# INEQUALITIES FOR MARTINGALES TAKING VALUES IN 2-CONVEX BANACH SPACES 

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#### Abstract

We study sharp square function inequalities for martingales taking values in a 2 -convex Banach space $\mathbb{B}$. We show that an appropriate weak-type bound holds true if and only if $\mathbb{B}$ is isometric to a Hilbert space.


## 1. Introduction

As evidenced in numerous papers, martingale theory is a convenient tool in the investigation of the structure and the geometry of Banach spaces. See e.g. [2], [3], [6], [7], [9], [10] and references therein. The purpose of this paper is to establish a novel characterization of Hilbert spaces in terms of a certain square function inequality.

We start with introducing the necessary background and notation. Assume that $(\mathbb{B},\|\cdot\|)$ is a real or complex Banach space and let $(\Omega, \mathcal{F}, \mathbb{P})$ be a probability space, equipped with $\left(\mathcal{F}_{n}\right)_{n \geq 0}$, a nondecreasing sequence of sub- $\sigma$-algebras of $\mathcal{F}$. Let $f=\left(f_{n}\right)_{n \geq 0}$ be an adapted martingale taking values in $\mathbb{B}$, with the corresponding difference sequence $d=\left(d_{n}\right)_{n \geq 0}$ given by $d_{0}=f_{0}$ and $d_{n}=f_{n}-f_{n-1}$ for $n \geq 1$. We say that $f$ is conditionally symmetric if for each $n \geq 1$, the conditional distributions of $d_{n}$ and $-d_{n}$ given $\mathcal{F}_{n-1}$ coincide. Such martingales arise naturally in several contexts. We will only mention here one important example, related to the Haar system $h=\left(h_{n}\right)_{n \geq 0}$ on $[0,1]$. Suppose that the probability space is the interval $[0,1]$ equipped with its Borel subsets and Lebesgue measure, and let $\left(\mathcal{F}_{n}\right)_{n \geq 0}$ be the natural filtration of $h$. Then for any coefficients $a_{0}, a_{1}, a_{2}, \ldots$ from $\mathbb{B}$, the sequence $\left(\sum_{k=0}^{n} a_{k} h_{k}\right)_{n \geq 0}$ forms a martingale. Such a process is called a dyadic martingale or Paley-Walsh martingale, and it is easy to see that it is conditionally symmetric.

We define the square function $S(f)$ associated to $f$ by $S(f)=\left(\sum_{n=0}^{\infty}\left\|d_{n}\right\|^{2}\right)^{1 / 2}$ and, throughout, use the notation $S_{N}(f)=\left(\sum_{n=0}^{N}\left\|d_{n}\right\|^{2}\right)^{1 / 2}$ for $N=0,1,2, \ldots$

We will be mainly interested in the weak-type $(1,1)$ inequality

$$
\begin{equation*}
\mathbb{P}(S(f) \geq 1) \leq \beta\|f\|_{1} \tag{1.1}
\end{equation*}
$$

under the assumption that $f$ is conditionally symmetric. Here $\|f\|_{1}=\sup _{n \geq 0}\left\|f_{n}\right\|_{1}$ is the first norm of $f$. There is a natural question about the class of those Banach spaces $\mathbb{B}$, for which the inequality (1.1) holds true with some absolute $\beta$. It follows from the results of [4] and [10] ([5] is also a convenient reference) that this class

[^0]coincides with the class of 2 -convex spaces. Recall that a Banach space $\mathbb{B}$ is 2convex, if it can be renormed so that for all $x, y \in \mathbb{B}$,
$$
\|x+y\|^{2}+\|x-y\|^{2} \geq 2\|x\|^{2}+2 \kappa\|y\|^{2}
$$
for some universal positive $\kappa$ (cf. [10]). For instance, one can easily show that $L_{p}([0,1])$ is 2-convex if and only if $1 \leq p \leq 2$. What can be said about the optimal (i.e., the least) value $\beta(\mathbb{B})$ of the constant $\beta$ in (1.1)? [1] proved that
$$
\beta(\mathbb{R}) \leq e^{-1 / 2}+\int_{0}^{1} e^{-t^{2} / 2} \mathrm{~d} t=1.4622 \ldots
$$
and [8] showed that actually we have equality here. We will strengthen this result as follows.

