# Sharp norm comparison of the maxima of a sequence and its predictable projection 

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#### Abstract

Let $f=\left(f_{n}\right)$ be an adapted sequence of integrable Banach-space valued random variables


 and $g=\left(g_{n}\right)$ denote its predictable projection. We prove that, for $1 \leq p \leq \infty$,$$
\left\|\sup _{n}\right\| g_{n}\| \|_{p} \leq\left(1+\frac{(p-1)^{p-1}}{p^{p}}\right)\left\|\sup _{n}\right\| f_{n}\| \|_{p}
$$

and the constant $1+\frac{(p-1)^{p-1}}{p^{p}}$ is the best possible.
Key words: predictable projection, norm inequality

## 1. Introduction

Let $(\Omega, \mathcal{F}, \mathbb{P})$ be a fixed probability space, filtered by a nondecreasing sequence $\left(\mathcal{F}_{n}\right)$ of sub- $\sigma$-algebras of $\mathcal{F}$. Let $f=\left(f_{n}\right)_{n \geq 0}$ be an adapted sequence of integrable real-valued random variables and let $g=\left(g_{n}\right)$ stand for the predictable projection of the sequence $f$, that is, $g_{0}=f_{0}$ and $g_{n}=\mathbb{E}\left(f_{n} \mid \mathcal{F}_{n-1}\right)$, for $n=1,2, \ldots$. For $1 \leq p, q \leq \infty$ we define

$$
\|f\|_{p, q}=\|f\|_{L^{p}\left(\ell^{q}\right)}=\left[\mathbb{E}\left(\sum_{k=1}^{\infty}\left|f_{n}\right|^{q}\right)^{p / q}\right]^{1 / p}
$$

with the usual convention if $p$ or $q$ is infinite. The problem of comparing the norms of $f$ and $g$ was first studied by Stein (1970), who showed that for $1<p<\infty$ and $1 \leq q \leq \infty$ there is a universal $C_{p, q}<\infty$ (not depending on $f, g$ or the probability space) such that

$$
\begin{equation*}
\|g\|_{p, q} \leq C_{p, q}\|f\|_{p, q} . \tag{1}
\end{equation*}
$$

In fact, Stein established the inequality for $q=2$ only, but the proof works for other values of $q$ as well. It is also worth to mention that the result is true for the sequences $f$ which are not necessarily adapted.

[^0]A number of authors studied various extensions of the inequality (1). Johnson et al. (1979) extended it by replacing $L^{p}$ by a rearrangement invariant space $X$ with Boyd indices satisfying $0<\beta_{X} \leq \alpha_{X}<1$. Bourgain (1983) showed the estimate for $p=1$ and $q=2$ with $C_{1,2}=3$ and Lépingle (1978) decreased this constant to 2. Delbaen \& Schachermayer (1994) needed the version of (1) with $p=2$ and $q=\infty$, and in Delbaen \& Schachermayer (1995) they proved the estimate for $1 \leq p \leq q \leq \infty$ with $C_{p, q}=2$ (in fact the proof yields $C_{p, q}=2^{1 / p}$ ). The constant $2^{1 / p}$, for $p \in\{1, \infty\}$ and $q=\infty$, turns out to be the best possible. The case $q=1$ was studied by Burkholder (1973) and Garsia (1973); finally, Wang (1991) proved that the best constant $C_{p, 1}$ equals $p$. Let us finish the short overview by noting that the inequality (1) can be investigated using decoupled conditionally independent tangent sequences; for details, see the book by Kwapień \& Woyczyński (1992).

The contribution of this paper is to provide the optimal values of the constants $C_{p, \infty}$ for $p \in(1, \infty)$. Let $f_{n}^{*}=\max _{0 \leq k \leq n}\left\|f_{k}\right\|$ and $f^{*}=\sup _{n}\left\|f_{n}\right\|$. Here is our main result.

