# SHARP NORM INEQUALITY FOR BOUNDED SUBMARTINGALES 

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#### Abstract

Let $\alpha \in[0,1]$ be a fixed number and $f=\left(f_{n}\right)$ be a nonnegative submartingale bounded from above by 1. Assume $g=\left(g_{n}\right)$ is a process satisfying, with probability 1 , $$
\left|d g_{n}\right| \leq\left|d f_{n}\right|, \quad\left|\mathbb{E}\left(d g_{n+1} \mid \mathcal{F}_{n}\right)\right| \leq \alpha \mathbb{E}\left(d f_{n+1} \mid \mathcal{F}_{n}\right), \quad n=0,1,2, \ldots
$$


We provide a sharp bound for the first moment of the process $g$. A related estimate for stochastic integrals is also established.

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## 1. Introduction

Let $(\Omega, \mathcal{F}, \mathbb{P})$ be a probability space and let $\left(\mathcal{F}_{n}\right)_{n \geq 0}$ be a filtration, a nondecreasing sequence of sub- $\sigma$-algebras of $\mathcal{F}$. Throughout the paper, $\alpha$ is a fixed number belonging to the interval $[0,1]$. Let $f=\left(f_{n}\right)_{n \geq 0}, g=\left(g_{n}\right)_{n \geq 0}$ denote adapted realvalued integrable processes, such that $f$ is a submartingale and $g$ is $\alpha$-subordinate to $f$ : for any $n=0,1,2, \ldots$ we have, almost surely,

$$
\begin{equation*}
\left|d g_{n}\right| \leq\left|d f_{n}\right| \tag{1.1}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|\mathbb{E}\left(d g_{n+1} \mid \mathcal{F}_{n}\right)\right| \leq \alpha \mathbb{E}\left(d f_{n+1} \mid \mathcal{F}_{n}\right) \tag{1.2}
\end{equation*}
$$

Here $d f=\left(d f_{n}\right)_{n \geq 0}$ and $d g=\left(d g_{n}\right)$ stand for the difference sequences of $f$ and $g$, given by

$$
d f_{0}=f_{0}, d f_{n}=f_{n}-f_{n-1}, \quad d g_{0}=g_{0}, d g_{n}=g_{n}-g_{n-1}, \quad n=1,2, \ldots
$$

The main objective of this paper is to provide some bounds on the size of the process $g$ under some additional assumptions on boundedness of $f$. Let us provide some information about related estimates which have appeared in the literature. Let $\Phi$ be an increasing convex function on $[0, \infty)$ such that $\Phi(0)=0$, the integral $\int_{0}^{\infty} \Phi(t) e^{-t} d t$ is finite and $\Phi$ is twice differentiable on $(0, \infty)$ with a strictly convex first derivative satisfying $\Phi^{\prime}(0+)=0$. For example, one can take $\Phi(t)=t^{p}, p>2$, or $\Phi(t)=e^{a t}-1-a t$ for $a \in(0,1)$.

[^0]In [2] Burkholder proved a sharp $\Phi$-inequality

$$
\sup _{n} \mathbb{E} \Phi\left(\left|g_{n}\right|\right)<\frac{1}{2} \int_{0}^{\infty} \Phi(t) e^{-t} d t
$$

under the assumption that $f$ is a martingale (and so is $g$, by (1.2)), which is bounded in absolute value by 1 . This inequality was later extended in [5] to the submartingale case: if $f$ is a nonnegative submartingale bounded from above by 1 and $g$ is 1 -subordinate to $f$, then we have a sharp estimate

$$
\sup _{n} \mathbb{E} \Phi\left(\frac{\left|g_{n}\right|}{2}\right)<\frac{2}{3} \int_{0}^{\infty} \Phi(t) e^{-t} d t
$$

Finally, Kim and Kim proved in [8], that if the 1-subordination is replaced by $\alpha$-subordination, then we have

$$
\begin{equation*}
\mathbb{E} \Phi\left(\frac{\left|g_{n}\right|}{1+\alpha}\right)<\frac{1+\alpha}{2+\alpha} \int_{0}^{\infty} \Phi(t) e^{-t} d t \tag{1.3}
\end{equation*}
$$

if $f$ is a nonnegative submartingale bounded by 1 .
There are other related results, concerning tail estimates of $g$. Let us state here Hammack's inequality, an estimate we will need later on. In [7] it is proved that if $f$ is a submartingale bounded in absolute value by 1 and $g$ is 1 -subordinate to $f$, then, for $\lambda \geq 4$,

$$
\begin{equation*}
\mathbb{P}\left(\sup _{n}\left|g_{n}\right| \geq \lambda\right) \leq \frac{(8+\sqrt{2}) e}{12} \exp (-\lambda / 4) \tag{1.4}
\end{equation*}
$$

For other similar results, see papers by Burkholder [3], Hammack [7] and the author [9].

A natural question arises: what can be said about the $\Phi$-inequalities for other functions $\Phi$ ? The purpose of this paper is to give the answer for $\Phi(t)=t$. The main result can be stated as follows.