Theorem 1.1. If $\mathbb{B}$ is a Hilbert space, then $\beta(\mathbb{B})=\beta(\mathbb{R})$.
It should be pointed out here that this passage from real to Hilbert-space-valued setting is absolutely not automatic. There are several basic inequalities for square functions of conditionally symmetric martingales, for which the constants in the one- and higher-dimensional settings differ. See [11] for a careful analysis of this phenomenon.

Our second result is the converse to Theorem 1.1.
Theorem 1.2. If $\mathbb{B}$ is a Banach space which is not isometric to a Hilbert space, then there is a dyadic martingale $f$ such that $\mathbb{P}(S(f) \geq 1)>\beta(\mathbb{R})\|f\|_{1}$.

The two above theorems yield the following characterization: a Banach space $\mathbb{B}$ is a Hilbert space if and only if $\beta(\mathbb{B})=\beta(\mathbb{R})$.

We have organized this note as follows. Theorem 1.1 is established in the next section. Section 3 is devoted to the proof of Theorem 1.2.

## 2. Sharp inequality for Hilbert-Space-valued martingales

We start by defining $\varphi: \mathbb{R} \rightarrow \mathbb{R}$ by the formula

$$
\varphi(s)=e^{-s^{2} / 2}+s \int_{0}^{s} e^{-t^{2} / 2} \mathrm{~d} t
$$

Note that $\varphi(1)=\beta(\mathbb{R})=1.4622 \ldots$. Furthermore, we easily check that

$$
\begin{equation*}
\varphi(s)=s \varphi^{\prime}(s)+\varphi^{\prime \prime}(s) \quad \text { for } s \in \mathbb{R} \tag{2.1}
\end{equation*}
$$

Introduce $U: \mathbb{R} \times[0, \infty) \rightarrow \mathbb{R}$ by

$$
U(x, y)= \begin{cases}1-\sqrt{1-y^{2}} \varphi\left(\frac{|x|}{\sqrt{1-y^{2}}}\right) & \text { if } x^{2}+y^{2} \leq 1 \\ 1-\varphi(1)|x| & \text { if } x^{2}+y^{2}>1\end{cases}
$$

The function $U$ appears, in a slightly different form, in [1]. One can extract from that paper (see pages 381 and 382 there) that $U$ has the following property: if $x, d$ are real numbers and $y \geq 0$, then

$$
\begin{equation*}
U\left(x+d, \sqrt{y^{2}+d^{2}}\right)+U\left(x-d, \sqrt{y^{2}+d^{2}}\right) \leq 2 U(x, y) \tag{2.2}
\end{equation*}
$$

Furthermore, we easily check that

$$
\begin{equation*}
1-\varphi(1)|x| \geq U(x, y) \geq 1_{\left\{x^{2}+y^{2} \geq 1\right\}}-\varphi(1)|x| \tag{2.3}
\end{equation*}
$$

Indeed, if $x^{2}+y^{2} \geq 1$, then we have equality throughout; if $x^{2}+y^{2}<1$, the inequality can be rewritten in the form

$$
\frac{1}{\sqrt{1-y^{2}}} \geq \varphi\left(\frac{|x|}{\sqrt{1-y^{2}}}\right)-\frac{\varphi(1)|x|}{\sqrt{1-y^{2}}} \geq 0
$$

However, the function $s \mapsto \varphi(s)-\varphi(1) s$ is decreasing on $[0,1]$ : its derivative equals $-\int_{s}^{1} e^{-t^{2} / 2} \mathrm{~d} t-e^{-1 / 2}$. Consequently,

$$
\frac{1}{\sqrt{1-y^{2}}} \geq 1=\varphi(0) \geq \varphi\left(\frac{|x|}{\sqrt{1-y^{2}}}\right)-\frac{\varphi(1)|x|}{\sqrt{1-y^{2}}} \geq \varphi(1)-\varphi(1)=0
$$

