## MAXIMAL INEQUALITIES FOR STOCHASTIC INTEGRALS

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ABSTRACT. Let X be a continuous-time martingale and H be a predictable process taking values in [-1,1]. Let Y denote the stochastic integral of H with respect to X. The paper contains the proof of sharp bound for one-sided maximal function of Y by the p-th moment of X. A discrete-time version of this inequality is also established.

### 1. Introduction

Suppose that  $(\Omega, \mathcal{F}, \mathbb{P})$  is a complete probability space, equipped with a nondecreasing right-continuous family  $(\mathcal{F}_t)_{t\geq 0}$  of sub- $\sigma$ -fields of  $\mathcal{F}$ . In addition, assume that  $\mathcal{F}_0$  contains all the events of probability 0. Let  $X=(X_t)_{t\geq 0}$  be an adapted real-valued right-continuous semimartingale with left limits. Let Y be the Itô integral of H with respect to X, that is,

$$Y_t = H_0 X_0 + \int_{(0,t]} H_s dX_s, \quad t \ge 0.$$

Here H is a predictable process with values in [-1,1]. For  $p \in [1,\infty]$ , let  $||X||_p = \sup_{t>0} ||X_t||_p$ . Furthermore, let  $X^* = \sup_{t>0} X_t$  and  $|X|^* = \sup_{t>0} |X_t|$ .

The purpose of this paper is to compare the sizes of X and  $Y^*$ . Let us describe some related results from the literature. In [3], Burkholder invented a method of proving maximal inequalities for martingales and used it to obtain the following sharp estimate.

**Theorem 1.1.** If X is a martingale and Y is as above, then

$$(1.1) ||Y||_1 \le \gamma ||X|^*||_1,$$

where  $\gamma = 2,536...$  is the unique solution of the equation

$$\gamma - 3 = -\exp\left(\frac{1-\gamma}{2}\right).$$

The constant is the best possible.

Then it was shown by the author in [4], then if X is assumed to be a nonnegative supermartingale, then the optimal constant in (1.1) decreases to  $2 + (3e)^{-1} = 2,1226...$  The paper [5] contains the further study in this direction and, in particular, the proof of the following fact.

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**Theorem 1.2.** If X is a martingale and Y is as above, then

$$(1.2) ||Y^*||_1 \le \beta ||X|^*||_1,$$

where  $\beta = 2,0856...$  is the positive solution to the equation

$$2\log\left(\frac{8}{3} - \beta_0\right) = 1 - \beta_0.$$

Furthermore, if X is assumed to be nonnegative, then the optimal constant in (1.2) decreases to 14/9 = 1,5555...

In the present paper we continue this line of research and provide new sharp bounds for the first moment of  $Y^*$ . Let

$$C_p = \begin{cases} \Gamma\left(\frac{2p-1}{p-1}\right)^{1-1/p} & \text{if } 1$$

Here is our main result.

**Theorem 1.3.** Suppose X is a martingale and Y is as above. If  $1 , then (1.3) <math>||Y^*||_1 \le C_p ||X||_p$ .

The constant  $C_p$  is the best possible. Furthermore, for  $p \leq 1$  the inequality does not hold in general with any finite  $C_p$ .

In fact, the emphasis is put on the discrete-time version of the theorem above. Suppose  $(\Omega, \mathcal{F}, \mathbb{P})$  is a probability space, filtered by  $(\mathcal{F}_n)_{n\geq 0}$ . Let  $f=(f_n)_{n\geq 0}$  be an adapted martingale and  $g=(g_n)_{n\geq 0}$  be its transform by a predictable sequence  $v=(v_n)_{n\geq 0}$  bounded in absolute value by 1. That is, we have

$$f_n = \sum_{k=0}^n df_k,$$
  $g_n = \sum_{k=0}^n v_k df_k,$   $n = 0, 1, 2, ...,$ 

and by predictability of v we mean that  $v_0$  is  $\mathcal{F}_0$ -measurable and for any  $k \geq 1$ ,  $v_k$  is measurable with respect to  $\mathcal{F}_{k-1}$ . In the particular case when each  $v_k$  is deterministic and takes values in the set  $\{-1,1\}$ , we will say that g is a  $\pm 1$  transform of f.

Denote  $f_n^* = \max_{k \le n} f_k$  and  $f^* = \sup_k f_k$ . Here is a discrete-time version of Theorem 1.3.

**Theorem 1.4.** Suppose f, g are martingales such that g is a transform of f by a predictable sequence bounded in absolute value by 1. If 1 , then

$$(1.4) ||g^*||_1 \le C_p ||f||_p.$$

For  $p \leq 1$ , the inequality does not hold in general with any finite  $C_p$ .

A few words about the organization of the paper. The proof of our result is based on Burkholder's technique, which exploits properties of certain special functions; the method is described in the next section. Section 3 contains the proof of (1.3) and (1.4) for  $p \in (1,2]$ , while the case  $p \in (2,\infty]$  is postponed to Section 4. The final part of the paper concerns the optimality of the constant  $C_p$ .

# 2. Some reductions and on the method of proof

Using approximation arguments of Bichteler [1], it suffices to focus on the discretetime setting. Now, with no loss of generality, we may assume that in (1.4) we deal with *simple* sequences f and g. By simplicity of f we mean that for any integer n, the random variable  $f_n$  takes only a finite number of values and there exists a deterministic number N such that  $f_N = f_{N+1} = \dots$  with probability 1. Clearly, if f and g are simple, then the almost sure limits  $f_{\infty}$  and  $g_{\infty}$  exist and are finite.