Theorem 1.1. Suppose $f$ is a nonnegative submartingale such that $\sup _{n} f_{n} \leq 1$ almost surely and let $g$ be $\alpha$-subordinate to $f$. Then

$$
\begin{equation*}
\|g\|_{1} \leq \frac{(\alpha+1)\left(2 \alpha^{2}+3 \alpha+2\right)}{(2 \alpha+1)(\alpha+2)} \tag{1.5}
\end{equation*}
$$

The constant on the right is the best possible.
In a special case $\alpha=1$, this leads to an interesting inequality for stochastic integrals. Suppose $(\Omega, \mathcal{F}, \mathbb{P})$ is a complete probability space, filtered by a nondecreasing family $\left(\mathcal{F}_{t}\right)_{t \geq 0}$ of sub- $\sigma$-algebras of $\mathcal{F}$ and assume that $\mathcal{F}_{0}$ contains all the events $A$ with $\mathbb{P}(A)=0$. Let $X=\left(X_{t}\right)_{t \geq 0}$ be an adapted nonnegative right-continuous submartingale with left limits, satisfying $\mathbb{P}\left(X_{t} \leq 1\right)=1$ for all $t$ and let $H=\left(H_{t}\right)$ be a predictable process with values in $[-1,1]$. Let $Y=\left(Y_{t}\right)$ be an Itô stochastic integral of $H$ with respect to $X$, that is,

$$
Y_{t}=H_{0} X_{0}+\int_{(0, t]} H_{s} d X_{s}
$$

Let $\|Y\|_{1}=\sup _{t}\left\|Y_{t}\right\|_{1}$.
Theorem 1.2. For $X, Y$ as above, we have

$$
\begin{equation*}
\|Y\|_{1} \leq \frac{14}{9} \tag{1.6}
\end{equation*}
$$

and the constant is the best possible. It is already the best possible if $H$ is assumed to take values in the set $\{-1,1\}$.

The proofs are based on Burkholder's techniques, developed in [2] and [3]. These enable to reduce the proof of the submartingale inequality (1.5) to finding a special function, satisfying some convexity-type properties or, equivalently, to solving a certain boundary value problem.

The paper is organized as follows. In the next section we introduce the special function corresponding to the moment inequality and study its properties. Section 3 contains the proofs of inequalities (1.5) and (1.6). The sharpness of these estimates is postponed to the last section, Section 4.

## 2. The special function

Let $S$ denote the strip $[0,1] \times \mathbb{R}$. Consider the following subsets of $S$.

$$
\begin{aligned}
D_{1} & =\left\{(x, y) \in S: x \leq \frac{\alpha}{2 \alpha+1}, x+|y|>\frac{\alpha}{2 \alpha+1}\right\}, \\
D_{2} & =\left\{(x, y) \in S: x \geq \frac{\alpha}{2 \alpha+1},-x+|y|>-\frac{\alpha}{2 \alpha+1}\right\}, \\
D_{3} & =\left\{(x, y) \in S: x \geq \frac{\alpha}{2 \alpha+1},-x+|y| \leq-\frac{\alpha}{2 \alpha+1}\right\}, \\
D_{4} & =\left\{(x, y) \in S: x \leq \frac{\alpha}{2 \alpha+1}, x+|y| \leq \frac{\alpha}{2 \alpha+1}\right\} .
\end{aligned}
$$

Consider a function $H: \mathbb{R}^{2} \rightarrow \mathbb{R}$ defined by

$$
H(x, y)=(|x|+|y|)^{1 /(\alpha+1)}((\alpha+1)|x|-|y|)
$$

Let $u: S \rightarrow \mathbb{R}$ be given by

$$
\begin{aligned}
& \quad u(x, y)=-\alpha x+|y|+\alpha+\exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(x+|y|-\frac{\alpha}{2 \alpha+1}\right)\right]\left(x+\frac{1}{2 \alpha+1}\right) \\
& \text { if }(x, y) \in D_{1}, \\
& \quad u(x, y)=-\alpha x+|y|+\alpha+\exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(-x+|y|+\frac{\alpha}{2 \alpha+1}\right)\right](1-x) \\
& \text { if }(x, y) \in D_{2},
\end{aligned}
$$

$$
u(x, y)=-(1-x) \log \left[\frac{2 \alpha+1}{\alpha+1}(1-x+|y|)\right]+(\alpha+1)(1-x)+|y|
$$

if $(x, y) \in D_{3}$ and

$$
u(x, y)=-\frac{\alpha^{2}}{(2 \alpha+1)(\alpha+2)}\left[1+\left(\frac{2 \alpha+1}{\alpha}\right)^{(\alpha+2) /(\alpha+1)} H(x, y)\right]+\frac{2 \alpha^{2}}{2 \alpha+1}+1
$$

if $(x, y) \in D_{4}$.
The key properties of the function $u$ are described in the two lemmas below.
Lemma 2.1. The following statements hold true.
(i) The function $u$ has continuous partial derivatives in the interior of $S$.
(ii) We have

$$
\begin{equation*}
u_{x} \leq-\alpha\left|u_{y}\right| . \tag{2.1}
\end{equation*}
$$