The key ingredient of the proof is the following vector-valued version of (2.2).
Lemma 2.1. Suppose that $\mathbb{B}$ is a Hilbert space. Pick $x, d \in \mathbb{B}$ and $y \geq 0$. Then

$$
\begin{equation*}
U\left(\|x+d\|, \sqrt{y^{2}+\|d\|^{2}}\right)+U\left(\|x-d\|, \sqrt{y^{2}+\|d\|^{2}}\right) \leq 2 U(\|x\|, y) . \tag{2.4}
\end{equation*}
$$

Proof. It is convenient to split the reasoning into a few parts.
Step 1. Assume that $\|x\|^{2}+y^{2} \geq 1$. Using the left bound in (2.3), we may write

$$
\begin{aligned}
& U\left(\|x+d\|, \sqrt{y^{2}+\|d\|^{2}}\right)+U\left(\|x-d\|, \sqrt{y^{2}+\|d\|^{2}}\right) \\
& \quad \leq 2-\varphi(1)[\|x+d\|+\|x-d\|] \leq 2-2 \varphi(1)\|x\|=2 U(\|x\|, y) .
\end{aligned}
$$

Step 2. Now, assume that $\|x\|^{2}+y^{2}<1$ and $\|x \pm d\|^{2}+y^{2}+\|d\|^{2}<1$. The left-hand side of (2.4) can be rewritten in the form $F(2 \Re\langle x, d\rangle)$, where

$$
F(s)=U\left(\sqrt{A+s}, \sqrt{y^{2}+\|d\|^{2}}\right)+U\left(\sqrt{A-s}, \sqrt{y^{2}+\|d\|^{2}}\right)
$$

and $A=\|x\|^{2}+\|d\|^{2}$. The function $F$ is nondecreasing on $[0,2\|x\| \cdot\|d\|]$; to see this, take $s>0$ and compute that

$$
F^{\prime}(s)=\frac{U_{x}\left(\sqrt{A+s}, \sqrt{y^{2}+\|d\|^{2}}\right)}{2 \sqrt{A+s}}-\frac{U_{x}\left(\sqrt{A-s}, \sqrt{y^{2}+\|d\|^{2}}\right)}{2 \sqrt{A-s}}
$$

Now, we have $F^{\prime}(0)=0$; in addition, if $u, v$ are positive numbers satisfying $u^{2}+v^{2}<$ 1 , and we denote the ratio $u / \sqrt{1-v^{2}}$ by $z$, then

$$
\begin{aligned}
\frac{\mathrm{d}}{\mathrm{~d} u}\left(U_{x}(u, v) / u\right) & =\left(u U_{x x}(u, v)-U_{x}(u, v)\right) u^{-2} \\
& =\left(-z \varphi^{\prime \prime}(z)+\varphi^{\prime}(z)\right) u^{-2}=\left(\int_{0}^{z} e^{-t^{2} / 2} \mathrm{~d} t-z e^{-z^{2} / 2}\right) u^{-2} \geq 0
\end{aligned}
$$

since $t \mapsto e^{-t^{2} / 2}$ is nonincreasing. This shows that $F^{\prime}(s)>0$ for positive $s$. Furthermore, $F$ is even; thus, it suffices to prove (2.4) for $\mathfrak{R}\langle x, d\rangle= \pm\|x\| \cdot\|d\|$, i.e. in the case when $x$ and $d$ are linearly dependent. This follows immediately from the real-valued version (2.2).

Step 3. Next, suppose that $\|x\|^{2}+y^{2}<1$ and that exactly one of the inequalities

$$
\|x-d\|^{2}+y^{2}+\|d\|^{2} \geq 1, \quad\|x+d\|^{2}+y^{2}+\|d\|^{2} \geq 1
$$

holds true. We may assume that the first of them is true, replacing $x$ by $-x$ if necessary. Furthermore, we may assume that $y=0$ : otherwise we divide throughout
by $\sqrt{1-y^{2}}$ and substitute $X=x / \sqrt{1-y^{2}}, D=d / \sqrt{1-y^{2}}$. The inequality (2.4) takes the form

$$
\sqrt{1-\|d\|^{2}} \varphi\left(\frac{\|x+d\|}{\sqrt{1-\|d\|^{2}}}\right)+\varphi(1)\|x-d\| \geq 2 \varphi(\|x\|)
$$