The key reduction is that it suffices to work with  $\pm 1$  transforms only. Recall Lemma A.1 from [2].

**Lemma 2.1.** Let g be the transform of a martingale f by a real-valued predictable sequence v uniformly bounded in absolute value by 1. Then there exist martingales  $F^j = (F_n^j)_{n\geq 0}$  and Borel measurable functions  $\phi_j : [-1,1] \to \{-1,1\}$  such that, for  $j\geq 1$  and  $n\geq 0$ ,

$$f_n = F_{2n+1}^j$$
 and  $g_n = \sum_{j=1}^{\infty} 2^{-j} \phi_j(v_0) G_{2n+1}^j$ ,

where  $G^j$  is the transform of  $F^j$  by  $\varepsilon = (\varepsilon_k)_{k>0}$  with  $\varepsilon_k = (-1)^k$ .

To see how the lemma works in our setting, suppose we have established (1.4) for  $\pm 1$  transforms. Lemma 2.1 gives us the processes  $F^j$  and the functions  $\phi_j$ ,  $j \geq 1$ . For any  $j \geq 1$ , conditionally on  $\mathcal{F}_0$ , the sequence  $\phi_j(v_0)G^j$  is a  $\pm 1$  transform of  $F^j$  and hence we may write

$$||g^*||_1 \le \left\| \sum_{j=1}^{\infty} 2^{-j} \sup_{n} \left( \phi_j(v_0) G_{2n+1}^j \right) \right\|_1$$

$$\le \sum_{j=1}^{\infty} 2^{-j} \left\| \left( \phi_j(v_0) G^j \right)^* \right\|_1$$

$$\le C_p \sum_{j=1}^{\infty} 2^{-j} ||F^j||_p$$

$$= C_p ||f||_p,$$

as needed.

Now we will describe Burkholder's method, introduced in [3], which will be used to establish our results. Let

$$\mathcal{A} = \{(x, y, z) \in \mathbb{R}^3 : y \le z\},\$$

fix a real number C and let  $V: \mathcal{A} \to \mathbb{R}$  be a given function (not necessarily measurable). Suppose we want to show that

$$(2.1) \mathbb{E}V(f_{\infty}, g_{\infty}, g_{\infty}^*) \le C$$

for all simple martingales f, g such that g is a  $\pm 1$  transform of f. The tool to handle this problem is the class  $\mathcal{U}(V,C)$ , which consists of functions  $U:\mathcal{A}\to\mathbb{R}$  satisfying the following three conditions.

1° For any  $\varepsilon \in \{-1,1\}$  and  $(x,y,z) \in \mathcal{A}$  there is a number  $c = c(\varepsilon,x,y,z)$  such that for all  $d \in \mathbb{R}$ ,

$$U(x + \varepsilon d, y + d, (y + d) \lor z) \le U(x, y, z) + cd.$$

 $2^{\circ} U(x,y,z) \geq V(x,y,z)$  for all (x,y,z).

 $3^{\circ} U(x, y, y) \leq C$  for all x, y such that x = |y|.

Sometimes it is convenient to replace 1° with the following equivalent condition (see [3]):

1°' For any  $\varepsilon \in \{-1,1\}$ ,  $(x,y,z) \in \mathcal{A}$  and any simple centered random variable T, we have

$$\mathbb{E}U(x+\varepsilon T, y+T, (y+T)\vee z) \leq U(x,y,z).$$

The relation between the inequality (2.1) and the class  $\mathcal{U}(V,C)$  is described in the following fact.

**Theorem 2.2.** If the class U(V,C) is nonempty, then the inequality (2.1) holds for any simple f, g such that g is a  $\pm 1$  transform of f.

Proof. Take simple f, g such that g is a  $\pm 1$  transform of f. The process  $(U(f_n, g_n, g_n^*))$  is a supermartingale: the inequality  $\mathbb{E}[U(f_n, g_n, g_n^*)|\mathcal{F}_{n-1}] \leq U(f_{n-1}, g_{n-1}, g_{n-1}^*),$   $n \geq 1$ , follows from the conditional form of 1°', with  $x = f_{n-1}, y = g_{n-1}, z = g_{n-1}^*,$   $T = dg_n$  and  $\varepsilon \in \{-1, 1\}$  such that  $dg_n = \varepsilon df_n$ . Consequently, using 2° and then 3°, one gets

$$\mathbb{E}V(f_{\infty}, g_{\infty}, g_{\infty}^*) \leq \mathbb{E}U(f_{\infty}, g_{\infty}, g_{\infty}^*) \leq \mathbb{E}U(f_0, g_0, g_0^*) \leq C. \quad \Box$$

Thus the problem of proving a given martingale inequality (2.1) is reduced to the problem of a construction of a function satisfying  $1^{\circ}$ ,  $2^{\circ}$  and  $3^{\circ}$ .

It turns out that the implication can be reversed. For V as above, consider  $U_0: \mathcal{A} \to \mathbb{R}$  given by

$$U_0(x, y, z) = \sup \mathbb{E}V(f_\infty, g_\infty, g_\infty^* \vee z),$$

where the supremum is taken over the class M(x,y) of all pairs (f,g) of simple martingales such that  $(f_0,g_0)=(x,y)$  and  $dg_n=\pm df_n$  for all  $n\geq 1$  (that is, there is a deterministic  $v=(v_n)_{n\geq 1}$  taking values in  $\{-1,1\}$  such that  $dg_n=v_n df_n$ ,  $n\geq 1$ ).