(iii) For any real numbers $x, h, y, k$ such that $x, x+h \in[0,1]$ and $|h| \geq|k|$ we have

$$
\begin{equation*}
u(x+h, y+k) \leq u(x, y)+u_{x}(x, y) h+u_{y}(x, y) k \tag{2.2}
\end{equation*}
$$

Proof. Let us first compute the partial derivatives in the interiors $D_{i}^{o}$ of the sets $D_{i}, i \in\{1,2,3,4\}$. We have that $u_{x}(x, y)$ equals

$$
\begin{cases}-\alpha+\exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(x+|y|-\frac{\alpha}{2 \alpha+1}\right)\right]\left(-\frac{2 \alpha+1}{\alpha+1} x+\frac{\alpha}{\alpha+1}\right), & (x, y) \in D_{1}^{o} \\ -\alpha+\exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(-x+|y|+\frac{\alpha}{2 \alpha+1}\right)\right]\left(-\frac{2 \alpha+1}{\alpha+1} x+\frac{\alpha}{\alpha+1}\right), & (x, y) \in D_{2}^{o} \\ \log \left[\frac{2 \alpha+1}{\alpha+1}(1-x+|y|)\right]+\frac{1-x}{1-x+|y|}-(\alpha+1), & (x, y) \in D_{3}^{o} \\ -\alpha\left(\frac{2 \alpha+1}{\alpha}\right)^{1 /(\alpha+1)}(x+|y|)^{-\alpha /(\alpha+1)}\left(x+\frac{\alpha}{\alpha+1}|y|\right), & (x, y) \in D_{4}^{o}\end{cases}
$$

while $u_{y}(x, y)$ is given by

$$
\begin{cases}y^{\prime}-\frac{2 \alpha+1}{\alpha+1} \exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(x+|y|-\frac{\alpha}{2 \alpha+1}\right)\right]\left(x+\frac{1}{2 \alpha+1}\right) y^{\prime}, & (x, y) \in D_{1}^{o}, \\ y^{\prime}-\frac{2 \alpha+1}{\alpha+1} \exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(-x+|y|+\frac{\alpha}{2 \alpha+1}\right)\right](1-x) y^{\prime}, & (x, y) \in D_{2}^{o}, \\ \frac{y}{1-x+|y|}, & (x, y) \in D_{3}^{o}, \\ \left(\frac{2 \alpha+1}{\alpha}\right)^{1 /(\alpha+1)}(x+|y|)^{-\alpha /(\alpha+1)} \frac{\alpha}{\alpha+1} y, & (x, y) \in D_{4}^{o} .\end{cases}
$$

Here $y^{\prime}=y /|y|$ is the sign of $y$. Now we turn to the properties (i) - (iii).
(i) This follows immediately by the formulas for $u_{x}, u_{y}$ above.
(ii) We have that $u_{x}(x, y)+\alpha\left|u_{y}(x, y)\right|$ equals

$$
\begin{cases}-\exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(x+|y|-\frac{\alpha}{2 \alpha+1}\right)\right](2 \alpha+1) x, & (x, y) \in D_{1} \\ -\exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(-x+|y|+\frac{\alpha}{2 \alpha+1}\right)\right]\left(\frac{2 \alpha+1}{\alpha+1} x(1-\alpha)+\frac{2 \alpha^{2}}{\alpha+1}\right), & (x, y) \in D_{2} \\ -\alpha+\log \left[\frac{2 \alpha+1}{\alpha+1}(1-x+|y|)\right]-\frac{|y|(1-\alpha)}{1-x+|y|}, & (x, y) \in D_{3} \\ -\alpha\left(\frac{2 \alpha+1}{\alpha}\right)^{1 /(\alpha+1)}(x+|y|)^{-\alpha /(\alpha+1)} x, & (x, y) \in D_{4}\end{cases}
$$

and all the expressions are clearly nonpositive.
(iii) There is a well-known procedure to establish (2.2). Fix $x, y, h$ and $k$ satisfying the conditions of (iii) and consider a function $G=G_{x, y, h, k}: t \mapsto u(x+t h, y+t k)$, defined on $\{t: 0 \leq x+t h \leq 1\}$. The inequality (2.2) reads $G(1) \leq G(0)+G^{\prime}(0)$, so in order to prove it, it suffices to show that $G$ is concave. Since $u$ is of class $C^{1}$, it is enough to check $G^{\prime \prime}(t) \leq 0$ for those $t$, for which $(x+t h, y+t k)$ belongs to the interior of $D_{1}, D_{2}, D_{3}$ or $D_{4}$. Furthermore, by translation argument (we have $\left.G_{x, y, h, k}^{\prime \prime}(t)=G_{x+t h, y+t k, h, k}^{\prime \prime}(0)\right)$, we may assume $t=0$.