Theorem 1.1. For any $1<p<\infty$ we have

$$
\begin{equation*}
\left\|g^{*}\right\|_{p} \leq\left(1+\frac{(p-1)^{p-1}}{p^{p}}\right)\left\|f^{*}\right\|_{p} \tag{2}
\end{equation*}
$$

The inequality is sharp.
The inequality generalizes to the sequences $f$ of strongly integrable Banach space valued variables; see Remark 3.2 below.

## 2. Technical lemmas

Throughout the paper, the number $p$ is fixed and belongs to the interval $(1, \infty)$. Let

$$
C_{p}=1+\frac{(p-1)^{p-1}}{p^{p}}, \quad A_{p}=C_{p} \cdot \frac{p-1}{p} \cdot\left[1-\left(\frac{p-1}{p}\right)^{p}\right]^{1 /(p-1)}
$$

Lemma 2.1. We have $C_{p}^{p}-1 \geq A_{p}^{p-1}$.
Proof. One can easily verify that the inequality is equivalent to $J\left(\left(\frac{p-1}{p}\right)^{p}\right) \geq 1$, where

$$
J(x)=\left(1+\frac{x}{p-1}\right)^{p-1}\left(1-x+\frac{p x^{2}}{p-1}\right), \quad x \geq 0 .
$$

Since $J(0)=1$, we will be done if we show that $J$ is nondecreasing. It suffices to note that

$$
J^{\prime}(x)=\left(1+\frac{x}{p-1}\right)^{p-2}\left[\frac{p x}{p-1}+\frac{p x^{2}}{p-1}+\frac{2 p x^{2}}{(p-1)^{2}}\right]>0
$$

for $x>0$.
Lemma 2.2. We have

$$
\begin{equation*}
-(p+1) C_{p}+\left(\frac{p}{p-1}\right)^{p-1} C_{p}^{2}+p \geq 0 \tag{3}
\end{equation*}
$$

Proof. The left hand side equals

$$
p\left(1-C_{p}\right)-C_{p}+\left(\frac{p}{p-1}\right)^{p-1} C_{p}^{2}=-\left(\frac{p-1}{p}\right)^{p-1}+C_{p}\left[\left(\frac{p}{p-1}\right)^{p-1}+\frac{1}{p}-1\right]
$$

Now, if $p \geq 2$, then the estimate is a consequence of

$$
\left(\frac{p-1}{p}\right)^{p-1} \leq 1, C_{p} \geq 1 \text { and }\left(\frac{p}{p-1}\right)^{p-1} \geq 2
$$

If $p<2$, then, by Bernoulli's inequality,

$$
\left(\frac{p-1}{p}\right)^{p-1} \leq 1-\frac{p-1}{p}=\frac{1}{p} \leq C_{p}\left[\left(\frac{p}{p-1}\right)^{p-1}+\frac{1}{p}-1\right]
$$

Lemma 2.3. (i) We have $A_{p}<C_{p} \cdot \frac{p-1}{p}<1$.
(ii) For any $q \in[0,1]$, we have $q(1-q)^{p-1}<A_{p}^{p-1}$.

Proof. (i) The first inequality is trivial. To show the second one, note that

$$
C_{p} \cdot \frac{p-1}{p} \leq\left(1+\frac{1}{p}\right) \cdot \frac{p-1}{p}=1-\frac{1}{p^{2}} .
$$

(ii) The function $q \mapsto q(1-q)^{p-1}, q \in[0,1]$, attains its maximum at $q=1 / p$ and hence it suffices to show that $\frac{(p-1)^{p-1}}{p^{p}}<A_{p}^{p-1}$, or, equivalently, $1<p C_{p}^{p-1}\left[1-\left(\frac{p-1}{p}\right)^{p}\right]$. However, we have $1-\left(\frac{p-1}{p}\right)^{p}>1-\left(\frac{p-1}{p}\right)=\frac{1}{p}$, which yields the desired estimate.

