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# On the Equivalence Between Geometric and Arithmetic Means for Log-Concave Measures

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ABSTRACT. Let X be a random vector with log-concave distribution in some Banach space. We prove that  $||X||_p \leq C_p ||X||_0$  for any p > 0, where  $||X||_p = (E||X||^p)^{1/p}$ ,  $||X||_0 = \exp E \ln ||X||$  and  $C_p$  are constants depending only on p. We also derive some estimates of log-concave measures of small balls.

**Introduction.** Let X be a random vector with log-concave distribution (for precise definitions see below). It is known that for any measurable seminorm and p, q > 0 the inequality

$$||X||_p \le C_{p,q} ||X||_q$$

holds with constants  $C_{p,q}$  depending only on p and q (see [4], Appendix III). In this paper we show that the above constants can be made independent of q, which is equivalent to the inequality

$$\|X\|_{p} \le C_{p} \|X\|_{0},\tag{1}$$

where  $||X||_0$  is the geometric mean of ||X||. In the particular case in which X is uniformly distributed on some convex compact set in  $\mathbb{R}^n$  and the seminorm is given by some functional, inequality (1) was established by V. D. Milman and A. Pajor [3]. As a consequence of (1) we prove the result of Ullrich [6] concerning the equivalence of means for sums of independent Steinhaus random variables with vector coefficients, even though these random-variables are not log-concave (Corollary 2).

To prove (1) we derive some estimates of log-concave measures of small balls (Corollary 1), which are of independent interest. In the case of Gaussian random variables they were formulated and established in a weaker version in [5] and completely proved in [2].

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**Definitions and Notation.** Let E be a complete, separable, metric vector space endowed with its Borel  $\sigma$ -algebra  $\mathcal{B}_E$ . By  $\mu$  we denote a log-concave probability measure on  $(E, \mathcal{B}_E)$  (for some characterizations, properties and examples, see [1]) i.e. a probability measure with the property that for any Borel subsets A, B and all  $0 < \lambda < 1$  we have

$$\mu(\lambda A + (1 - \lambda)B) \ge \mu(A)^{\lambda}\mu(B)^{1 - \lambda}.$$

We say that a random vector X with values in E is log-concave if the distribution of X is log-concave. For a random vector X and a measurable seminorm  $\|.\|$  on E (i.e. Borel measurable, nonnegative, subadditive and positively homogeneous function on E) we define

$$||X||_p = (E||X||^p)^{1/p}$$
 for  $p > 0$ 

and

$$||X||_0 = \lim_{p \to 0^+} ||X||_p = \exp(E \ln ||X||).$$

Let us begin with the following Lemma from [1].

LEMMA 1. For any convex, symmetric Borel set B and  $k \ge 1$  we have

$$\mu((kB)^c) \le \mu(B) \left(\frac{1-\mu(B)}{\mu(B)}\right)^{(k+1)/2}$$

**PROOF.** The statement follows immediately from the log-concavity of  $\mu$  and the inclusion

$$\frac{k-1}{k+1}B + \frac{2}{k+1}(kB)^c \subset B^c.$$

LEMMA 2. If B is a convex, symmetric Borel set, with  $\mu(KB) \ge (1+\delta)\mu(B)$ for some K > 1 and  $\delta > 0$  then

$$\mu(tB) \le Ct\mu(B) \text{ for any } t \in (0,1),$$

where  $C = C(K/\delta)$  is a constant depending only on  $K/\delta$ .

PROOF. Obviously it's enough to prove the result for t = 1/2n, n = 1, 2, ... So let us fix n and define, for  $u \ge 0$ ,

$$P_u = \{x : \|x\|_B \in (u - 1/2n, u + 1/2n)\},\$$

where

$$||x||_B = \inf\{t > 0 : x \in tB\}.$$

By simple calculation  $\lambda P_u + (1 - \lambda)(2n)^{-1}B \subset P_{\lambda u}$ , so

$$\mu(P_{\lambda u}) \ge \mu(P_u)^{\lambda} \mu((2n)^{-1}B)^{1-\lambda} \text{ for } \lambda \in (0,1).$$
(2)

From the assumptions it easily follows that there exists  $u \ge 1$  such that  $\mu(P_u) \ge \delta\mu(B)/Kn$ . Let  $\mu((2n)^{-1}B) = \kappa\mu(B)/n$ . If  $\kappa \le 2\delta/K$  we are done, so we will

assume that  $\kappa \geq 2\delta/K$ . Then by (2) it follows that  $\mu(P_1) \geq \delta\mu(B)/Kn$ . The sets  $P_{(n-1)/n}, P_{(n-2)/n}, \ldots, P_{1/n}, (2n)^{-1}B$  are disjoint subsets of B, and hence

$$\mu(B) \ge \mu(P_{(n-1)/n}) + \dots + \mu(P_{1/n}) + \mu((2n)^{-1}B).$$

Using our estimations of  $\mu(P_1)$  and  $\mu((2n)^{-1}B)$  we obtain by (2)

$$\begin{split} \mu(B) &\geq n^{-1} \mu(B) ((\delta/K)^{(n-1)/n} \kappa^{1/n} + \dots + (\delta/K)^{1/n} \kappa^{(n-1)/n} + \kappa) = \\ &= \frac{\kappa}{n} \mu(B) \frac{1 - \delta/K\kappa}{1 - (\delta/K\kappa)^{1/n}} \geq \frac{\kappa}{2n} \mu(B) \frac{1}{1 - (\delta/K\kappa)^{1/n}}. \end{split}$$

