# SHARP MAXIMAL INEQUALITIES FOR THE MOMENTS OF MARTINGALES AND NONNEGATIVE SUBMARTINGALES 

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Abstract. In the paper we study sharp maximal inequalities for martingales and nonnegative submartingales: if $f, g$ are martingales satisfying

$$
\left|d g_{n}\right| \leq\left|d f_{n}\right|, \quad n=0,1,2, \ldots
$$

almost surely, then

$$
\left\|\sup _{n \geq 0} \mid g_{n}\right\|\left\|_{p} \leq p\right\| f \|_{p}, \quad p \geq 2
$$

and the inequality is sharp. Furthermore, if $\alpha \in[0,1], f$ is a nonnegative submartingale and $g$ satisfies

$$
\left|d g_{n}\right| \leq\left|d f_{n}\right| \text { and }\left|\mathbb{E}\left(d g_{n+1} \mid \mathcal{F}_{n}\right)\right| \leq \alpha \mathbb{E}\left(d f_{n+1} \mid \mathcal{F}_{n}\right), \quad n=0,1,2, \ldots
$$

almost surely, then

$$
\left\|\sup _{n \geq 0} \mid g_{n}\right\|\left\|_{p} \leq(\alpha+1) p\right\| f \|_{p}, \quad p \geq 2
$$

and the inequality is sharp. As an application, we establish related estimates for stochastic integrals and Itô processes. The inequalities strengthen the earlier classical results of Burkholder and Choi.

## 1. Introduction

The purpose of the paper is to provide the best constants in some maximal inequalities for martingales and nonnegative submartingales. Let us start with introducing the necessary notation. Let $(\Omega, \mathcal{F}, \mathbb{P})$ be a nonatomic probability space, equipped with a filtration $\left(\mathcal{F}_{n}\right)_{n \geq 0}$, that is, a nondecreasing family of sub- $\sigma$-fields of $\mathcal{F}$. Let $f=\left(f_{n}\right), g=\left(g_{n}\right)$ be adapted and real-valued integrable processes. The difference sequences $d f=\left(d f_{n}\right), d g=\left(d g_{n}\right)$ of $f$ and $g$ are defined by the equations

$$
f_{n}=\sum_{k=0}^{n} d f_{k}, \quad g_{n}=\sum_{k=0}^{n} d g_{k}, \quad n=0,1,2, \ldots
$$

We will be particularly interested in those pairs $(f, g)$, for which a certain domination relation is satisfied. Following Burkholder [6], we say that $g$ is differentially subordinate to $f$, if for any $n \geq 0$ we have

$$
\mathbb{P}\left(\left|d g_{n}\right| \leq\left|d f_{n}\right|\right)=1
$$

As an example, let $g$ be a transform of $f$ by a predictable sequence $v=\left(v_{n}\right)$ bounded in absolute value by 1 ; that is, we have $\mathbb{P}\left(\left|v_{n}\right| \leq 1\right)=1$ and $d f_{n}=v_{n} d g_{n}$,

[^0]$n \geq 0$. Here by predictability we mean that $v_{0}$ is $\mathcal{F}_{0}$-measurable and $v_{n}$ is $\mathcal{F}_{n-1^{-}}$ measurable for $n \geq 1$. In the particular case when each $v_{n}$ is deterministic and takes values in $\{-1,1\}$, we will say that $g$ is $\pm 1$ transform of $f$.

Another domination we will consider is so called $\alpha$-strong subordination, where $\alpha$ is a fixed nonnegative number. This notion was introduced by Burkholder in [10] in the special case $\alpha=1$ and extended to a general case by Choi [12]: the process $g$ is $\alpha$-strongly subordinate to $f$, if it is differentially subordinate to $f$ and, for any $n \geq 0$,

$$
\left|\mathbb{E}\left(d g_{n+1} \mid \mathcal{F}_{n}\right)\right| \leq \alpha\left|\mathbb{E}\left(d f_{n+1} \mid \mathcal{F}_{n}\right)\right|
$$

almost surely.
There is a vast literature concerning the comparison of the sizes of $f$ and $g$ under the assumption of one of the dominations above and the further condition that $f$ is a martingale or nonnegative submartingale; we refer the interested reader to the papers [6]-[21] and the references therein. In addition, these inequalities have found their applications in many areas of mathematics: Banach space theory [4], [5]; harmonic analysis [8], [13], [14]; functional analysis [6], [7], [20]; analysis [1], [2]; stochastic integration [6], [11], [17], [20], [21]; and more. To present our motivation, we state here only two theorems. Let us start with a fundamental result of Burkholder [6]. We use the notation $\|f\|_{p}=\sup _{n}\left\|f_{n}\right\|_{p}, p \in[1, \infty]$.

