# On the Equivalence Between Geometric and Arithmetic Means for Log-Concave Measures 

RAFAE LATAEA


#### Abstract

Let $X$ be a random vector with log-concave distribution in some Banach space. We prove that $\|X\|_{p} \leq C_{p}\|X\|_{0}$ for any $p>0$, where $\|X\|_{p}=\left(E\|X\|^{p}\right)^{1 / p},\|X\|_{0}=\exp E \ln \|X\|$ and $C_{p}$ are constants depending only on $p$. We also derive some estimates of log-concave measures of small balls.


Introduction. Let $X$ be a random vector with log-concave distribution (for precise definitions see below). It is known that for any measurable seminorm and $p, q>0$ the inequality

$$
\|X\|_{p} \leq C_{p, q}\|X\|_{q}
$$

holds with constants $C_{p, q}$ depending only on $p$ and $q$ (see [4], Appendix III). In this paper we show that the above constants can be made independent of $q$, which is equivalent to the inequality

$$
\begin{equation*}
\|X\|_{p} \leq C_{p}\|X\|_{0} \tag{1}
\end{equation*}
$$

where $\|X\|_{0}$ is the geometric mean of $\|X\|$. In the particular case in which $X$ is uniformly distributed on some convex compact set in $R^{n}$ and the seminorm is given by some functional, inequality (1) was established by V. D. Milman and A. Pajor [3]. As a consequence of (1) we prove the result of Ullrich [6] concerning the equivalence of means for sums of independent Steinhaus random variables with vector coefficients, even though these random-variables are not log-concave (Corollary 2).

To prove (1) we derive some estimates of log-concave measures of small balls (Corollary 1), which are of independent interest. In the case of Gaussian random variables they were formulated and established in a weaker version in [5] and completelely proved in [2].

Definitions and Notation. Let $E$ be a complete, separable, metric vector space endowed with its Borel $\sigma$-algebra $\mathcal{B}_{E}$. By $\mu$ we denote a log-concave probability measure on $\left(E, \mathcal{B}_{E}\right)$ (for some characterizations, properties and examples, see [1]) i.e. a probability measure with the property that for any Borel subsets $A, B$ and all $0<\lambda<1$ we have

$$
\mu(\lambda A+(1-\lambda) B) \geq \mu(A)^{\lambda} \mu(B)^{1-\lambda}
$$

We say that a random vector $X$ with values in $E$ is log-concave if the distribution of $X$ is log-concave.For a random vector $X$ and a measurable seminorm $\|\cdot\|$ on $E$ (i.e. Borel measurable, nonnegative, subadditive and positively homogeneous function on $E$ ) we define

$$
\|X\|_{p}=\left(E\|X\|^{p}\right)^{1 / p} \text { for } p>0
$$

and

$$
\|X\|_{0}=\lim _{p \rightarrow 0^{+}}\|X\|_{p}=\exp (E \ln \|X\|)
$$

Let us begin with the following Lemma from [1].
Lemma 1. For any convex, symmetric Borel set $B$ and $k \geq 1$ we have

$$
\mu\left((k B)^{c}\right) \leq \mu(B)\left(\frac{1-\mu(B)}{\mu(B)}\right)^{(k+1) / 2}
$$

Proof. The statement follows immediately from the log-concavity of $\mu$ and the inclusion

$$
\frac{k-1}{k+1} B+\frac{2}{k+1}(k B)^{c} \subset B^{c} .
$$

Lemma 2. If $B$ is a convex, symmetric Borel set, with $\mu(K B) \geq(1+\delta) \mu(B)$ for some $K>1$ and $\delta>0$ then

$$
\mu(t B) \leq C t \mu(B) \text { for any } t \in(0,1)
$$

where $C=C(K / \delta)$ is a constant depending only on $K / \delta$.
Proof. Obviously it's enough to prove the result for $t=1 / 2 n, n=1,2, \ldots$ So let us fix $n$ and define, for $u \geq 0$,

$$
P_{u}=\left\{x:\|x\|_{B} \in(u-1 / 2 n, u+1 / 2 n)\right\},
$$

where

$$
\|x\|_{B}=\inf \{t>0: x \in t B\} .
$$

By simple calculation $\lambda P_{u}+(1-\lambda)(2 n)^{-1} B \subset P_{\lambda u}$, so

$$
\begin{equation*}
\mu\left(P_{\lambda u}\right) \geq \mu\left(P_{u}\right)^{\lambda} \mu\left((2 n)^{-1} B\right)^{1-\lambda} \text { for } \lambda \in(0,1) \tag{2}
\end{equation*}
$$

From the assumptions it easily follows that there exists $u \geq 1$ such that $\mu\left(P_{u}\right) \geq$ $\delta \mu(B) / K n$. Let $\mu\left((2 n)^{-1} B\right)=\kappa \mu(B) / n$. If $\kappa \leq 2 \delta / K$ we are done, so we will
assume that $\kappa \geq 2 \delta / K$. Then by (2) it follows that $\mu\left(P_{1}\right) \geq \delta \mu(B) / K n$. The sets $P_{(n-1) / n}, P_{(n-2) / n}, \ldots, P_{1 / n},(2 n)^{-1} B$ are disjoint subsets of $B$, and hence

$$
\mu(B) \geq \mu\left(P_{(n-1) / n}\right)+\cdots+\mu\left(P_{1 / n}\right)+\mu\left((2 n)^{-1} B\right) .
$$