**Theorem 2.3.** If (2.1) is valid, then the class  $\mathcal{U}(V,C)$  is nonempty and  $U_0$  is its least element.

For the proof, one needs to modify slightly the argumentation used in [3] (see Theorem 2.2 there). This fact will be quite useful in the proof of the optimality of the constants  $C_p$ .

3. The proof of (1.4) for 
$$1$$

We start from defining a function  $\gamma_p:[0,\infty)\to(-\infty,0]$  by

(3.1) 
$$\gamma_p(t) = -\exp(pt^{p-1}) \int_t^{\infty} \exp(-ps^{p-1}) ds.$$

**Lemma 3.1.** The function  $\gamma_p$  is nonincreasing.

*Proof.* The inequality  $\gamma_p'(t) \leq 0$  is equivalent to

$$t^{2-p} \exp(-pt^{p-1}) - p(p-1) \int_{t}^{\infty} \exp(-ps^{p-1}) ds \le 0.$$

It suffices to note that the left-hand side tends to 0 as  $t \to \infty$ , and its derivative equals  $(2-p)t^{1-p}\exp(-pt^{p-1}) \ge 0$ .

Let  $G_p: (-\infty, \gamma_p(0)] \to [0, \infty)$  denote the inverse to the function  $t \mapsto \gamma_p(t) - t$ ,  $t \ge 0$  (by the previous lemma, the function is invertible). We will need the following estimate.

**Lemma 3.2.** We have  $G_pG''_p + (p-2)(G'_p)^2 \le 0$ .

Proof. An easy computation shows that

$$G'_p(x) = (\gamma'_p(G_p(x)) - 1)^{-1} = [p(p-1)G_p(x)^{p-2}(x + G_p(x))]^{-1}$$

and

$$G_p''(x) = -(G_p'(x))^2 \left[ \frac{p-2}{G_p(x)} + p(p-1)G_p(x)^{p-2} + \frac{1}{G_p(x) + x} \right].$$

Therefore the desired inequality reads, after some manipulations,

(3.2) 
$$G_p(x)G_p''(x) + (p-2)(G_p'(x))^2 = -\frac{G_p(x)G_p'(x)(G_p'(x)+1)}{G_p(x)+x} \le 0.$$

We have  $G_p(x) \ge 0$ . Furthermore, as proved in the previous lemma, we have  $\gamma'_p \le 0$ . This implies  $G'_p(x) \le 0$ ,  $G'_p(x) \ge -1$  and  $G_p(x) + x \le 0$ , see the formula for  $G'_p$  above. This establishes (3.2).

Now we are ready to introduce the main object in this section. Let  $U_p: \mathcal{A} \to \mathbb{R}$  be given by

$$U_p(x, y, z) = -\frac{(y - z)^2 - x^2}{2\gamma_p(0)} - \frac{\gamma_p(0)}{2} + y$$

if  $(x, y, z) \in D_1 = \{(x, y, z) \in \mathcal{A} : y - z - |x| \ge \gamma_p(0)\},\$ 

$$U_p(x, y, z) = z + (p-1)G_p(y-z-|x|)^p - p|x|G_p(y-z-|x|)^{p-1}$$

if  $(x, y, z) \in D_2 = \{(x, y, z) \in \mathcal{A} : y - z - |x| < \gamma_p(0) \text{ and } |x| \ge G_p(y - z - |x|)\}$ , and

$$U_p(x, y, z) = z - |x|^p,$$

for  $(x, y, z) \in D_0 = \mathcal{A} \setminus (D_1 \cup D_2)$ .

We will now study the properties of the function  $U_p$ . They will be needed to establish the validity of the conditions  $1^{\circ}$ ,  $2^{\circ}$  and  $3^{\circ}$ .

**Lemma 3.3.** (i) The function  $U_p$  is of class  $C^1$  in the interior of A.

- (ii) For any  $\varepsilon \in \{-1,1\}$  and  $(x,y,z) \in \mathcal{A}$ , the function  $F = F_{\varepsilon,x,y,z} : (-\infty, z y] \to \mathbb{R}$ , given by  $F(t) = U_p(x + \varepsilon t, y + t, z)$ , is concave.
  - (iii) For any  $\varepsilon \in \{-1, 1\}$  and  $x, y, h \in \mathbb{R}$ ,

$$(3.3) U_p(x+\varepsilon t,y+t,(y+t)\vee y) \leq U_p(x,y,y) + \varepsilon U_{px}(x,y,y)t + t.$$

(iv) We have

(3.4) 
$$U_p(x,y,z) \ge z - |x|^p \quad \text{for } (x,y,z) \in \mathcal{A}.$$

(v) We have

(3.5) 
$$\sup U_p(x, y, y) = -\gamma_p(0),$$

where the supremum is taken over all x, y satisfying |x| = |y|.

- *Proof.* (i) This is straightforward:  $U_p$  is of class  $C^1$  in the interior of  $D_0$ ,  $D_1$  and  $D_2$ , so the claim reduces to tedious verification that the partial derivatives  $U_{px}$ ,  $U_{py}$  and  $U_{pz}$  match at the common boundaries of  $D_0$ ,  $D_1$  and  $D_2$ .
- (ii) In view of (i), it suffices to show that  $F''(t) \leq 0$  for those t, for which the second derivative exists. In virtue of the translation property  $F_{\varepsilon,x,y,z}(u) = F_{\varepsilon,x+\varepsilon s,y+s,z}(u-s)$ , valid for all u and s, it suffices to check  $F''(t) \leq 0$  only for t=0. Furthermore, since  $U_{px}(0,y,z)=0$  and  $U_p(x,y,z)=U_p(-x,y,z)$ , we may restrict ourselves to x>0.