Carry out the following optimization procedure. Fix $\|x\|,\|x-d\|$, put $s=\|d\|$ and minimize the left-hand side over $s$. By parallelogram identity, we have $\|x+d\|=$ $\sqrt{2\|x\|^{2}+2 s^{2}-\|x-d\|^{2}}$, so the derivative with respect to $s$ of the left-hand side is

$$
\begin{aligned}
& -\frac{s}{\sqrt{1-s^{2}}} \varphi(X)+\frac{\sqrt{1-s^{2}}}{2 X} \varphi^{\prime}(X) \cdot \frac{s\left(2\|x\|^{2}+2-\|x-d\|^{2}\right)}{\left(1-s^{2}\right)^{2}} \\
& =\frac{s}{X \sqrt{1-s^{2}}}\left[-\varphi(X) X+\varphi^{\prime}(X)\left(X^{2}+2\right)\right]
\end{aligned}
$$

where $X=\sqrt{\left(2\|x\|^{2}+2 s^{2}-\|x-d\|^{2}\right) /\left(1-s^{2}\right)} \in[0,1]$. But the expression in the square brackets is nonnegative: indeed, it equals 0 for $X=0$, and its derivative is

$$
\varphi^{\prime \prime}(X)\left(X^{2}+2\right)+\varphi^{\prime}(X) X-\varphi(X)=\varphi^{\prime \prime}(X)\left(X^{2}+1\right) \geq 0
$$

in view of (2.1). Consequently, to prove the desired estimate (2.4), it suffices to consider the smallest possible $\|d\|$ (for which the assumptions of Step 3 are valid). That is, we must prove the claim for $d$ such that $\|d\|=\|x-d\|-\|x\|$ or such that $\|x-d\|^{2}+\|d\|^{2}=1$. In the first case, we get that $x$ and $d$ are linearly dependent, so (2.4) follows from its real version (2.2); the second case follows immediately from continuity and Step 2 above.

Step 4. Finally, assume that $\|x\|^{2}+y^{2}<1$ and $\|x \pm d\|^{2}+y^{2}+\|d\|^{2}>1$. As previously, it suffices to establish the desired bound for $y=0$ only; it reads

$$
\varphi(1)\|x+d\|+\varphi(1)\|x-d\| \geq 2 \varphi(\|x\|)
$$

Observe that the function $G(s)=\|x+d s\|+\|x-d s\|$ is nondecreasing on $[0,1]$ : this follows immediately from the triangle inequality. Consequently, we may write

$$
\varphi(1)\|x+d\|+\varphi(1)\|x-d\| \geq \varphi(1)\left\|x+d s_{0}\right\|+\varphi(1)\left\|x-d s_{0}\right\|
$$

where $s_{0}$ is the largest number such that at least one of the inequalities

$$
\left\|x-d s_{0}\right\|^{2}+\left\|d s_{0}\right\|^{2} \leq 1, \quad\left\|x+d s_{0}\right\|^{2}+\left\|d s_{0}\right\|^{2} \leq 1
$$

holds true. It remains to note that the inequality $\varphi(1)\left\|x+d s_{0}\right\|+\varphi(1)\left\|x-d s_{0}\right\| \geq$ $2 \varphi(\|x\|)$ has been already established in Step 2 or Step 3 above.