If $(x, y) \in D_{1}^{o}$, we have

$$
\begin{aligned}
G^{\prime \prime}(0) & =\frac{2 \alpha+1}{\alpha+1} \exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(x+|y|-\frac{\alpha}{2 \alpha+1}\right)\right] \times \\
& \times(h+k)\left\{\left[\frac{2 \alpha+1}{\alpha+1}\left(x+\frac{1}{2 \alpha+1}\right)-2\right] h+\frac{2 \alpha+1}{\alpha+1}\left(x+\frac{1}{2 \alpha+1}\right) k\right\},
\end{aligned}
$$

which is nonpositive; this is due to

$$
|h| \geq|k|, \quad \frac{2 \alpha+1}{\alpha+1}\left(x+\frac{1}{2 \alpha+1}\right)-2 \leq-1 \quad \text { and } \quad \frac{2 \alpha+1}{\alpha+1}\left(x+\frac{1}{2 \alpha+1}\right) \leq 1 .
$$

$$
\begin{aligned}
& \text { If } \left.\begin{array}{rl}
(x, y) \in D_{2}^{o} & \text { then } \\
\qquad \begin{array}{rl}
G^{\prime \prime}(0)=\frac{2 \alpha+1}{\alpha+1} & \exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(-x+|y|+\frac{\alpha}{2 \alpha+1}\right)\right] \times \\
& \times(h-k)\left\{\left[\frac{2 \alpha+1}{\alpha+1}(1-x)-2\right] h-\frac{2 \alpha+1}{\alpha+1}(1-x) k\right\} \leq 0
\end{array}
\end{array} \begin{array}{rl} 
\\
& (-1
\end{array}\right)
\end{aligned}
$$

since

$$
|h| \geq|k|, \quad \frac{2 \alpha+1}{\alpha+1}(1-x)-2 \leq-1 \quad \text { and } \quad \frac{2 \alpha+1}{\alpha+1}(1-x) \leq 1
$$

For $(x, y) \in D_{3}^{o}$ we have

$$
G^{\prime \prime}(0)=\frac{-h+k}{1-x+|y|}\left[\left(2-\frac{1-x}{1-x+|y|}\right) h+\frac{1-x}{1-x+|y|} k\right] \leq 0,
$$

because

$$
|h| \geq|k|, \quad 2-\frac{1-x}{1-x+|y|} \geq 1 \quad \text { and } \quad \frac{1-x}{1-x+|y|} \leq 1
$$

Finally, for $(x, y) \in D_{4}^{o}$, this follows by the result of Burkholder: the function $t \mapsto-H(x+t h, y+t k)$ is concave, see page 17 of [3].
Lemma 2.2. Let $(x, y) \in S$.
(i) We have

$$
\begin{equation*}
u(x, y) \geq|y| . \tag{2.3}
\end{equation*}
$$

(ii) If $|y| \leq x$, then

$$
\begin{equation*}
u(x, y) \leq u(0,0)=\frac{(\alpha+1)\left(2 \alpha^{2}+3 \alpha+2\right)}{(2 \alpha+1)(\alpha+2)} \tag{2.4}
\end{equation*}
$$

Proof. (i) Since for any $(x, y) \in S$ the function $G(t)=u(x+t, y+t)$ defined on $\{t: x+t \in[0,1]\}$ is concave, it suffices to prove (2.3) on the boundary of the strip $S$. Furthermore, by symmetry, we may restrict ourselves to $(x, y) \in \partial S$ satisfying $y \geq 0$. We have, for $y \in[0, \alpha /(2 \alpha+1)]$,

$$
u(0, y) \geq-\frac{\alpha^{2}}{(2 \alpha+1)(\alpha+2)}+\frac{2 \alpha^{2}}{2 \alpha+1}+1 \geq 1 \geq y
$$

while for $y>\alpha /(2 \alpha+1)$, the inequality $u(0, y) \geq y$ is trivial. Finally, note that we have $u(1, y)=y$ for $y \geq 0$. Thus (2.3) follows.
(ii) As one easily checks, we have $u_{y}(x, y) \geq 0$ for $y \geq 0$ and hence, by symmetry, it suffices to prove (2.4) for $x=y$. The function $G(t)=u(t, t), t \in[0,1]$, is concave and satisfies $G^{\prime}(0+)=0$. Thus $G \leq G(0)$ and we are done.