If  $\varepsilon = 1$ , then we easily verify that F''(0) = 0 if (x, y, z) lies in the interior  $(D_1 \cup D_2)^o$  of  $D_1 \cup D_2$  and  $F''(0) = -p(p-1)x^{p-2} \le 0$  if  $(x, y, z) \in D_0^o$ . Thus it remains to check the case  $\varepsilon = -1$ . We start from the observation that F''(0) = 0 if (x, y, z) belongs to  $D_1^o$ . If  $(x, y, z) \in D_2^o$ , then

$$F''(0) = 4p(p-1)G_p^{p-3} \left[ G_p G_p'(G_p'+1) + (G_p - x)((p-2)(G_p')^2 + G_p G_p'') \right],$$

where all the functions on the right are evaluated at  $x_0 = y - z - x$ . Since  $y \le z$ , we have  $x \le -x_0$  and, in view of Lemma 3.2,

$$F''(0) \le 4p(p-1)G_p^{p-3}(x_0)[G_p(x_0)G_p'(x_0)(G_p'(x_0)+1) + (G_p(x_0) + x_0)((p-2)(G_p'(x_0))^2 + G_p(x_0)G_p''(x_0))] = 0,$$

where in the latter passage we have used the equality from (3.2). Thus we are done with  $D_2^o$ . Finally, if (x, y, z) belongs to the interior of  $D_0$ , then  $F''(0) = -p(p-1)x^{p-2} \le 0$ .

(iii) We may assume that  $x \geq 0$ , due to the symmetry of the function  $U_p$ . Note that  $U_{py}(x,y-,y)=1$ ; therefore, if  $t\leq 0$ , then the estimate follows from the concavity of  $U_p$  along the lines of slope  $\pm 1$ , established in the previous part. If t>0, then

$$U_p(x + \varepsilon t, y + t, (y + t) \vee y) = U_p(x, y + t, y + t) = y + t + U_p(x + \varepsilon t, 0, 0),$$

and hence we will be done if we show that the function  $s \mapsto U_p(s,0,0)$  is concave on  $[0,\infty)$ . However, its second derivative equals  $1/\gamma_p(0) < 0$  for  $s < \gamma_p(0)$  and

$$p(p-1)G_p^{p-3}(-s)[(G_p(-s)-s)((p-2)(G_p'(-s))^2 + G_p(-s)^{p-2}G_p''(-s))$$

$$+G_p(-s)G_p'(-s)(G_p'(-s)+2)]$$

$$= p(p-1)G_p(-s)^{p-2}G_p'(-s) \le 0$$

for  $s > \gamma_p(0)$ . Here we have used the equality from (3.6), with  $x_0 = -s$ .

(iv) Again, it suffices to deal only with nonnegative x. On the set  $D_0$  both sides of (3.4) are equal. To prove the majorization on  $D_2$ , let  $\Phi(s) = -s^p$  for  $s \ge 0$ . Observe that

$$U_p(x,y,z) = z + \Phi(G_p(y-z-x)) + \Phi'(G_p(y-z-x))(x - G_p(y-z-x)),$$

which, by concavity of  $\Phi$ , is not smaller than  $z + \Phi(x)$ . Finally, the estimate for  $(x, y, z) \in D_1$  is a consequence of the fact that

$$U_{py}(x, y-, z) = \frac{\gamma_p(0) - (y-z)}{\gamma_p(0)} \ge 0,$$

so

$$U_p(x, y, z) - (z - x^p) \ge U_p(x, y_0, z) - (z - x^p) \ge 0.$$

Here  $(x, y_0, z) \in \partial D_2$  and the latter bound follows from the majorization on  $D_2$ , which we have just established.

(v) We have

$$U_p(x, y, y) = U_p(|x|, 0, 0) + y \le U_p(|x|, 0, 0) + |x|.$$

As shown in the proof of (iii),  $s \mapsto U_p(s,0,0)$ ,  $s \ge 0$ , is concave, hence so is the function  $s \mapsto U_p(s,0,0) + s$ ,  $s \ge 0$ . It suffices to note that its derivative vanishes at  $-\gamma_p(0)$ , so the value at this point (which is equal to  $-\gamma_p(0)$ ), is the supremum we are searching for.

Now we are ready to prove the inequality (1.4).

Proof of (1.4). Let f, g be as in the statement. Using standard approximation argument, we may assume that both martingales are simple and that  $||f||_p > 0$ . Let  $V_p : \mathcal{A} \to \mathbb{R}$  be given by  $V_p(x,y,z) = z - |x|^p$ . We shall show that  $U_p$  belongs to the class  $\mathcal{U}(V_p, -\gamma_p(0))$ . By Lemma 3.3 (ii) and (iii),  $U_p$  has the property 1°. The parts (iv) and (v) of this lemma imply the validity of the conditions 2° and 3°, respectively. Thus, applying Theorem 2.2 to the martingales  $f/\lambda$ ,  $g/\lambda$ , where  $\lambda > 0$  is fixed, yields

$$\mathbb{E}g_{\infty}^* \le \lambda^{1-p} \mathbb{E}|f_{\infty}|^p - \lambda \gamma_p(0).$$

Now the choice

$$\lambda = \left(-\frac{p-1}{\gamma_p(0)}\right)^{1/p} ||f||_p$$

gives (1.4).