Proof. It suffices to show that $\beta(\mathbb{B}) \leq \varphi(1)$; the sharpness of this bound has been proved in [8]. By easy approximation, we will be done if we show the bound for simple martingales (a martingale $f$ is simple, if for any $n$ the random variable $f_{n}$ takes only a finite number of values and there is a deterministic $N$ such that $\left.f_{N}=f_{N+1}=f_{N+2}=\ldots=f_{\infty}\right)$. We will prove a slightly stronger statement

$$
\mathbb{P}\left(S_{n}(f)^{2}+\left\|f_{n}\right\|^{2} \geq 1\right) \leq \varphi(1)\left\|f_{n}\right\|_{1}, \quad n=0,1,2, \ldots
$$

The key observation is that the process $\left(U\left(\left\|f_{n}\right\|, S_{n}(f)\right)_{n \geq 0}\right.$ is a supermartingale: indeed, by the conditional symmetry of $f$,

$$
\begin{aligned}
\mathbb{E}\left[U\left(\left\|f_{n+1}\right\|, S_{n+1}(f)\right) \mid \mathcal{F}_{n}\right]= & \mathbb{E}\left[U\left(\left\|f_{n}+d_{n+1}\right\|, \sqrt{S_{n}^{2}(f)+\left\|d_{n+1}\right\|^{2}} \mid \mathcal{F}_{n}\right]\right. \\
= & \frac{1}{2}\left\{\mathbb { E } \left[U\left(\left\|f_{n}+d_{n+1}\right\|, \sqrt{S_{n}^{2}(f)+\left\|d_{n+1}\right\|^{2}} \mid \mathcal{F}_{n}\right]\right.\right. \\
& +\mathbb{E}\left[U\left(\left\|f_{n}-d_{n+1}\right\|, \sqrt{S_{n}^{2}(f)+\left\|d_{n+1}\right\|^{2}} \mid \mathcal{F}_{n}\right]\right\} \\
\leq & U\left(\left\|f_{n}\right\|, S_{n}(f)\right),
\end{aligned}
$$

where in the last passage we have exploited (2.4). So, by the right bound in (2.3),

$$
\begin{aligned}
\mathbb{P}\left(S_{n}^{2}(f)+\left\|f_{n}\right\|^{2} \geq 1\right)-\varphi(1)\left\|f_{n}\right\|_{1} & =\mathbb{E}\left\{1_{\left\{S_{n}^{2}(f)+\left\|f_{n}\right\|^{2} \geq 1\right\}}-\varphi(1)\left\|f_{n}\right\|\right\} \\
& \leq \mathbb{E} U\left(\left\|f_{n}\right\|, S_{n}(f)\right) \\
& \leq \mathbb{E} U\left(\left\|f_{0}\right\|, S_{0}(f)\right) \\
& =\frac{1}{2} \mathbb{E}\left\{U\left(\left\|f_{0}\right\|, S_{0}(f)\right)+U\left(\left\|-f_{0}\right\|, S_{0}(f)\right)\right\} \\
& \leq U(0,0)=0,
\end{aligned}
$$

where in the last inequality we used (2.4) again. This completes the proof.

## 3. Characterization of Hilbert spaces

Throughout this section, we assume that the underlying probability space is the interval $[0,1]$ equipped with its Borel subsets and Lebesgue measure. Let ( $\mathbb{B},\|\cdot\|$ ) be a Banach space such that for any dyadic $\mathbb{B}$-valued martingale $f$,

$$
\begin{equation*}
\mathbb{P}(S(f) \geq 1) \leq \varphi(1)\|f\|_{1} . \tag{3.1}
\end{equation*}
$$

For $x \in \mathbb{B}$ and $y \geq 0$, let $M(x, y)$ denote the class of all simple dyadic $\mathbb{B}$-valued martingales $f$ satisfying $f_{0} \equiv x$ and

$$
\begin{equation*}
y^{2}-\|x\|^{2}+S^{2}(f) \geq 1 \quad \text { almost surely. } \tag{3.2}
\end{equation*}
$$

Here the filtration may vary. Consider the function $U^{0}: \mathbb{B} \times[0, \infty) \rightarrow \mathbb{R}$, given by

$$
U^{0}(x, y)=\inf \left\{\mathbb{E}\left\|f_{\infty}\right\|\right\}
$$

where the infimum is taken over all $f \in M(x, y)$ and $f_{\infty}$ is the pointwise limit of $f$.
Lemma 3.1. The function $U^{0}$ enjoys the following properties.
$1^{\circ}$ For any $x \in \mathbb{B}$ and $y \geq 0$ we have $U^{0}(x, y) \geq\|x\|$.
$2^{\circ}$ For any $x, d \in \mathbb{B}$ and $y \geq 0$ we have

$$
\begin{equation*}
\left.\frac{1}{2}\left[U^{0}\left(x+d, \sqrt{y^{2}+\|d\|^{2}}\right)+U^{0}\left(x-d, \sqrt{y^{2}+\|d\|^{2}}\right)\right)\right] \geq U^{0}(x, y) \tag{3.3}
\end{equation*}
$$