Lemma 2.4. For any $s \in\left[A_{p}^{p-1}, 1\right]$ we have

$$
\begin{equation*}
\left(C_{p}^{p}-s\right)\left(s^{p /(p-1)}-s+A_{p}^{p-1}\right)^{p-1} \geq A_{p}^{p(p-1)} \tag{4}
\end{equation*}
$$

Proof. Denote the left hand side of (4) by $F(s)$. We have that

$$
F^{\prime}(s)=\left(s^{p /(p-1)}-s+A_{p}^{p-1}\right)^{p-2} f(s)
$$

where $f:[0, \infty) \rightarrow \mathbb{R}$ is given by

$$
f(s)=-(p+1) s^{p /(p-1)}+p s+p C_{p}^{p} s^{1 /(p-1)}-(p-1) C_{p}^{p}-A_{p}^{p-1}
$$

Some information about $F$ and $f$ : by Lemma 2.3 (i), we have $\left(C_{p} \frac{p-1}{p}\right)^{p-1} \in\left[A_{p}^{p-1}, 1\right]$,

$$
\begin{equation*}
F\left(\left(C_{p} \frac{p-1}{p}\right)^{p-1}\right)-A_{p}^{p(p-1)}=0 \quad \text { and } \quad f\left(\left(C_{p} \frac{p-1}{p}\right)^{p-1}\right)=0 \tag{5}
\end{equation*}
$$

In addition,

$$
\begin{equation*}
f(0)<0 \quad \text { and } \quad{ }_{3} \lim _{s \rightarrow \infty} f(s)=-\infty . \tag{6}
\end{equation*}
$$

Furthermore, $f^{\prime}(s)=\frac{p}{p-1} s^{(2-p) /(p-1)}\left(-(p+1) s+C_{p}^{p}\right)+p$, so

$$
\begin{equation*}
f^{\prime}(0+)=\lim _{s \downarrow 0} f^{\prime}(s) \in[0, \infty] \quad \text { and } \quad f^{\prime}\left(\left(C_{p} \frac{p-1}{p}\right)^{p-1}\right) \geq 0 \tag{7}
\end{equation*}
$$

the latter being equivalent to (3). Finally, we have

$$
\begin{equation*}
f^{\prime \prime}(s)=\frac{p}{(p-1)^{2}} s^{-2+1 /(p-1)}\left[-(p+1) s+(2-p) C_{p}^{p}\right] \tag{8}
\end{equation*}
$$

Now let us put (5) - (8) together; it is evident that there exists $s>\left(C_{p} \frac{p-1}{p}\right)^{p-1}$ such that $f>0$ on $\left(\left(C_{p} \frac{p-1}{p}\right)^{p-1}, s\right)$ and $f \leq 0$ on the compliment of this interval. Since $F^{\prime}$ and $f$ have the same sign on $\left(A_{p}^{p-1}, 1\right)$, the estimate (4) will be established once we have shown that $F(1) \geq 0$. However, we have proved this inequality in Lemma 2.1.

Lemma 2.5. For any $q \in[0,1]$ and any $w \geq 1$ we have

$$
\begin{equation*}
q\left\{\left[(q+(1-q) w)^{p}-C_{p}^{p}\right] \vee\left(-A_{p}^{p-1}\right)\right\}-(1-q) w^{p} A_{p}^{p-1} \leq-A_{p}^{p-1} \tag{9}
\end{equation*}
$$

Proof. It is easy to see that the inequality holds if $q=0$ or $q=1$, so we may assume that $q$ lies in the interior of $[0,1]$. Since $q\left(-A_{p}^{p-1}\right)-(1-q) w^{p} A_{p}^{p-1}=A_{p}^{p-1}\left(-q-(1-q) w^{p}\right) \leq$ $-A_{p}^{p-1}$, it suffices to show that $q\left[(q+(1-q) w)^{p}-C_{p}^{p}\right]-(1-q) w^{p} A_{p}^{p-1} \leq-A_{p}^{p-1}$. Substitute $x=(1-q) w^{p} \geq 1-q$. The inequality takes form

$$
\begin{equation*}
q\left[\left(q+(1-q)^{1-1 / p} x^{1 / p}\right)^{p}-C_{p}^{p}\right] \leq A_{p}^{p-1}(x-1) \tag{10}
\end{equation*}
$$