Theorem 1.1 (Burkholder). Assume that $f, g$ are martingales and $g$ is differentially subordinate to $f$. Then for any $1<p<\infty$,

$$
\begin{equation*}
\|g\|_{p} \leq\left(p^{*}-1\right)\|f\|_{p} \tag{1.1}
\end{equation*}
$$

where $p^{*}=\max \{p, p /(p-1)\}$. The constant $p^{*}-1$ is the best possible, it is already the best possible if $g$ is assumed to be $\pm 1$ transform of $f$.

Here by the optimality of the constant we mean that for any $r<p^{*}-1$ there exists a martingale $f$ and its $\pm 1$ transform $g$, for which $\|g\|_{p}>r\|f\|_{p}$.

The submartingale version of the estimate above is the following result of Choi [12].
Theorem 1.2 (Choi). Assume that $f$ is a nonnegative submartingale and $g$ is $\alpha$-differentially subordinate to $f, \alpha \in[0,1]$. Then for any $1<p<\infty$,

$$
\begin{equation*}
\|g\|_{p} \leq\left(p_{\alpha}^{*}-1\right)\|f\|_{p} \tag{1.2}
\end{equation*}
$$

where $p_{\alpha}^{*}=\max \{(\alpha+1) p, p /(p-1)\}$. The constant is the best possible.
In the paper we deal with a considerably harder problem and determine the optimal constants in the related moment estimates involving the maximal functions of $f$ and $g$. For $n \geq 0$, let $f_{n}^{*}=\sup _{0 \leq k \leq n}\left|f_{k}\right|$ and $f^{*}=\sup _{k \geq 0}\left|f_{k}\right|$. Here is our first main result.

Theorem 1.3. Let $f, g$ be martingales with $g$ being differentially subordinate to $f$. Then for any $p \geq 2$,

$$
\begin{equation*}
\left\|g^{*}\right\|_{p} \leq p\|f\|_{p} \tag{1.3}
\end{equation*}
$$

and the constant $p$ is the best possible. It is already the best possible in the following weaker inequality: if $f$ is a martingale and $g$ is its $\pm 1$ transform, then

$$
\begin{equation*}
\left\|g^{*}\right\|_{p} \leq p\left\|f^{*}\right\|_{p} \tag{1.4}
\end{equation*}
$$

Note that the validity of the estimates (1.3) and (1.4) is an immediate consequence of (1.1) and Doob's bound $\left\|f^{*}\right\|_{p} \leq \frac{p}{p-1}\|f\|_{p}, p>1$. The nontrivial (and quite surprising) part is the optimality of the constant $p$.

Now let us state the submartingale version of the theorem above.
Theorem 1.4. Fix $\alpha \in[0,1]$. Let $f$ be a nonnegative submartingale and $g$ be real valued and $\alpha$-strongly subordinate to $f$. Then for any $p \geq 2$,

$$
\begin{equation*}
\left\|g^{*}\right\|_{p} \leq(\alpha+1) p\|f\|_{p} \tag{1.5}
\end{equation*}
$$

and the constant $(\alpha+1) p$ is the best possible. It is already the best possible in the weaker estimate

$$
\begin{equation*}
\left\|g^{*}\right\|_{p} \leq(\alpha+1) p\left\|f^{*}\right\|_{p} \tag{1.6}
\end{equation*}
$$

There is a natural question what is the best constant in the inequalities above in the case $1<p<2$. Unfortunately, we have been unable to answer it; our argumentation works only for the case $p \geq 2$.

The proof of (1.5) is based on a technique invented by Burkholder in [11]. It enables to translate the problem of proving a maximal inequality for martingales to that of finding a certain special function, an upper solution to a corresponding nonlinear problem. The method can be easily extended to the submartingale setting (see e.g. [17]) and we construct the function in Section 3. For the sake of construction, we need a solution to a certain differential equation, which is analyzed in Section 2. The next two sections are devoted to the proofs of the announced results: Section 4 contains the proof of the estimate (1.5) and the final part concerns the optimality of the constants appearing in (1.4) and (1.6). In the final section we present some applications: sharp estimates for stochastic integrals and Itô processes.