Sharpness. As shown by Peskir [6], the following Doob-type bound

$$||B_{\tau}^*||_1 \le \Gamma \left(\frac{2p-1}{p-1}\right)^{1-1/p} ||B_{\tau}||_p, \quad 1$$

is sharp. Here B is a Brownian motion (not necessarily starting from 0) and  $\tau$  is a stopping time of B satisfying  $\tau \in L^{p/2}$ . In consequence, the estimate (1.4) is also sharp, even if X = Y.

It remains to show that the inequality (1.4) fails to hold for  $p \leq 1$ . This is due to the fact that  $C_p \to \infty$  as  $p \to 1+$ . Indeed, if the estimate was valid for some  $p \leq 1$  and  $C_p < \infty$ , then for any p' > 1 we would have  $||g^*||_1 \leq C_p ||f||_{p'}$ ; this cannot be true if p' is sufficiently close to 1.

4. The proof of (1.4) for 
$$p > 2$$

Suppose that p is finite. Let  $\gamma_p:[0,\infty)\to(-\infty,0)$  be given by

$$\gamma_p(t) = \exp(-pt^{p-1}) \left[ -\int_{p^{-1/(p-1)}}^t \exp(ps^{p-1}) ds - p^{-1/(p-1)} e \right]$$
$$= -t + p(p-1) \exp(-pt^{p-1}) \int_{p^{-1/(p-1)}}^t s^{p-1} \exp(ps^{p-1}) ds$$

if  $t > p^{-1/(p-1)}$ , and

$$\gamma_p(t) = (p-2)(t-p^{-1/(p-1)}) - p^{-1/(p-1)}$$

if  $t \in [0, p^{-1/(p-1)}]$ . We start with the following straightforward fact.

**Lemma 4.1.** The function  $\gamma_p$  is of class  $C^1$  and nondecreasing.

*Proof.* The first assertion can be verified easily. To prove the second one, note that it suffices to show  $\gamma'_p(t) \geq 0$  for  $t \geq p^{-1/(p-1)}$ . Equivalently,  $\gamma'_p(t) \geq 0$  reads

$$t^{2-p}\exp(pt^{p-1}) - p(p-1)\int_{p^{-1/(p-1)}}^t \exp(ps^{p-1})ds - p^{(p-2)/(p-1)}(p-1)e \le 0.$$

However, the inequality is true for  $t = p^{-1/(p-1)}$  and the derivative of the left-hand side equals  $(2-p)t^{1-p}\exp(pt^{p-1}) \leq 0$ . This completes the proof.

Let  $G_p:[0,\infty)\to [p^{-1/(p-1)},\infty)$  be the inverse to the function  $t\mapsto \gamma_p(t)+t,\,t\geq p^{-1/(p-1)}$  (the function is invertible, by the previous fact). We have the following version of Lemma 3.2.

**Lemma 4.2.** We have  $G_pG''_p + (p-2)(G'_p)^2 \ge 0$ .

*Proof.* It can be verified that

(4.1) 
$$G_p(x)G_p''(x) + (p-2)(G_p'(x))^2 = \frac{G_p(x)G_p'(x)(G_p'(x)-1)}{x - G_p(x)},$$

and this is nonnegative: it follows from the very definition of  $G_p$  that  $G_p(x) \ge 0$ ,  $G_p'(x) \ge 0$  and  $G_p'(x) \le 1$ ,  $x - G_p(x) < 0$ .

Let  $H_p: \mathbb{R}^2 \to \mathbb{R}$  be given by

$$H_p(x,y) = (p-1)^{1-p}(-(p-1)|x| + |y|)(|x| + |y|)^{p-1}$$

and introduce  $U_p: \mathcal{A} \to \mathbb{R}$  by

$$U_p(x, y, z) = z + H(x, y - z + (p - 1)p^{-1/(p-1)})$$

if 
$$(x, y, z) \in D_1 = \{(x, y, z) \in \mathcal{A} : y - z \ge \gamma_p(x), x + y - z \le 0\},\$$

$$U_p(x, y, z) = z + (p-1)G_p(|x| + y - z)^p - p|x|G_p(|x| + y - z)^{p-1}$$

if 
$$(x, y, z) \in D_2 = \{(x, y, z) \in A : y - z \ge \gamma_p(x), x + y - z > 0\}$$
, and

$$U_p(x, y, z) = z - |x|^p$$

if  $(x, y, z) \in D_0 = \mathcal{A} \setminus (D_1 \cup D_2)$ .

Here is the analogue of Lemma 3.3.

**Lemma 4.3.** (i) The function  $U_p$  is of class  $C^1$ .

- (ii) For any  $\varepsilon \in \{-1,1\}$  and  $(x,y,z) \in \mathcal{A}$ , the function  $F = F_{\varepsilon,x,y,z} : (-\infty, z y] \to \mathbb{R}$ , given by  $F(t) = U_p(x + \varepsilon t, y + t, z)$ , is concave.
  - (iii) For any  $\varepsilon \in \{-1, 1\}$  and  $x, y, h \in \mathbb{R}$ ,

$$(4.2) U_p(x+\varepsilon t,y+t,(y+t)\vee y) \le U_p(x,y,y) + \varepsilon U_{px}(x,y,y)t + t.$$

(iv) We have

$$(4.3) U_p(x,y,z) \ge z - |x|^p \quad for \ (x,y,z) \in \mathcal{A}.$$

(v) We have

(4.4) 
$$M_p = \sup U_p(x, y, y) = \frac{p-1}{p^{p/(p-1)}} \left[ 2^{p/(p-1)} - \frac{p}{p-1} \int_1^2 s^{1/(p-1)} e^{s-2} ds \right],$$

where the supremum is taken over all x, y satisfying |x| = |y|.

*Proof.* (i) Straightforward.