$3^{\circ}$ For any $x \in \mathbb{B}$ we have $U^{0}(x,\|x\|) \geq \varphi(1)^{-1}$.
Proof. The first property is obvious: if $f \in M(x, y)$, then $\left\|f_{n}\right\|_{1} \geq\left\|f_{0}\right\|_{1}=\|x\|$ for all $n$. To establish $2^{\circ}$, we exploit the so-called "splicing argument": see e.g. [3]. Pick a martingale $f^{ \pm}$from the class $M\left(x \pm d, \sqrt{y^{2}+\|d\|^{2}}\right)$ and define a simple sequence $f$ by $f_{0} \equiv x$ and

$$
f_{n}(\omega)= \begin{cases}f_{n-1}^{-}(2 \omega) & \text { if } \omega \in[0,1 / 2] \\ f_{n-1}^{+}(2 \omega-1) & \text { if } \omega \in(1 / 2,1]\end{cases}
$$

Then $f$ is a dyadic martingale. Furthermore, if $\omega \in[0,1 / 2]$, then

$$
y^{2}-\|x\|^{2}+S^{2}(f)(\omega)=y^{2}+\|d\|^{2}-\|x-d\|^{2}+S^{2}\left(f^{-}\right)(2 \omega) \geq 1
$$

unless $\omega$ belongs to a set of probability 0 : this is due to $f^{-} \in M\left(x-d, \sqrt{y^{2}+\|d\|^{2}}\right)$. Similarly, $y^{2}-\|x\|^{2}+S^{2}(f)(\omega) \geq 1$ for almost all $w \in(1 / 2,1]$. Therefore (3.2) holds, so by the definition of $U^{0}$, we have $\left\|f_{\infty}\right\|_{1} \geq U^{0}(x, y)$. However, the left hand side equals $\frac{1}{2}\left\|f_{\infty}^{-}\right\|_{1}+\frac{1}{2}\left\|f_{\infty}^{+}\right\|_{1}$, which, by the proper choice of $f^{ \pm}$, can be made arbitrarily close to the left hand side of (3.3). This gives $2^{\circ}$. Finally, the condition $3^{\circ}$ follows at once from (3.1) and the definition of $U^{0}$.

The further properties of $U^{0}$ are studied in the next lemma.
Lemma 3.2. (i) The function $U^{0}$ has the homogeneity-type property

$$
U^{0}(x, y)=\sqrt{1-y^{2}} U^{0}\left(\frac{x}{\sqrt{1-y^{2}}}, 0\right) \quad \text { for all } x \in \mathbb{B} \text { and } y \in[0,1)
$$

(ii) The function $U^{0}$ is continuous on $\mathbb{B} \times[0,1)$.

Proof. (i) This follows immediately from the definition of $U^{0}$ and the fact that $f \in M(x, y)$ if and only if $f / \sqrt{1-y^{2}} \in M\left(x / \sqrt{1-y^{2}}, 0\right)$.
(ii) If $f \in M(x, y)$ and $\bar{x} \in \mathbb{B}$, then $\bar{x}-x+f \in M(\bar{x}, y)$ and

$$
\|\bar{x}-x\| \geq \mathbb{E}\left[\left\|\bar{x}-x+f_{n}\right\|-\left\|f_{n}\right\|\right] \geq U^{0}(\bar{x}, y)-\mathbb{E}\left\|f_{n}\right\|
$$

so taking infimum over $f$ gives $U^{0}(\bar{x}, y)-U^{0}(x, y) \leq\|\bar{x}-x\|$. By the symmetry of $x$ and $\bar{x}$, we see that for a fixed $y$, the function $U^{0}(\cdot, y)$ is Lipschitz. An application of (i) yields the desired continuity.