## 2. A differential equation

For a fixed $\alpha \in(0,1]$ and $p \geq 2$, let $C=C_{p, \alpha}=[(\alpha+1) p]^{p}(p-1)$. A central role in the paper is played by a certain solution to the differential equation

$$
\begin{equation*}
\gamma^{\prime}(x)=\frac{-1+C(1-\gamma(x)) \gamma(x) x^{p-2}}{1+C(1-\gamma(x)) x^{p-1}} \tag{2.1}
\end{equation*}
$$

Lemma 2.1. There is a solution $\gamma:\left[((\alpha+1) p)^{-1}, \infty\right) \rightarrow \mathbb{R}$ of (2.1), satisfying the initial condition

$$
\begin{equation*}
\gamma\left(\frac{1}{(\alpha+1) p}\right)=1-[(\alpha+1) p]^{-1} \tag{2.2}
\end{equation*}
$$

The solution is nondecreasing, concave and bounded from above by 1 .
Proof. Let $\gamma$ be a solution to (2.1), satisfying (2.2) and extended to a maximal subinterval $I$ of $\left[((\alpha+1) p)^{-1}, \infty\right)$. It is convenient to split the proof into a few steps.

Step 1: $I=\left[((\alpha+1) p)^{-1}, \infty\right)$ In view of Picard-Lindelöf's theorem, this will be established if we show that $\gamma<1$ on $I$. To this end, suppose that the set $\{x \in I: \gamma(x)=1\}$ is nonempty and let $y$ denote its smallest element. Then, by (2.1), we have $\gamma^{\prime}(y)=-1$, which, by minimality of $y$, implies $\left.\gamma^{\prime}((\alpha+1) p)^{-1}\right)>1$ and contradicts (2.2).

Step 2: Concavity of $\gamma$. Suppose that the set $\left\{x \in I: \gamma^{\prime \prime}(x)>0\right\}$ is nonempty and let $z$ denote its infimum. Consider the functions $F, G:\left(((\alpha+1) p)^{-1}, \infty\right) \rightarrow \mathbb{R}$ given by

$$
\begin{aligned}
& F(x)=\gamma(x)-x \gamma^{\prime}(x) \\
& G(x)=(1-\gamma(x)) x^{p-2}
\end{aligned}
$$

Observe that

$$
\begin{equation*}
G>0 \text { on } I \quad \text { and } \quad F>0 \text { on }\left(((\alpha+1) p)^{-1}, z+\varepsilon\right) \tag{2.3}
\end{equation*}
$$

for some $\varepsilon>0$. The statement about $G$ is clear, while the positivity of $F$ follows from

$$
F^{\prime}(x)=-x \gamma^{\prime \prime}(x) \geq 0, x \in\left(((\alpha+1) p)^{-1}, z\right]
$$

and

$$
F\left(((\alpha+1) p)^{-1}+\right)=\frac{1}{p}>0
$$

Now multiply (2.1) throughout by $1+C(1-\gamma(x)) x^{p-1}$ and differentiate both sides. We obtain an equality which is equivalent to

$$
\begin{equation*}
\gamma^{\prime \prime}(x)(1+C x G(x))=C F(x) G^{\prime}(x), \quad x>\frac{1}{(\alpha+1) p} \tag{2.4}
\end{equation*}
$$

As a first consequence, we have $z>((\alpha+1) p)^{-1}$. To see this, tend with $x$ down to $((\alpha+1) p)^{-1}$ and observe that $F$ and $G$ have strictly positive limits; furthermore,

$$
\begin{equation*}
G^{\prime}(x)=x^{p-3}\left[(p-2)(1-\gamma(x))-x \gamma^{\prime}(x)\right]=: x^{p-3} J(x) \tag{2.5}
\end{equation*}
$$

with $J\left(((\alpha+1) p)^{-1}\right)=-\frac{\alpha(p-1)}{(\alpha+1) p}<0$. Combining (2.3) and (2.4) we see that, for some $\varepsilon>0, G^{\prime} \leq 0$ on $(z-\varepsilon, z)$ and $G^{\prime}>0$ on $(z, z+\varepsilon)$. Consequently, by (2.5), $J \leq 0$ on $(z-\varepsilon, z)$ and $J>0$ on $(z, z+\varepsilon)$. This implies $J^{\prime}(z)>0$ and since $J^{\prime}(z)=-(p-1) \gamma^{\prime}(z)$, we get $\gamma^{\prime}(z)<0$. However, this contradicts $G^{\prime}(z)=0$, in view of (2.5) and $\gamma(z)<1$. Let us stress that here, in the last passage, we use the inequality $p \geq 2$.