(ii) We proceed as in the proof of part (ii) in Lemma 3.3 and check  $F''(0) \leq 0$  for x > 0 and (x, y, z) lying in the interior of some  $D_i$ .

If  $\varepsilon=1$ , there is nothing to check: we have F''(0)=0 if  $(x,y,z)\in (D_1\cup D_2)^o$  or  $F''(0)=-p(p-1)x^{p-2}\leq 0$  if  $(x,y,z)\in D_0^o$ . It remains to verify the case  $\varepsilon=-1$ . If (x,y,z) belongs to the interior of  $D_1$ , then  $F''(0)\leq 0$ ; this follows from the fact that for any  $(x',y')\in \mathbb{R}^2$ , the function  $t\mapsto H_p(x'+t,y'-t)$  is concave, see page 17 in [2]. If  $(x,y,z)\in D_0^o$ , then

$$F''(0) = 4p(p-1)G_p^{p-3} \left[ G_p G_p' (G_p' - 1) + (G_p - x)((p-2)(G_p')^2 + G_p G_p'') \right],$$

where all the functions on the right are evaluated at  $x_0 = x + y - z$ . We have  $y \le z$ , so  $x \le x_0$  and, by Lemma 4.2,

$$F''(0) \le 4p(p-1)G_p^{p-3}(x_0)[G_p(x_0)G_p'(x_0)(G_p'(x_0)-1) + (G_p(x_0)-x_0)((p-2)(G_p'(x_0))^2 + G_p(x_0)G_p''(x_0))] = 0.$$

where we have used the equality from (4.1). Finally, if (x, y, z) belongs to the interior of  $D_0$ , then  $F''(0) = -p(p-1)x^{p-2} \le 0$ .

(iii) We have  $U_{py}(x,y-,y)=1$  and  $U_p(x,y,y)=y+U_p(x,0,0)$ . Therefore, arguing as in the proof of Lemma 3.3, we see that it suffices to show that the function  $s\mapsto U_p(s,0,0),\ s>0$ , is concave. However, its second derivative at s equals

$$-p(p-1)G_p^{p-2}(s)G_p'(s) \le 0$$

and we are done.

- (iv) The majorization can be proved in the same manner as in the Lemma 3.3, using the concave function  $\Phi(s) = -s^p$ ,  $s \ge 0$ . The details are left to the reader.
  - (v) Observe that

$$U_p(x, y, y) = y + U_p(|x|, 0, 0) \le |x| + U_p(|x|, 0, 0).$$

Denoting the right-hand side by  $\Psi(|x|)$ , we have that  $\Psi$  is concave on  $(0, \infty)$  (see the proof of (iii)) and

$$\Psi'(t) = p(p-1)G'_p(t)G_p(t)^{p-2}(G_p(t)-t) - pG_p(t)^{p-1} + 1 = -pG_p(t)^{p-1} + 2.$$

Therefore  $\Psi$  attains its maximum at the point  $t_0$  satisfying  $G_p(t_0) = (2/p)^{1/(p-1)}$ , or

(4.6) 
$$t_0 = \gamma_p((2/p)^{1/(p-1)}) + (2/p)^{1/(p-1)}$$
$$= p(p-1)e^{-2} \int_{p^{-1/(p-1)}}^{(p/2)^{-1/(p-1)}} s^{p-1} \exp(ps^{p-1}) ds$$
$$= p^{-1/(p-1)} \int_1^2 s^{1/(p-1)} e^{s-2} ds$$

and, as one easily checks, the maximum is equal to  $M_p$ . This completes the proof.

Proof of the inequality (1.4). It suffices to establish the estimate for finite p, as  $\lim_{p\to\infty} C_p = C_\infty$ . We proceed as in the proof of (1.4). By Lemma 4.3, the

function  $U_p$  belongs to the class  $U_p \in \mathcal{U}(V_p, M_p)$ , where  $V_p(x, y, z) = z - |x|^p$ . Therefore, by Theorem 2.2, for any  $\lambda > 0$ ,

$$||g^*||_1 \le \lambda^{1-p} ||f||_p^p + \lambda M_p,$$

and taking  $\lambda = (p-1)^{1/p} M_p^{-1/p} ||f||_p$  gives (1.4).

### 5. Sharpness

The case  $p < \infty$ . We have, by Young's inequality,

$$c||f||_p \le ||f||_p^p + p^{-p/(p-1)}(p-1)c^{p/(p-1)},$$

so if (1.4) held with some  $c < C_p$ , then we would have

$$(5.1) ||g^*||_1 \le ||f||_p^p + C$$

for some  $C < p^{-p/(p-1)}(p-1)C_p^{p/(p-1)} = M_p$ . Therefore it suffices to show that the smallest C, for which (5.1) is valid, equals  $M_p$ .

Suppose then, that (5.1) holds with some universal C, and let us use Theorem 2.3, with  $V = V_p$  given by  $V_p(x, y, z) = z - |x|^p$ . As a result, we obtain a function  $U_0$  satisfying 1°, 2° and 3°. Observe that for any  $(x, y, z) \in \mathcal{A}$  and  $t \in \mathbb{R}$ ,

(5.2) 
$$U_0(x, y, z) = t + U_0(x, y - t, z - t).$$

This is a consequence of the fact that the function  $V_p$  also has this property, and the very definition of  $U_0$ .

Now it is convenient to split the proof into a few intermediate parts.