For a fixed $q$, the function $G_{q}:[0, \infty) \rightarrow \mathbb{R}$, given by

$$
G_{q}(s)=q\left[\left(q+(1-q)^{1-1 / p} s^{1 / p}\right)^{p}-C_{p}^{p}\right]-A_{p}^{p-1}(s-1),
$$

is concave and, by Lemma 2.3 (ii), tends to $-\infty$ as $s \rightarrow \infty$. Furthermore, it is increasing for $s<s_{0}$ and decreasing for $s>s_{0}$, where $s_{0}=s_{0}(q)$ satisfies

$$
\begin{equation*}
q^{1 /(p-1)}\left[\frac{q(1-q)^{1 / p}}{s_{0}^{1 / p}}+(1-q)\right]=A_{p} \tag{11}
\end{equation*}
$$

(such $s_{0}$ exists, as $A_{p}>q^{1 /(p-1)}(1-q)$ in view of Lemma 2.3 (ii)). Now if $q<A_{p}^{p-1}$, then, by (11), we have $s_{0}(q)<1-q$, and so $G_{q}(x) \leq G_{q}(1-q)=q\left(1+A_{p}^{p-1}-C_{p}^{p}\right) \leq 0$, by Lemma 2.1. Suppose then, that $q \geq A_{p}^{p-1}$ and let $s=A_{p}^{p-1} / q \in\left[A_{p}^{p-1}, 1\right]$. By (11),

$$
\begin{gathered}
\frac{G_{q}(x)}{q} \leq \frac{G_{q}\left(s_{0}\right)}{q}=\frac{s_{0}}{1-q}\left(\frac{q(1-q)^{1 / p}}{s_{0}}+1-q\right)^{p}-s s_{0}-\left(C_{p}^{p}-s\right) \\
=\frac{s_{0}}{1-q}\left[\frac{A_{p}^{p}}{q^{p /(p-1)}}-s+q s\right]-\left(C_{p}^{p}-s\right)=\frac{s_{0}}{1-q}\left(s^{p /(p-1)}-s+A_{p}^{p-1}\right)-\left(C_{p}^{p}-s\right) \\
=\frac{A_{p}^{p(p-1)}}{\left(s^{p /(p-1)}-s+A_{p}^{p-1}\right)^{p}} \cdot\left(s^{p /(p-1)}-s+A_{p}^{p-1}\right)-\left(C_{p}^{p}-s\right),
\end{gathered}
$$

which is nonpositive by (4). The proof is complete.

## 3. The proof of the main theorem

Let $U_{p}:[0, \infty) \times[0, \infty) \rightarrow \mathbb{R}$ be given by $U_{p}(x, y)=\left(y^{p}-C_{p}^{p} x^{p}\right) \vee\left(-A_{p}^{p-1} x^{p}\right)$.
Lemma 3.1. For any $x, y \geq 0$ and any nonnegative integrable variable $X$ we have

$$
\begin{equation*}
\mathbb{E} U_{p}(x \vee X, y \vee \mathbb{E} X) \leq U_{p}(x, y) \tag{12}
\end{equation*}
$$

Proof. We start from some reductions. First, we may assume $x=1$. Secondly, observe that it suffices to show the estimate for simple variables $X$, that is, taking only a finite number of values. Moreover, we may assume that $X$ takes at most two values. To see this, note that there exists a finite sequence of pairwise disjoint events $A_{1}, A_{2}, \ldots, A_{n}$ of positive probability such that for any $i, X$ takes at most two values on $A_{i}$ and $\mathbb{E}\left(X I_{A_{i}} \mid A_{i}\right)=\mathbb{E} X$. The existence can be easily shown by induction on the number of values taken by $X$. Applying (12) to the variable $X I_{A_{i}}$, conditionally on $A_{i}$, we obtain