## 3. Proofs of the inequalities (1.5) and (1.6)

Proof of inequality (1.5): Let $f, g$ be as in the statement and fix a nonnegative integer $n$. Furthermore, fix $\beta \in(0,1)$ and set $f^{\prime}=\beta f, g^{\prime}=\beta g$. Clearly, $g^{\prime}$ is $\alpha$-subordinate to $f^{\prime}$, so the inequality (2.2) implies that, with probability 1 ,

$$
\begin{equation*}
u\left(f_{n+1}^{\prime}, g_{n+1}^{\prime}\right) \leq u\left(f_{n}^{\prime}, g_{n}^{\prime}\right)+u_{x}\left(f_{n}^{\prime}, g_{n}^{\prime}\right) d f_{n+1}^{\prime}+u_{y}\left(f_{n}^{\prime}, g_{n}^{\prime}\right) d g_{n+1}^{\prime} \tag{3.1}
\end{equation*}
$$

Both sides are integrable: indeed, since $f$ is bounded by 1 , so is $f^{\prime}$; furthermore, we have $\mathbb{P}\left(\left|d f_{k}\right| \leq 1\right)=1$ and hence $\mathbb{P}\left(\left|d g_{k}\right| \leq 1\right)=1$ by (1.1). This gives $\left|g_{n}^{\prime}\right|=$ $\beta\left|g_{n}\right| \leq \beta n$ almost surely and now it suffices to note that $u$ is locally bounded on $[0, \beta] \times \mathbb{R}$ and the partial derivatives $u_{x}, u_{y}$ are bounded on this set.

Therefore, taking the conditional expectation of (3.1) with respect to $\mathcal{F}_{n}$ yields

$$
\begin{aligned}
& \mathbb{E}\left(u\left(f_{n+1}^{\prime}, g_{n+1}^{\prime}\right) \mid \mathcal{F}_{n}\right) \leq u\left(f_{n}^{\prime}, g_{n}^{\prime}\right)+u_{x}\left(f_{n}^{\prime}, g_{n}^{\prime}\right) \mathbb{E}\left(d f_{n+1}^{\prime} \mid \mathcal{F}_{n}\right)+u_{y}\left(f_{n}^{\prime}, g_{n}^{\prime}\right) \mathbb{E}\left(d g_{n+1}^{\prime} \mid \mathcal{F}_{n}\right) \\
& \leq u\left(f_{n}^{\prime}, g_{n}^{\prime}\right)+u_{x}\left(f_{n}^{\prime}, g_{n}^{\prime}\right) \mathbb{E}\left(d f_{n+1}^{\prime} \mid \mathcal{F}_{n}\right)+\left|u_{y}\left(f_{n}^{\prime}, g_{n}^{\prime}\right)\right| \cdot\left|\mathbb{E}\left(d g_{n+1}^{\prime} \mid \mathcal{F}_{n}\right)\right|
\end{aligned}
$$

By $\alpha$-subordination, this can be further bounded from above by

$$
u\left(f_{n}^{\prime}, g_{n}^{\prime}\right)+\left(u_{x}\left(f_{n}^{\prime}, g_{n}^{\prime}\right)+\alpha\left|u_{y}\left(f_{n}^{\prime}, g_{n}^{\prime}\right)\right|\right) \mathbb{E}\left(d f_{n+1}^{\prime} \mid \mathcal{F}_{n}\right) \leq u\left(f_{n}^{\prime}, g_{n}^{\prime}\right)
$$

the latter inequality being a consequence of (2.1). Thus, taking expectation, we obtain

$$
\begin{equation*}
\mathbb{E} u\left(f_{n+1}^{\prime}, g_{n+1}^{\prime}\right) \leq \mathbb{E} u\left(f_{n}^{\prime}, g_{n}^{\prime}\right) \tag{3.2}
\end{equation*}
$$

Combining this with (2.3), we get

$$
\mathbb{E}\left|g_{n}^{\prime}\right| \leq \mathbb{E} u\left(f_{n}^{\prime}, g_{n}^{\prime}\right) \leq \mathbb{E} u\left(f_{0}^{\prime}, g_{0}^{\prime}\right)
$$

But $\left|g_{0}^{\prime}\right| \leq f_{0}^{\prime}$ by (1.1); hence (2.4) implies

$$
\beta \mathbb{E}\left|g_{n}\right|=\mathbb{E}\left|g_{n}^{\prime}\right| \leq \frac{(\alpha+1)\left(2 \alpha^{2}+3 \alpha+2\right)}{(2 \alpha+1)(\alpha+2)} .
$$

Since $n$ and $\beta \in(0,1)$ were arbitrary, the proof is complete.
Proof of the inequality (1.6): This follows by approximation argument. See Section 16 of [2], where it is shown how similar inequalities for stochastic integrals are implied by their discrete-time analogues combined with the result of Bichteler [1].

## 4. Sharpness

We start with the inequality (1.5). For $\alpha=0$ simply take constant processes $f=g=(1,1,1, \ldots)$ and note that both sides are equal in (1.5). Suppose then, that $\alpha$ is a positive number. We will construct an appropriate example; this will be done in a few steps. Denote $\gamma=\alpha /(2 \alpha+1)$ and fix $\varepsilon>0$.