Step 1. First we will show that for any y,

(5.3) 
$$U_0(0,y,y) \ge y + (p-1)p^{-p/(p-1)} = U_p(0,y,y).$$

In view of (5.2), it suffices to prove this for y=0. Let  $d=p^{-1/(p-1)}$  and  $\delta>0$ . Applying 1° to  $\varepsilon=-1, x=y=z=0$  and a mean-zero T taking values  $\delta$  and -d, we obtain

$$U_0(0,0,0) \ge \frac{d}{d+\delta} U_0(-\delta,\delta,\delta) + \frac{\delta}{d+\delta} U_0(d,-d,0).$$

By (5.2),  $U_0(-\delta, \delta, \delta) = \delta + U_0(-\delta, 0, 0)$ . Furthermore, by  $2^{\circ}$ ,  $U_0(d, -d, 0) \ge -d^p$ , so the above estimate yields

(5.4) 
$$U_0(0,0,0) \ge \frac{d}{d+\delta} (\delta + U_0(-\delta,0,0)) - \frac{\delta}{d+\delta} |d|^p.$$

Similarly, one uses the property 1° and then 2°, and gets

$$U_{0}(-\delta, 0, 0) \ge \frac{d}{d+\delta} U_{0}(0, \delta, \delta) + \frac{\delta}{d+\delta} U_{0}(-d-\delta, -d, 0)$$
  
 
$$\ge \frac{d}{d+\delta} (\delta + U_{0}(0, 0, 0)) - \frac{\delta}{d+\delta} (d+\delta)^{p}.$$

Combining this with (5.4), subtracting  $U_0(0,0,0)$  from both sides of the obtained estimate, dividing throughout by  $\delta$  and letting  $\delta \to 0$  leads to  $U_0(0,0,0) \ge d - d^p = U_p(0,0,0)$ , which is what we need.

In consequence, by the definition of  $U_0$ , for any  $y \in \mathbb{R}$  and  $\kappa > 0$  there is a pair  $(f^{\kappa,y}, g^{\kappa,y}) \in M(0,y)$  satisfying

$$(5.5) U_p(0,y,y) \le V_p(f_{\infty}^{\kappa,y}, g_{\infty}^{\kappa,y}, (g_{\infty}^{\kappa,y})^*) + \kappa.$$

Step 2. Let N be a positive integer and let  $\delta = t_0/N$ , where  $t_0$  is given by (4.6). We will need the following auxiliary fact.

**Lemma 5.1.** There is a universal R such that the following holds. If  $x \in [\delta, t_0]$ ,  $y \in \mathbb{R}$  and T is a centered random variable taking values in  $[\gamma_p(G_p(x)), \delta]$ , then

$$(5.6) \mathbb{E}U_p(x-T,y+T,(y+T)\vee y) \le U_p(x,y,y) + R\delta^2.$$

*Proof.* We start from the observation that for any fixed  $x \in [\delta, t_0]$  and  $y \in \mathbb{R}$ , if  $t \in [-\gamma_p(G_p(x)), 0]$ ,

$$U_p(x-t, y+t, y) = U_p(x, y, y) - U_{px}(x, y, y)t + t.$$

For  $t \in (0, \delta]$ , by the concavity of  $s \mapsto U_n(s, 0, 0)$ ,

$$U_p(x-t, y+t, y+t) = y+t + U_p(x-t, 0, 0)$$

$$\geq y+t + U_p(x, 0, 0) - U_{px}(x, 0, 0)t - R\delta^2$$

$$= U_p(x, y, y) - U_{px}(x, y, y)t + t - R\delta^2.$$

Here, for example, one may take  $R = -\inf_{x \in [0,t_0]} U_{pxx}(x,0,0)$ , which is finite: see (4.5). The inequality (5.6) follows immediately from the two above estimates.  $\square$ 

Now consider a martingale  $f=(f_n)_{n=1}^N$ , starting from  $t_0$ , which satisfies the following condition: if  $0 \le n \le N-1$ , then on the set  $\{f_n=t-n\delta\}$ , the difference  $df_{n+1}$  takes values  $-\delta$  and  $-\gamma_p(G_p(f_n(\omega)))$ ; on the compliment of this set,  $df_{n+1} \equiv 0$ . Let g be a  $\pm 1$  transform of f, given by  $g_0=f_0$  and  $dg_n=-df_n, n=1, 2, \ldots, N$ . The key fact about the pair (f,g) is that

$$(5.7) \quad \mathbb{E}U_p(f_n, g_n, g_n^*) \le \mathbb{E}U_p(f_{n+1}, g_{n+1}, g_{n+1}^*) + R\delta^2, \quad n = 0, 1, 2, \dots, N - 1.$$

This is an immediate consequence of Lemma 5.1 (applied conditionally with respect to  $\mathcal{F}_n$ ) and the fact that  $U_p(f_n, g_n, g_n^*) \neq U_p(f_{n+1}, g_{n+1}, g_{n+1}^*)$  if and only if  $f_n = t - n\delta$ , or  $g_n = t + n\delta = g_n^*$ .

The next property of the pair (f,g) is that if  $f_N \neq 0$ , then  $U_p(f_N,g_N,g_N^*) = V_p(f_N,g_N,g_N^*)$ . Indeed,  $f_N \neq 0$  implies  $df_n > 0$  for some  $n \geq 1$  and then, by the construction,

$$g_N^* - g_N = g_n^* - g_n = -dg_n = df_n = \gamma_p(f_n) = \gamma_p(f_N).$$

Thus we may write

$$M_p = U_p(t_0, t_0, t_0)$$

(5.8) 
$$\leq \mathbb{E}U_p(f_N, g_N, g_N^*) + RN\delta^2$$

$$= \mathbb{E}V_p(f_N, g_N, g_N^*) 1_{\{f_N \neq 0\}} + U_p(0, 2t_0, 2t_0) \mathbb{P}(f_N = 0) + RN\delta^2,$$

since  $g_N = g_N^* = 2t_0$  on  $\{f_N = 0\}$ .