Now, put $\psi(x)=U^{0}(x, 0)$ for $x \in \mathbb{B}$. The next step is to prove the following.
Lemma 3.3. We have $\varphi(1) \psi(x)=\varphi(\|x\|)$ for all $x \in \mathbb{B}$ with $\|x\| \leq 1$.
Proof. It is convenient to split the reasoning into a few parts.
Step 1. First we will show that if $\|x\|=1$, then $U^{0}(x, 0)=1$. Indeed, the inequality " $\geq$ " follows directly from part $1^{\circ}$ of Lemma 3.1; to get the reverse, consider the dyadic martingale $f$ given by $f_{0} \equiv x$ and $f_{1}=f_{2}=\ldots=2 x \cdot 1_{[0,1 / 2]}$. It satisfies $-\|x\|^{2}+S^{2}(f)=\|x\|^{2} \geq 1$ almost surely; thus $f \in M(x, 0)$ and $U^{0}(x, 0) \leq$ $\mathbb{E}\left\|f_{1}\right\|=1$. So, $\varphi(1) \psi(x)=\varphi(1) U^{0}(x, 0)=\varphi(1)=\varphi(\|x\|)$.

Step 2. Next we will show that $\varphi(1) \psi(x) \leq \varphi(\|x\|)$ for $\|x\|<1$. If $f$ is a conditionally symmetric martingale with $f_{0} \equiv x$, then

$$
\mathbb{E} U^{0}\left(f_{n}, \sqrt{-\|x\|^{2}+S^{2}(f)}\right) \geq U^{0}(x, 0)
$$

To see this, use (3.3) and repeat the argumentation from the end of Section 2. By a straightforward approximation and Lemma 3.2 (ii), the bound above leads to the following inequality for Brownian motion $B$. Namely, pick a stopping time $\tau$ satisfying $\tau<1$ almost surely and let $x \in \mathbb{B}$. Apply the above bound to the conditionally symmetric martingale $\left(x+x^{\prime} B_{\tau \wedge k 2^{-N}}\right)_{k=0}^{2^{N}}$ and let $N \rightarrow \infty$ to get $\mathbb{E} U^{0}\left(x+x^{\prime} B_{\tau}, \sqrt{\tau}\right) \geq U^{0}(x, 0)$, or, by Lemma 3.2 (i),

$$
\begin{equation*}
\psi(x) \leq \mathbb{E} \sqrt{1-\tau} \psi\left(\frac{x+x^{\prime} B_{\tau}}{\sqrt{1-\tau}}\right) \tag{3.4}
\end{equation*}
$$

If we put $\tau=\inf \left\{t:\left\|x+x^{\prime} B_{t}\right\|=\sqrt{1-t}\right\}$, then by Step 1 we obtain $\psi(x) \leq$ $\mathbb{E} \sqrt{1-\tau}$. On the other hand, by (2.1), the function $V: \mathbb{R} \times(-1,1) \rightarrow \mathbb{R}$ given by
$V(s, t)=\sqrt{1-t} \varphi(s / \sqrt{1-t})$ satisfies the heat equation $V_{t}+\frac{1}{2} V_{s s}=0$. Therefore, by Itô's formula, if $\tau$ is as above, we get
$\varphi(\|x\|)=V(\|x\|, 0)=\mathbb{E} V\left(\|x\|+B_{\tau}, \tau\right)=\mathbb{E} \sqrt{1-\tau} \varphi\left(\frac{\|x\|+B_{\tau}}{\sqrt{1-\tau}}\right)=\varphi(1) \mathbb{E} \sqrt{1-\tau}$.
This yields the claimed bound $\varphi(1) \psi(x) \leq \varphi(\|x\|)$.
Step 3. Suppose now that there is a vector $z$ of norm smaller than 1 for which we have the strict estimate $\varphi(1) \psi(z)<\varphi(\|z\|)$. By the property $3^{\circ}$ of Lemma 3.1 (used with $x=0$ ), we must have $z \neq 0$. Consider the stopping time $\tau=\inf \{t$ : $\left.\left|B_{t}\right|=| | z \| \sqrt{1-t}\right\}$ and apply (3.4) with $x=0$ (as $x^{\prime}$, take the vector $z^{\prime}$ ) to get

$$
\varphi(1) \psi(0) \leq \varphi(1) \mathbb{E} \sqrt{1-\tau} \psi(z)<\varphi(\|z\|) \mathbb{E} \sqrt{1-\tau}
$$