Step 1. Using the ideas of Choi [6] (which go back to Burkholder's examples from [4]), one can show that there exists a pair $(F, G)$ of processes starting from $(0,0)$ such that $F$ is a nonnegative submartingale, $G$ is $\alpha$-subordinate to $F$ and, for some $N,\left(F_{3 N}, G_{3 N}\right)$, takes values in the set $\{(\gamma, 0),(0, \pm \gamma)\}$ with

$$
\left|\mathbb{P}\left(\left(F_{3 N}, G_{3 N}\right)=(\gamma, 0)\right)-\frac{1}{\alpha+2}\right| \leq \varepsilon, \quad\left|\mathbb{P}\left(\left(F_{3 N}, G_{3 N}\right)=(0, \gamma)\right)-\frac{\alpha+1}{2(\alpha+2)}\right| \leq \varepsilon
$$

and $\mathbb{P}\left(\left(F_{3 N}, G_{3 N}\right)=(0, \gamma)\right)=\mathbb{P}\left(\left(F_{3 N}, G_{3 N}\right)=(0,-\gamma)\right)$. Furthermore, if $\alpha=1$, then $G$ can be taken to be a $\pm 1$ transform of $F$, that is, $d F_{n}= \pm d G_{n}$ for any nonnegative integer $n$.

Step 2. Consider the following two-dimensional Markov process $(f, g)$, with a certain initial distribution concentrated on the set $\{(\gamma, 0),(0, \gamma),(0,-\gamma)\}$. To describe the transity function, let $M$ be a (large) nonnegative integer and $\delta \in$ $(0, \gamma / 3)$; both numbers will be specified later. Assume for $k=0,1,2, \ldots, M-1$ and any $\hat{\varepsilon} \in\{-1,1\}$, the conditions below are satisfied.

- The state $(0, \hat{\varepsilon}(\gamma+k(\alpha+1) \delta))$ leads to $(\delta, \hat{\varepsilon}(\gamma+k(\alpha+1) \delta+\alpha \delta))$ with probability 1.
- The state $(\delta, \hat{\varepsilon}(\gamma+k(\alpha+1) \delta+\alpha \delta))$ leads to $(0, \hat{\varepsilon}(\gamma+(k+1)(\alpha+1) \delta))$ with probability $1-\delta / \gamma$ and to $(\gamma, \hat{\varepsilon}(k+1)(\alpha+1) \delta)$ with probability $\delta / \gamma$.
- The state $(\gamma, \hat{\varepsilon}(k+1)(\alpha+1) \delta)$ leads to $(1, \hat{\varepsilon}((k+1)(\alpha+1) \delta+1-\gamma))$ with probability

$$
\frac{(\alpha+1) \delta}{2-2 \gamma+(\alpha+1) \delta}
$$

and to $(\gamma-(\alpha+1) \delta / 2, \hat{\varepsilon}(k+1 / 2)(\alpha+1) \delta)$ with probability

$$
1-\frac{(\alpha+1) \delta}{2-2 \gamma+(\alpha+1) \delta} .
$$

- The state $(\gamma-(\alpha+1) \delta / 2, \hat{\varepsilon}(k+1 / 2)(\alpha+1) \delta)$ leads to $(0, \hat{\varepsilon}(\gamma+k(\alpha+1) \delta))$ with probability $(\alpha+1) \delta /(2 \gamma)$ and to $(\gamma, \hat{\varepsilon} k(\alpha+1) \delta)$ with probability $1-$ $(\alpha+1) \delta /(2 \gamma)$.
- The state $(\gamma, 0)$ leads to $(1,1-\gamma)$ with probability $\gamma$ and to $(0,-\gamma)$ with probability $1-\gamma$.
- The state $(0, \hat{\varepsilon}(\gamma+M(\alpha+1) \delta))$ is absorbing.
- The states lying on the line $x=1$ are absorbing.

It is easy to check that $f$ is a nonnegative submartingale bounded by 1 and $g$ satisfies

$$
\left|d g_{n}\right| \leq\left|d f_{n}\right| \quad \text { and } \quad\left|\mathbb{E}\left(d g_{n} \mid \mathcal{F}_{n-1}\right)\right| \leq \alpha \mathbb{E}\left(d f_{n} \mid \mathcal{F}_{n-1}\right), \quad n=1,2, \ldots
$$

almost surely. Furthermore, if $\alpha=1$, then $g$ is a $\pm 1$ transform of $f: d f_{n}= \pm d g_{n}$ for $n \geq 1$ (note that this fails for $n=0$ ).

Step 3. Let $\left(\mathcal{G}_{n}\right)$ be the natural filtration generated by the process $(f, g)$ and set $K=\gamma+M(1+\alpha) \delta$. Introduce the stopping time

$$
\tau=\inf \left\{k: f_{k}=1 \quad \text { or } \quad g_{k}= \pm K\right\} .
$$

The purpose of this step is to establish a bound for the first moment of $\tau$.
Let $n$ be a nonnegative integer and set $\kappa=4^{-3 \delta M /(2 \gamma)}$. We will prove that

$$
\begin{equation*}
\mathbb{P}\left(\tau \leq n+2 M+1 \mid \mathcal{G}_{n}\right) \geq \kappa \gamma . \tag{4.1}
\end{equation*}
$$

We will need the following estimate

$$
\begin{equation*}
\left(1-\frac{3 \delta}{2 \gamma}\right)^{M} \geq \kappa \tag{4.2}
\end{equation*}
$$

which immediately follows from the facts that the function $h:(0,1 / 2] \rightarrow \mathbb{R}_{+}$given by $h(x)=(1-x)^{1 / x}$ is decreasing and $\delta<\gamma / 3$.