Step 3. Now let us extend the pair (f,g) as follows. Fix  $\kappa > 0$  and put  $f_N = f_{N+1} = f_{N+2} = \dots$  and  $g_N = g_{N+1} = g_{N+2} = \dots$  on  $\{f_N \neq 0\}$ , while on  $\{f_N = 0\}$ , let the conditional distribution of  $(f_n, g_n)_{n \geq N}$  with respect to  $\{f_N = 0\}$  be that of the pair  $(f^{\kappa,2t_0}, g^{\kappa,2t_0})$ , obtained at the end of Step 1. The process (f,g) we get consists of simple martingales and, by (5.5) and (5.8), we have

$$M_p \le \mathbb{E}V_p(f_\infty, g_\infty, g_\infty^*) + RN\delta^2 + \kappa \mathbb{P}(f_N = 0).$$

Now it suffices to note that choosing N sufficiently large and  $\kappa$  sufficiently small, we can make the expression  $RN\delta^2 + \kappa \mathbb{P}(f_N = 0)$  arbitrarily small. This shows that  $M_p$  is indeed the smallest C which is allowed in (5.1).

The case  $p = \infty$ . We may assume that  $||X||_{\infty} = 1$ . The proof will be entirely based on the following version of Theorem 2.3.

**Theorem 5.2.** Let  $U_0: \{(x,y,z): |x| \leq 1, y \leq z\} \to \mathbb{R}$  be given by  $U_0(x,y,z) = \mathbb{E}q_{\infty}^* \lor z,$ 

where the supremum is taken over the class of all pairs  $(f,g) \in M(x,y)$  such that  $||f||_{\infty} \leq 1$ . Then  $U_0$  enjoys the following properties.

1° For any  $\varepsilon \in \{-1,1\}$ ,  $x \in [-1,1]$ ,  $y \leq z$  and any simple centered random variable T satisfying  $|x + \varepsilon T| \leq 1$ , we have

$$\mathbb{E}U_0(x+\varepsilon T,y+T,(y+T)\vee z)\leq U_0(x,y,z).$$

 $2^{\circ} U_0(x,y,z) \geq z$  for all (x,y,z) from the domain of  $U_0$ .

$$\mathcal{F}(x,y,y) \leq C_{\infty} \text{ for all } x, y \text{ such that } |x| = |y| \in [-1,1].$$

For the proof, modify the argumentation from [3]. Note that the function  $U_0$  satisfies (5.2) (with obvious restriction to x lying in [-1,1]).

Now we turn to the optimality of the constant  $C_{\infty}$ . First we will show that

$$(5.9) U_0(0,0,0) \ge 1.$$

To prove this, take  $\delta \in (0,1)$  and use 1° to obtain

$$U_0(0,0,0) \ge \frac{1}{1+\delta} U_0(\delta,\delta,\delta) + \frac{\delta}{1+\delta} U_0(-1,-1,0).$$

We have  $U_0(-1,-1,0) \ge 0$  by  $2^{\circ}$ , and  $U_0(\delta,\delta,\delta) = \delta + U(\delta,0,0)$  by (5.2). Thus we have

(5.10) 
$$U_0(0,0,0) \ge \frac{\delta + U_0(\delta,0,0)}{1+\delta}.$$

Similarly, using 1° and then 2°,

$$U(\delta, 0, 0) \ge (1 - \delta)U_0(0, \delta, \delta) + \delta U_0(1, \delta - 1, 0) \ge (1 - \delta)[\delta + U_0(0, 0, 0)].$$

Plug this into (5.10), subtract  $U_0(0,0,0)$  from both sides, divide throughout by  $\delta$  and let  $\delta \to 0$ . As a result, one gets (5.9).

Now fix a positive integer N and set  $\delta = (1 - e^{-1})/N$ . For any k = 1, 2, ..., N, we have, by 1°, 2° and (5.2),

$$U_{0}(k\delta, 0, 0) \geq \frac{\delta}{1 - k\delta + \delta} U_{0}(1, k\delta - 1, 0) + \frac{1 - k\delta}{1 - k\delta + \delta} U_{0}((k - 1)\delta, \delta, \delta)$$
$$\geq \frac{1 - k\delta}{1 - k\delta + \delta} [\delta + U_{0}((k - 1)\delta, 0, 0)],$$

or, equivalently,

$$\frac{U_0(k\delta, 0, 0)}{1 - k\delta} \ge \frac{U_0((k - 1)\delta, 0, 0)}{1 - (k - 1)\delta} + \frac{\delta}{1 - (k - 1)\delta}.$$

It follows by induction that

$$eU_0(1-e^{-1},0,0) = \frac{U_0(N\delta,0,0)}{1-N\delta} \ge U_0(0,0,0) + \sum_{k=1}^N \frac{\delta}{1-(k-1)\delta}.$$

Letting  $N \to \infty$  and using (5.9), we arrive at

$$eU_0(1-e^{-1},0,0) \ge 1 + \int_0^{1-e^{-1}} \frac{dx}{1-x} = 2,$$

and hence, by (5.2),

$$U_0(1 - e^{-1}, 1 - e^{-1}, 1 - e^{-1}) = 1 - e^{-1} + U_0(1 - e^{-1}, 0, 0) \ge 1 + e^{-1}.$$

It suffices to apply  $3^{\circ}$  to complete the proof.

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