$$
\mathbb{E}\left[U_{p}\left(1 \vee X I_{A_{i}}, y \vee \mathbb{E}\left(X I_{A_{i}} \mid A_{i}\right)\right) \mid A_{i}\right] \leq U_{p}(1, y),
$$

or $\mathbb{E}\left(U_{p}(1 \vee X, y \vee \mathbb{E} X) I_{A_{i}}\right) \leq \mathbb{P}\left(A_{i}\right) U_{p}(1, y)$. Now if we sum these inequalities for $i=$ $1,2, \ldots, n$, we obtain (12). The next reduction is that we may assume $\mathbb{P}(X \geq 1)=1$, replacing $X$ by $1 \vee X$, if necessary. Furthermore, we may restrict ourselves to the variables $X$ satisfying $\mathbb{E} X \geq y$, since if it is not the case, we have

$$
\begin{gathered}
\mathbb{E} U_{p}(1 \vee X, y \vee \mathbb{E} X)=\mathbb{E} U_{p}(X, y)=\mathbb{E}\left[\left(y^{p}-C_{p}^{p} X^{p}\right) \vee\left(-A_{p}^{p-1} X^{p}\right)\right] \\
\leq \mathbb{E}\left[\left(y^{p}-C_{p}^{p}\right) \vee\left(-A_{p}^{p-1}\right)\right]=U_{p}(1, y) .
\end{gathered}
$$

As $U_{p}(1, y) \geq U_{p}(1,1)=-A_{p}^{p-1}$ in view of Lemma 2.1, the proof will be complete if we show that

$$
\begin{equation*}
\mathbb{E} U_{p}(X, \mathbb{E} X) \leq-A_{p}^{p-1} \tag{13}
\end{equation*}
$$

and note that we may drop the assumption $\mathbb{E} X \geq y$.
Summarizing, we have reduced the problem of proving (12) to the problem of showing (13) for any nonnegative variable $X$ taking at most two values not smaller than 1 .

Now, if $X$ is constant, say, $X=a \geq 1$, then (13) is evident; indeed,

$$
\mathbb{E} U_{p}(X, \mathbb{E} X)=U_{p}(a, a)=a^{p} U_{p}(1,1) \leq U_{p}(1,1)
$$

If $X$ takes two values: 1 and $w>1$, and we denote $\mathbb{P}(X=1)$ by $q$, then the inequality (13) is precisely the estimate (9). Finally, if $X$ takes two values: $a>1$ and $w>a$, then

$$
\mathbb{E} U_{p}(X, \mathbb{E} X)=a^{p} \mathbb{E} U_{p}(X / a, \mathbb{E} X / a)
$$

Observe that $X / a$ takes two values, one of which equals 1 ; hence we may use the previous case and write $\mathbb{E} U_{p}(X, \mathbb{E} X) \leq a^{p} U_{p}(1,1)<U_{p}(1,1)$. This completes the proof.

Proof of the inequality (2). Clearly, it suffices to show the estimate for the sequences $f$, for which the right hand side of (2) is finite. Furthermore, we may restrict ourselves to the case of finite sequences $f$, that is, such that there exists $N$ for which we have $0=f_{N}=f_{N+1}=f_{N+2}=\ldots$. Since $U_{p}(x, y) \geq y^{p}-C_{p}^{p} x^{p}$, we will be done once we have shown that $\mathbb{E} U_{p}\left(f_{n}^{*}, g_{n}^{*}\right) \leq 0$ for any nonnegative integer $n$. We will prove a bit
more, namely, that the process $\left(U_{p}\left(f_{n}^{*}, g_{n}^{*}\right)\right)$ is a supermartingale with respect to $\left(\mathcal{F}_{n}\right)$. To this end, apply the inequality (12) conditionally on $\mathcal{F}_{n-1}, n \geq 1$, to get

$$
\mathbb{E}\left[U_{p}\left(f_{n}^{*}, g_{n}^{*}\right) \mid \mathcal{F}_{n-1}\right]=\mathbb{E}\left[U_{p}\left(f_{n-1}^{*} \vee f_{n}, g_{n-1}^{*} \vee \mathbb{E}\left(f_{n} \mid \mathcal{F}_{n-1}\right)\right) \mid \mathcal{F}_{n-1}\right] \leq U_{p}\left(f_{n-1}^{*}, g_{n-1}^{*}\right)
$$