Let $A \neq \emptyset$ be an atom of $\mathcal{G}_{n}$. We will consider three cases.
$1^{\circ}$. If we have $f_{n}=0$ or $f_{n}=\delta$ on $A$, consider the event

$$
A^{\prime}=A \cap\left\{\left|g_{n+k+1}\right| \geq\left|g_{n+k}\right|, k=0,1, \ldots, 2 M-1\right\} .
$$

Clearly, in view of the transity function described above, we have $A^{\prime} \subseteq\left\{\left|g_{n+2 M}\right|=\right.$ $K\} \subseteq\{\tau \leq n+2 M\}$ and
$\mathbb{P}\left(\tau \leq n+2 M+1 \mid \mathcal{G}_{n}\right) \geq \mathbb{P}\left(\tau \leq n+2 M \mid \mathcal{G}_{n}\right) \geq \frac{\mathbb{P}\left(A^{\prime}\right)}{\mathbb{P}(A)} \geq(1-\delta / \gamma)^{M}>\kappa>\kappa \gamma \quad$ on $A$,
in view of (4.2).
$2^{\circ}$. If we have $f_{n}=\gamma$ or $f_{n}=\gamma-(\alpha+1) \delta / 2$ on $A$, consider the event

$$
A^{\prime}=A \cap\left\{\left|g_{n+k+1}\right|<\left|g_{n+k}\right| \quad \text { or } \quad\left(f_{n+k+1}, g_{n+k+1}\right)=(1,1-\gamma), \quad k=0,1, \ldots\right\} .
$$

In other words, $A^{\prime}$ contains those paths of $\left(f_{n+k}, g_{n+k}\right)_{k \geq 0}$, for which $|g|$ decreases to 0 and then, in the next step, $(f, g)$ moves to $(1,1-\gamma)$. It follows from the definition
of the transity function, that, on $A$, it is impossible for $|g|$ to be decreasing $2 M+1$ times in a row; that is to say, we have $f_{n+2 M+1}=1$ on $A^{\prime}$ and hence

$$
\begin{gathered}
\mathbb{P}\left(\tau \leq n+2 M+1 \mid \mathcal{G}_{n}\right) \geq \frac{\mathbb{P}\left(A^{\prime}\right)}{\mathbb{P}(A)} \geq\left[\left(1-\frac{(\alpha+1) \delta}{2 \gamma}\right)\left(1-\frac{(\alpha+1) \delta}{2-2 \gamma+(\alpha+1) \delta}\right)\right]^{M} \gamma \\
=\left(1-\frac{(2 \alpha+1) \delta}{(2+(2 \alpha+1) \delta) \gamma}\right)^{M} \gamma \geq\left(1-\frac{3 \delta}{2 \gamma}\right)^{M} \gamma \geq \kappa \gamma
\end{gathered}
$$

by (4.2).
$3^{\circ}$. Finally, if $f_{n}=1$ on $A$, we have

$$
\mathbb{P}\left(\tau \leq n+2 M+1 \mid \mathcal{G}_{n}\right)=1 \geq \kappa \gamma
$$

Therefore the inequality (4.1) is established. It implies that

$$
\mathbb{P}(\tau>n+2 M+1) \leq(1-\kappa \gamma) \mathbb{P}(\tau>n),
$$

which leads to

$$
\begin{equation*}
\mathbb{E} \tau \leq \frac{2 M+1}{\kappa \gamma}<\frac{2 K}{\kappa \gamma \delta}=\frac{2 K}{\gamma \delta} \cdot 4^{3(K-\gamma) / 2 \gamma(1+\alpha)} \tag{4.3}
\end{equation*}
$$

This implies that $\tau<\infty$ with probability 1 and the pointwise limits $f_{\infty}, g_{\infty}$ exist almost surely.

Step 4. Let us establish an exponential bound for $\mathbb{P}\left(f_{\infty}=0\right)$. We have $\left\{f_{\infty}=\right.$ $0\} \subseteq\left\{g_{\infty} \geq K\right\}$ and $g$ is clearly 1 -subordinate to $f$ (as it is $\alpha$-subordinate to $f$ ). Therefore, we may use Hammack's result (1.4): we have

$$
\begin{equation*}
\mathbb{P}\left(f_{\infty}=0\right) \leq \frac{(8+\sqrt{2}) e}{12} \exp (-K / 4) \tag{4.4}
\end{equation*}
$$

provided $K \geq 4$.
Step 5. Consider a process $\left(u\left(f_{n}, g_{n}\right)\right)_{n}$ and observe the following.