Therefore

$$\kappa \le 2n(1 - (\delta/K\kappa)^{1/n}) \le 2\ln K\kappa/\delta,$$

so that  $\kappa \leq C(K/\delta)$  and the lemma follows.

COROLLARY 1. For each b < 1 there exists a constant  $C_b$  such that for every log-concave probability measure  $\mu$  and every measurable convex, symmetric set B with  $\mu(B) \leq b$  we have

$$u(tB) \le C_b t\mu(B) \text{ for } t \in [0,1].$$

PROOF. If  $\mu(B) = 2/3$  then by Lemma 1  $\mu(3B) \ge 5/6 = (1 + 1/4)\mu(B)$ , so by Lemma 2 for some constant  $\tilde{C}_1$ ,  $\mu(tB) \le \tilde{C}_1 t \mu(B)$ .

If  $\mu(B) \in [1/3, 2/3]$  then obviously  $\mu(tB) \leq 2\tilde{C}_1 t \mu(B)$ .

If  $\mu(B) < 1/3$ , let K be such that  $\mu(KB) = 2/3$ . By the above case  $\mu(B) \le \tilde{C}_1 K^{-1} \mu(KB)$ , and hence

$$K \le 2\tilde{C}_1 \left(\frac{\mu(KB)}{\mu(B)} - 1\right).$$

So Lemma 2 gives in this case that  $\mu(tB) \leq \tilde{C}_2 t \mu(B)$  for some constant  $\tilde{C}_2$ .

Finally if  $\mu(B) > 2/3$ , but  $\mu(B) \le b < 1$  then by Lemma 1 for some  $K_b < \infty$ ,  $\mu(K_b^{-1}B) \le 2/3$  and we can use the previous calculations.

THEOREM 1. For any p > 0 there exists a universal constant  $C_p$ , depending only on p such that for any sequence  $X_1, \ldots, X_n$  of independent log-concave random vectors and any measurable seminorm  $\|.\|$  on E we have

$$\left\|\sum_{i=1}^{n} X_{i}\right\|_{p} \leq C_{p}\left\|\sum_{i=1}^{n} X_{i}\right\|_{0}.$$

**PROOF.** Since a convolution of log-concave measures is also log-concave (see [1]) we may and do assume that n = 1. Let

$$M = \inf\{t : P(||X_1|| \ge t) \le 2/3\}.$$

Then by Lemma 1 (used for  $B = \{x \in E : ||x|| \leq M\}$ ) it follows easily that  $||X_1||_p \leq a_p M$  for p > 0 and some constants  $a_p$  depending only on p. By similar reasoning Corollary 1 yields  $||X_1||_0 \geq a_0 M$ .

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COROLLARY 2. Let E be a complex Banach space and  $X_1, \ldots, X_n$  be a sequence of independent random variables uniformly distributed on the unit circle  $\{z \in \mathbb{C} :$  $|z| = 1\}$ . Then for any sequence of vectors  $v_1, \ldots, v_n \in E$  and any p > 0 the following inequality holds:

$$\left\|\sum v_k X_k\right\|_p \le K_p \left\|\sum v_k X_k\right\|_0$$

where  $K_p$  is a constant depending only on p.

PROOF. It is enough to prove Corollary for  $p \ge 1$ . Let  $Y_1, \ldots, Y_n$  be a sequence of independent random variables uniformly distributed on the unit disc  $\{z : |z| \le 1\}$ . By Theorem 1 we have

$$\left\|\sum v_k Y_k\right\|_p \le C_p \left\|\sum v_k Y_k\right\|_0.$$
(3)

But we may represent  $Y_k$  in the form  $Y_k = R_k X_k$ , where  $R_k$  are independent, identically distributed random variables on [0, 1] (with an appropriate distribution), which are independent of  $X_k$ . Hence, by taking conditional expectation we obtain

$$\left\|\sum v_k Y_k\right\|_p \ge (ER_1) \left\|\sum v_k X_k\right\|_p.$$
(4)

Finally let us observe that for any  $u, v \in E$  the function  $f(z) = \ln ||u + zv||$  is subharmonic on  $\mathbb{C}$ , so  $g(r) = E \ln ||u + rvX_1||$  is nondecreasing on  $[0, \infty)$  and therefore

$$\left\|\sum v_k X_k\right\|_0 \ge \left\|\sum v_k Y_k\right\|_0.$$
(5)
  
(5)

The corollary follows from (3), (4) and (5).

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