, metric vector space endowed with its Borel  $\sigma$ -algebra  $\mathcal{B}_E$ .

By  $\mu$  we denote a log-concave probability measure on  $(E, \mathcal{B}_E)$  (for some

characterizations, properties and examples of [1]) i.e. a probability measure with the property that for any Borel subsets  $A, B$  and all  $0 < \lambda < 1$  we have

$$\mu(\lambda A + (1 - \lambda)B) \geq \mu(A)^\lambda \mu(B)^{1-\lambda}.$$

We say that a random vector  $X$  with values in  $E$  is log-concave if the distribution of  $X$  is log-concave.

For a random vector  $X$  and a measurable seminorm  $\|\cdot\|$  on  $E$  (i.e. Borel measurable, nonnegative, subadditive and positively homogeneous function on  $E$ ) we define

$$\|X\|_p = (E\|X\|^p)^{1/p} \text{ for } p > 0$$

and

$$\|X\|_0 = \lim_{p \rightarrow 0^+} \|X\|_p = \exp(E \ln \|X\|).$$

Let us begin with the following Lemma from [4], App.III.

**Lemma 1** *For any convex, symmetric Borel set  $B$  and  $k \geq 1$  we have*

$$\mu((kB)^c) \leq \mu(B) \left( \frac{1 - \mu(B)}{\mu(B)} \right)^{(k+1)/2}.$$

**Proof.** The statement follows immediately from the log-concavity of  $\mu$  and the inclusion

$$\frac{k-1}{k+1}B + \frac{2}{k+1}(kB)^c \subset B^c.$$

**Lemma 2** *If  $B$  is a convex, symmetric Borel set, with  $\mu(KB) \geq (1+\delta)\mu(B)$  for some  $K > 1$  and  $\delta > 0$  then*

$$\mu(tB) \leq Ct\mu(B) \text{ for any } t \in (0, 1),$$

where  $C = C(K/\delta)$  is a constant depending only on  $K/\delta$ .

**Proof.** Obviously it's enough to prove the result for  $t = 1/2n$ ,  $n = 1, 2, \dots$ . So let us fix  $n$  and define, for  $u \geq 0$ ,

$$P_u = \{x : \|x\|_B \in (u - 1/2n, u + 1/2n)\},$$

where

$$\|x\|_B = \inf\{t > 0 : x \in tB\}.$$

By simple calculation  $\lambda P_u + (1 - \lambda)(2n)^{-1}B \subset P_{\lambda u}$ , so

$$\mu(P_{\lambda u}) \geq \mu(P_u)^\lambda \mu((2n)^{-1}B)^{1-\lambda} \text{ for } \lambda \in (0, 1). \quad (2)$$

From the assumptions it easily follows that there exists  $u \geq 1$  such that  $\mu(P_u) \geq \delta\mu(B)/Kn$ . Let  $\mu((2n)^{-1}B) = \kappa\mu(B)/n$ . If  $\kappa \leq 2\delta/K$  we are done, so we will assume that  $\kappa \geq 2\delta/K$ . Then by (2) it follows that  $\mu(P_1) \geq \delta\mu(B)/Kn$ . The sets  $P_{(n-1)/n}, P_{(n-2)/n}, \dots, P_{1/n}, (2n)^{-1}B$  are disjoint subsets of  $B$ , and hence

$$\mu(B) \geq \mu(P_{(n-1)/n}) + \dots + \mu(P_{1/n}) + \mu((2n)^{-1}B).$$

Using our estimations of  $\mu(P_1)$  and  $\mu((2n)^{-1}B)$  we obtain by (2)

$$\begin{aligned} \mu(B) &\geq n^{-1}\mu(B)((\delta/K)^{(n-1)/n}\kappa^{1/n} + \dots + (\delta/K)^{1/n}\kappa^{(n-1)/n} + \kappa) = \\ &= \frac{\kappa}{n}\mu(B) \frac{1 - \delta/K\kappa}{1 - (\delta/K\kappa)^{1/n}} \geq \frac{\kappa}{2n}\mu(B) \frac{1}{1 - (\delta/K\kappa)^{1/n}}. \end{aligned}$$

Therefore

$$\kappa \leq 2n(1 - (\delta/K\kappa)^{1/n}) \leq 2 \ln K\kappa/\delta,$$

so that  $\kappa \leq C(K/\delta)$  and the lemma follows.