However, as previously, Itô's formula gives

$$
\varphi(0)=V(0,0)=\mathbb{E} V\left(B_{\tau}, \tau\right)=\mathbb{E} \sqrt{1-\tau} \varphi\left(\frac{B_{\tau}}{\sqrt{1-\tau}}\right)=\varphi(\|z\|) \mathbb{E} \sqrt{1-\tau}
$$

Therefore $\varphi(1) \psi(0)<\varphi(0)=1$, which contradicts part $3^{\circ}$ of Lemma 3.1.
We are ready to establish the main result.
Proof. Assume $\mathbb{B}$ is a Banach space for which the weak-type constant for the dyadic square function equals $\varphi(1)$. By Lemmas 3.2 and 3.3 , we have

$$
U^{0}(x, y)=\varphi(1)^{-1} \sqrt{1-y^{2}} \varphi\left(\frac{\|x\|}{\sqrt{1-y^{2}}}\right)
$$

provided $\|x\|^{2}+y^{2}<1$. Pick vectors $x, d \in \mathbb{B}$ and a small positive number $t$ (so that $\|x \pm d\|^{2}+\|d\|^{2}<t^{-2}$ ). By (3.3), applied to $t x, t d$ and $y=0$, we get

$$
2 \varphi(t\|x\|) \leq \sqrt{1-t^{2}\|d\|^{2}}\left[\varphi\left(\frac{t\|x-d\|}{\sqrt{1-t^{2}\|d\|^{2}}}\right)+\varphi\left(\frac{t\|x+d\|}{\sqrt{1-t^{2}\|d\|^{2}}}\right)\right] .
$$

This can be rewritten in the form

$$
\begin{align*}
& 2 \varphi(t\|x\|)-2 \varphi(0) \\
& \leq \sqrt{1-t^{2}\|d\|^{2}}\left[\varphi\left(\frac{t\|x-d\|}{\sqrt{1-t^{2}\|d\|^{2}}}\right)+\varphi\left(\frac{t\|x+d\|}{\sqrt{1-t^{2}\|d\|^{2}}}\right)-2 \varphi(0)\right]  \tag{3.5}\\
&+2 \varphi(0)\left(\sqrt{1-t^{2}\|d\|^{2}}-1\right) .
\end{align*}
$$

Divide throughout by $t^{2}$ and let $t \rightarrow 0$. Then

$$
\frac{2 \varphi(t|\mid x \|)-2 \varphi(0)}{t^{2}}=\frac{\varphi(t\|x\|)+\varphi(-t\|x\|)-2 \varphi(0)}{t^{2}} \rightarrow \varphi^{\prime \prime}(0)\|x\|^{2}=\|x\|^{2},
$$

and similarly, the right-hand side of (3.5) tends to $\frac{1}{2}\left[\|x-d\|^{2}+\|x+d\|^{2}\right]-\|d\|^{2}$. So,

$$
\|x-d\|^{2}+\|x+d\|^{2} \geq 2\|x\|^{2}+2\|d\|^{2}
$$

and replacing $x, d$ by $x+d$ and $x-d$ yields the reverse bound. Consequently, parallelogram identity holds and hence $\mathbb{B}$ is isomeric to a Hilbert space.

## Acknowledgments

The research was partially supported by Polish Ministry of Science and Higher Education (MNiSW) grant IP2011 039571 ‘Iuventus Plus’.

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[^0]:    2010 Mathematics Subject Classification. 60G42, 46C15.
    Key words and phrases. martingale square function Banach space Hilbert space 2-convex space.