- For $y \geq \gamma$, the function $G(t)=u(t, y-t), t \in[0,1]$, is continuously differentiable and linear on $[0, \gamma]$.
- For $y \geq-\gamma$, the function $G(t)=u(t, y+t), t \in[0,1]$, is continuously differentiable and linear on $[\gamma, 1]$.
- For $y \geq \gamma$, the function $G(t)=u(t, y+\alpha t), t \in[0,1]$, satisfies $G^{\prime}(0+)=0$.
- The function $u$ is locally bounded on $\overline{D_{1} \cup D_{2}}$ and its partial derivatives are bounded on this set.
These four facts, together with symmetry of $u$, imply that there exists a constant $\eta(\delta, K)$ such that $\eta(\delta, K) / \delta \rightarrow 0$ as $\delta \rightarrow 0$ and, for any $n$,

$$
u\left(f_{n+1}, g_{n+1}\right) \geq u\left(f_{n}, g_{n}\right)+u_{x}\left(f_{n}, g_{n}\right) d f_{n+1}+u_{y}\left(f_{n}, g_{n}\right) d g_{n+1}-\eta(\delta, K) \chi_{\{\tau>n\}} .
$$

Both sides of this inequality are integrable: indeed, it suffices to use the fourth property above and the fact that $\left(f_{n}, g_{n}\right)$ is bounded and belongs to $\overline{D_{1} \cup D_{2}}$. Therefore, we may take expectation to obtain

$$
\mathbb{E} u\left(f_{n+1}, g_{n+1}\right) \geq \mathbb{E} u\left(f_{n}, g_{n}\right)-\eta(\delta, K) \mathbb{P}(\tau>n)
$$

This implies

$$
\mathbb{E} u\left(f_{\infty}, g_{\infty}\right) \geq \mathbb{E} u\left(f_{0}, g_{0}\right)-\eta(\delta, K) \mathbb{E} \tau
$$

or

$$
\begin{array}{r}
\mathbb{E}\left|g_{\infty}\right|+\left\{\alpha+\exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(K-\frac{\alpha}{2 \alpha+1}\right)\right] \cdot \frac{1}{2 \alpha+1}\right\} \mathbb{P}\left(f_{\infty}=0\right) \\
\geq \mathbb{E} u\left(f_{0}, g_{0}\right)-\eta(\delta, K) \mathbb{E} \tau
\end{array}
$$

By (4.4), we may fix $K \geq 4$ such that

$$
\left\{\alpha+\exp \left[-\frac{2 \alpha+1}{\alpha+1}\left(K+\frac{\alpha}{2 \alpha+1}\right)\right] \cdot \frac{1}{2 \alpha+1}\right\} \mathbb{P}\left(f_{\infty}=0\right) \leq \varepsilon
$$

Now we specify the numbers $\delta$ and $M$, as promised at the beginning of Step 2 . By (4.3), we may choose $\delta>0$ such that $\eta(\delta, K) \mathbb{E} \tau \leq \varepsilon$ and, clearly, we may also ensure that $M=(K-\gamma) /(1+\alpha) \delta$ is an integer. Thus we obtain

$$
\begin{equation*}
\mathbb{E}\left|g_{\infty}\right| \geq \mathbb{E} u\left(f_{0}, g_{0}\right)-2 \varepsilon \tag{4.5}
\end{equation*}
$$

Step 6. Now we put all the things together. Let $(f, g)=\left(\left(f_{n}, g_{n}\right)\right)_{n \geq 0}$ be a process which coincides with $(F, G)$ from Step 1 for $n \leq 3 N$ and which, for $n>3 N$, conditionally on $\mathcal{F}_{3 N}$, moves according to the transities described in Step 2. We have, by (4.5),

$$
\mathbb{E}\left|g_{\infty}\right| \geq \mathbb{E} u\left(F_{3 N}, G_{3 N}\right)-2 \varepsilon
$$

But, since $u$ is nonnegative (due to (2.3)),

$$
\begin{aligned}
\mathbb{E} u\left(F_{3 N}, G_{3 N}\right) & \geq u(\gamma, 0)\left(\frac{1}{\alpha+2}-\varepsilon\right)+u(0, \gamma)\left(\frac{\alpha+1}{\alpha+2}-\varepsilon\right) \\
& =\frac{(\alpha+1)\left(2 \alpha^{2}+3 \alpha+2\right)}{(2 \alpha+1)(\alpha+2)}-(u(\gamma, 0)+u(0, \gamma)) \varepsilon
\end{aligned}
$$

Since $\varepsilon$ was arbitrary, this implies that the constant in (1.5) is the best possible. This also establishes the sharpness of the estimate (1.6), even in the special case $H \in\{-1,1\}:$ if $\alpha=1$, then the processes $f, g$ constructed above satisfy $\left|d f_{k}\right|=\left|d g_{k}\right|$ for all $k$. The proofs of Theorems 1.1 and 1.2 are complete.

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