Therefore $\mathbb{E} U_{p}\left(f_{n}^{*}, g_{n}^{*}\right) \leq \mathbb{E} U_{p}\left(f_{0}^{*}, g_{0}^{*}\right)=\mathbb{E} U_{p}\left(f_{0}, g_{0}\right) \leq 0$, as $U_{p}(x, x) \leq 0$ for any $x \geq 0$. The estimate follows.

Remark 3.1. As we have $U_{p}(x, y)=y^{p} \vee\left[\left(C_{p}^{p}-A_{p}^{p-1}\right) x^{p}\right]-C_{p}^{p} x^{p} \geq(x \vee y)^{p}-C_{p}^{p} x^{p}$, we see that a stronger estimate is valid: for any sequence $f$ as in Theorem 1.1,

$$
\left\|f^{*} \vee g^{*}\right\|_{p} \leq C_{p}\left\|f^{*}\right\|_{p}, \quad 1<p<\infty
$$

Since $C_{p}$ is optimal in (2) (as proved below), the inequality above is also sharp.
Remark 3.2. The inequality (2) extends to the case of strongly integrable sequences $f$ taking values in a certain Banach space $\left(B,\|\cdot\|_{B}\right)$. Indeed, in such a case consider real valued $\bar{f}=\left(\left\|f_{1}\right\|_{B},\left\|f_{2}\right\|_{B}, \ldots\right)$ and observe that $\|f\|_{p, \infty}=\|\bar{f}\|_{p, \infty},\|g\|_{p, \infty} \leq\|\bar{g}\|_{p, \infty}$.

Sharpness of (2). We will construct appropriate examples on the interval $[0,1]$ equipped with its Borel subsets and Lebesgue's measure. To this end, fix $p \in(1, \infty)$ and let $q=1-\left(\frac{p-1}{p}\right)^{p}, \quad w=\frac{p}{p-1}>1$. Define the sequence $\left(f_{n}\right)$ by $f_{0}=I_{[0,1]}$ and

$$
f_{n}=w^{n} I_{\left[0,(1-q)^{n}\right]}+w^{n-1} I_{\left((1-q)^{n},(1-q)^{n-1}\right]}, \quad n=1,2, \ldots
$$

and let $\left(\mathcal{F}_{n}\right)$ be a filtration generated by the sequence $\left(f_{n}\right)$. Then $g_{0}=I_{[0,1]}$ and $g_{n}=$ $w^{n-1}(w(1-q)+q) I_{\left[0,(1-q)^{n-1}\right]}=C_{p} w^{n-1} I_{\left[0,(1-q)^{n-1}\right]}, n=1,2, \ldots$. Therefore,

$$
\begin{gathered}
f_{n}^{*}=w^{n} I_{\left[0,(1-q)^{n}\right]}+\sum_{k=1}^{n} w^{k-1} I_{\left((1-q)^{k},(1-q)^{k-1}\right]}, \\
g_{n}^{*}=C_{p} w^{n-1} I_{\left[0,(1-q)^{n}\right]}+C_{p} \sum_{k=1}^{n} w^{k-1} I_{\left((1-q)^{k},(1-q)^{k-1}\right]} .
\end{gathered}
$$

Since $(1-q) w^{p}=1$, it can be easily verified that we have $\left\|f_{n}^{*}\right\|_{p}^{p}=1+q n$ and $\left\|g_{n}^{*}\right\|_{p}^{p}=$ $C_{p}^{p}\left[\left(\frac{p-1}{p}\right)^{p}+q n\right]$. Letting $n \rightarrow \infty$ we see that the constant $C_{p}$ in (2) can not be replaced by a smaller one.

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