Using our estimations of $\mu\left(P_{1}\right)$ and $\mu\left((2 n)^{-1} B\right)$ we obtain by (2)

$$
\begin{gathered}
\mu(B) \geq n^{-1} \mu(B)\left((\delta / K)^{(n-1) / n} \kappa^{1 / n}+\cdots+(\delta / K)^{1 / n} \kappa^{(n-1) / n}+\kappa\right)= \\
=\frac{\kappa}{n} \mu(B) \frac{1-\delta / K \kappa}{1-(\delta / K \kappa)^{1 / n}} \geq \frac{\kappa}{2 n} \mu(B) \frac{1}{1-(\delta / K \kappa)^{1 / n}} .
\end{gathered}
$$

Therefore

$$
\kappa \leq 2 n\left(1-(\delta / K \kappa)^{1 / n}\right) \leq 2 \ln K \kappa / \delta
$$

so that $\kappa \leq C(K / \delta)$ and the lemma follows.
Corollary 1. For each $b<1$ there exists a constant $C_{b}$ such that for every log-concave probability measure $\mu$ and every measurable convex, symmetric set $B$ with $\mu(B) \leq b$ we have

$$
\mu(t B) \leq C_{b} t \mu(B) \text { for } t \in[0,1]
$$

Proof. If $\mu(B)=2 / 3$ then by Lemma $1 \mu(3 B) \geq 5 / 6=(1+1 / 4) \mu(B)$, so by Lemma 2 for some constant $\tilde{C}_{1}, \mu(t B) \leq \tilde{C}_{1} t \mu(B)$.

If $\mu(B) \in[1 / 3,2 / 3]$ then obviously $\mu(t B) \leq 2 \tilde{C}_{1} t \mu(B)$.
If $\mu(B)<1 / 3$, let K be such that $\mu(K B)=2 / 3$. By the above case $\mu(B) \leq$ $\tilde{C}_{1} K^{-1} \mu(K B)$, and hence

$$
K \leq 2 \tilde{C}_{1}\left(\frac{\mu(K B)}{\mu(B)}-1\right)
$$

So Lemma 2 gives in this case that $\mu(t B) \leq \tilde{C}_{2} t \mu(B)$ for some constant $\tilde{C}_{2}$.
Finally if $\mu(B)>2 / 3$, but $\mu(B) \leq b<1$ then by Lemma 1 for some $K_{b}<\infty$, $\mu\left(K_{b}^{-1} B\right) \leq 2 / 3$ and we can use the previous calculations.

Theorem 1. For any $p>0$ there exists a universal constant $C_{p}$, depending only on $p$ such that for any sequence $X_{1}, \ldots, X_{n}$ of independent log-concave random vectors and any measurable seminorm $\|$.$\| on E$ we have

$$
\left\|\sum_{i=1}^{n} X_{i}\right\|_{p} \leq C_{p}\left\|\sum_{i=1}^{n} X_{i}\right\|_{0} .
$$

Proof. Since a convolution of log-concave measures is also log-concave (see [1]) we may and do assume that $n=1$. Let

$$
M=\inf \left\{t: P\left(\left\|X_{1}\right\| \geq t\right) \leq 2 / 3\right\}
$$

Then by Lemma 1 (used for $B=\{x \in E:\|x\| \leq M\}$ ) it follows easily that $\left\|X_{1}\right\|_{p} \leq a_{p} M$ for $p>0$ and some constants $a_{p}$ depending only on $p$. By similar reasoning Corollary 1 yields $\left\|X_{1}\right\|_{0} \geq a_{0} M$.

Corollary 2. Let $E$ be a complex Banach space and $X_{1}, \ldots, X_{n}$ be a sequence of independent random variables uniformly distributed on the unit circle $\{z \in \mathbb{C}$ : $|z|=1\}$. Then for any sequence of vectors $v_{1}, \ldots, v_{n} \in E$ and any $p>0$ the following inequality holds:

$$
\left\|\sum v_{k} X_{k}\right\|_{p} \leq K_{p}\left\|\sum v_{k} X_{k}\right\|_{0},
$$

where $K_{p}$ is a constant depending only on $p$.
Proof. It is enough to prove Corollary for $p \geq 1$. Let $Y_{1}, \ldots, Y_{n}$ be a sequence of independent random variables uniformly distributed on the unit disc $\{z$ : $|z| \leq 1\}$. By Theorem 1 we have

$$
\begin{equation*}
\left\|\sum v_{k} Y_{k}\right\|_{p} \leq C_{p}\left\|\sum v_{k} Y_{k}\right\|_{0} \tag{3}
\end{equation*}
$$

But we may represent $Y_{k}$ in the form $Y_{k}=R_{k} X_{k}$, where $R_{k}$ are independent, identically distributed random variables on $[0,1]$ (with an appropriate distribution), which are independent of $X_{k}$. Hence, by taking conditional expectation we obtain

$$
\begin{equation*}
\left\|\sum v_{k} Y_{k}\right\|_{p} \geq\left(E R_{1}\right)\left\|\sum v_{k} X_{k}\right\|_{p} \tag{4}
\end{equation*}
$$

Finally let us observe that for any $u, v \in E$ the function $f(z)=\ln \|u+z v\|$ is subharmonic on $\mathbb{C}$, so $g(r)=E \ln \left\|u+r v X_{1}\right\|$ is nondecreasing on $[0, \infty)$ and therefore

$$
\begin{equation*}
\left\|\sum v_{k} X_{k}\right\|_{0} \geq\left\|\sum v_{k} Y_{k}\right\|_{0} \tag{5}
\end{equation*}
$$

The corollary follows from (3), (4) and (5).

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Rafa£ LataŁA
Institute of Mathematics
Warsaw University
Banacha 2
02-097 Warsaw
Poland
rlatala@mimuw.edu.pl