**Corollary 1** *For each  $b < 1$  there exists a constant  $C_b$  such that for every log-concave probability measure  $\mu$  and every measurable convex, symmetric set  $B$  with  $\mu(B) \leq b$  we have*

$$\mu(tB) \leq C_b t \mu(B) \text{ for } t \in [0, 1].$$

**Proof.** If  $\mu(B) = 2/3$  then by Lemma 1  $\mu(3B) \geq 5/6 = (1 + 1/4)\mu(B)$ , so by Lemma 2 for some constant  $\tilde{C}_1$ ,  $\mu(tB) \leq \tilde{C}_1 t \mu(B)$ .

If  $\mu(B) \in [1/3, 2/3]$  then obviously  $\mu(tB) \leq 2\tilde{C}_1 t \mu(B)$ .

If  $\mu(B) < 1/3$ , let  $K$  be such that  $\mu(KB) = 2/3$ . By the above case  $\mu(B) \leq \tilde{C}_1 K^{-1} \mu(KB)$ , and hence

$$K \leq 2\tilde{C}_1 \left( \frac{\mu(KB)}{\mu(B)} - 1 \right).$$

So Lemma 2 gives in this case that  $\mu(tB) \leq \tilde{C}_2 t \mu(B)$  for some constant  $\tilde{C}_2$ .

Finally if  $\mu(B) > 2/3$ , but  $\mu(B) \leq b < 1$  then by Lemma 1 for some  $K_b < \infty$ ,  $\mu(K_b^{-1}B) \leq 2/3$  and we can use the previous calculations.

**Theorem 1** For any  $p > 0$  there exists a universal constant  $C_p$ , depending only on  $p$  such that for any sequence  $X_1, \dots, X_n$  of independent log-concave random vectors and any measurable seminorm  $\|\cdot\|$  on  $E$  we have

$$\left\| \sum_{i=1}^n X_i \right\|_p \leq C_p \left\| \sum_{i=1}^n X_i \right\|_0.$$

**Proof.** Since a convolution of log-concave measures is also log-concave (cf. [1]) we may and do assume that  $n = 1$ . Let

$$M = \inf\{t : P(\|X_1\| \geq t) \leq 2/3\}.$$

Then by Lemma 1 (used for  $B = \{x \in E : \|x\| \leq M\}$ ) it follows easily that  $\|X_1\|_p \leq a_p M$  for  $p > 0$  and some constants  $a_p$  depending only on  $p$ . By similar reasoning Corollary 1 yields  $\|X_1\|_0 \geq a_0 M$ .

**Corollary 2** Let  $E$  be a complex Banach space and  $X_1, \dots, X_n$  be a sequence of independent random variables uniformly distributed on the unit circle  $\{z \in C : |z| = 1\}$ . Then for any sequence of vectors  $v_1, \dots, v_n \in E$  and any  $p > 0$  the following inequality holds

$$\left\| \sum v_k X_k \right\|_p \leq K_p \left\| \sum v_k X_k \right\|_0,$$

where  $K_p$  is a constant depending only on  $p$ .

**Proof.** It is enough to prove Corollary for  $p \geq 1$ . Let  $Y_1, \dots, Y_n$  be a sequence of independent random variables uniformly distributed on the unit disc  $\{z : |z| \leq 1\}$ . By Theorem 1 we have

$$\left\| \sum v_k Y_k \right\|_p \leq C_p \left\| \sum v_k Y_k \right\|_0. \quad (3)$$

But we may represent  $Y_k$  in the form  $Y_k = R_k X_k$ , where  $R_k$  are independent, identically distributed random variables on  $[0, 1]$  (with an appropriate distribution), which are independent of  $X_k$ . Hence, by taking conditional expectation we obtain

$$\left\| \sum v_k Y_k \right\|_p \geq (ER_1) \left\| \sum v_k X_k \right\|_p. \quad (4)$$

Finally let us observe that for any  $u, v \in E$  the function  $f(z) = \ln \|u + zv\|$  is subharmonic on  $\mathbb{C}$ , so  $g(r) = E \ln \|u + rvX_1\|$  is nondecreasing on  $[0, \infty)$  and therefore

$$\|\sum v_k X_k\|_0 \geq \|\sum v_k Y_k\|_0. \quad (5)$$

The corollary follows from (3),(4) and (5).

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