Step 3: $\gamma$ is nondecreasing. It follows from (2.4), the concavity on $\gamma$ and positivity of $F$ and $G$, that $G^{\prime} \leq 0$, or, by (2.5),

$$
\begin{equation*}
(p-2)(1-\gamma(x))-x \gamma^{\prime}(x) \leq 0 \tag{2.6}
\end{equation*}
$$

The claim follows.
Let us extend $\gamma$ to the whole halfline $[0, \infty)$ by

$$
\gamma(x)=[(p-1)(\alpha+1)-1] x+\frac{1}{p}, \quad x \in\left[0, \frac{1}{(\alpha+1) p}\right)
$$

It can be verified readily that $\gamma$ is of class $C^{1}$ on $(0, \infty)$.
Let $H:\left[((\alpha+1) p)^{-1}, \infty\right) \rightarrow[1, \infty)$ be given by $H(x)=x+\gamma(x)$ and let $h$ be the inverse to $H$. Clearly, we have

$$
\begin{equation*}
x-1 \leq h(x) \leq x, \quad x \geq 1 \tag{2.7}
\end{equation*}
$$

We conclude this section by providing a formula for $h^{\prime}$ to be used later. As

$$
\begin{equation*}
h^{\prime}(x)=\frac{1}{H^{\prime}(h(x))}=\frac{1}{1+\gamma^{\prime}(h(x))}, \quad x>1 \tag{2.8}
\end{equation*}
$$



Figure 1. The graph of $\gamma$ (the bold line) in the case $p=3, \alpha=1$.
Note that $\gamma$ is linear on $[0,1 / 6]$ and solves $(2.1)$ on $(1 / 6, \infty)$.
it can be derived that, in view of (2.1),

$$
\begin{equation*}
h^{\prime}(x)=\frac{1+((\alpha+1) p)^{p}(p-1)(h(x)-x+1) h(x)^{p-1}}{((\alpha+1) p)^{p}(p-1)(h(x)-x+1) h(x)^{p-2} x} \tag{2.9}
\end{equation*}
$$

## 3. The special function

Throughout this section, $\alpha \in(0,1]$ and $p \geq 2$ are fixed. Let $S$ denote the strip $[0, \infty) \times[-1,1]$. Consider the following subsets of $S$.

$$
\begin{aligned}
& D_{0}=\{(x, y) \in S:|y| \leq \gamma(x)\}, \\
& D_{1}=\{(x, y) \in S:|y|>\gamma(x), x+|y| \leq 1\}, \\
& D_{2}=\{(x, y) \in S:|y|>\gamma(x), x+|y|>1\} .
\end{aligned}
$$

Introduce the function $u: S \rightarrow \mathbb{R}$ by

$$
u(x, y)= \begin{cases}1-[(\alpha+1) p]^{p} x^{p} & \text { on } D_{0} \\ 1-\left(\frac{p x+p|y|-1}{p-1}\right)^{p-1}[p(p(\alpha+1)-1) x-p|y|+1] & \text { on } D_{1} \\ 1-[(\alpha+1) p]^{p} h(x+|y|)^{p-1}[p x-(p-1) h(x+|y|)] & \text { on } D_{2}\end{cases}
$$

Let $U:[0, \infty) \times \mathbb{R} \times(0, \infty) \rightarrow \mathbb{R}$ be given by

$$
U(x, y, z)=(|y| \vee z)^{p} u\left(\frac{x}{|y| \vee z}, \frac{y}{|y| \vee z}\right)
$$

As we will see below, the function $U$ is the key to the inequality (1.5). Let us study the properties of this function.

Lemma 3.1. The function $U$ is of class $C^{1}$. Furthermore, there exists an absolute constant $K$ such that for all $x>0, y \in \mathbb{R}, z>0$ we have

$$
\begin{equation*}
U(x, y, z) \leq K(x+|y|+z)^{p} \tag{3.1}
\end{equation*}
$$

and

$$
\begin{equation*}
U_{x}(x, y, z) \leq K(x+|y|+z)^{p-1}, \quad U_{x}(x, y, z) \leq K(x+|y|+z)^{p-1} \tag{3.2}
\end{equation*}
$$

Proof. The continuity of the partial derivatives can be verified readily. The inequality (3.1) is evident for those $(x, y, z)$, for which $\left(\frac{x}{|y| \vee z}, \frac{y}{|y| \vee z}\right) \in D_{0} \cup D_{1}$; for remaining $(x, y, z)$ it suffices to use (2.7). Finally, the inequality (3.2) is clear if $\left(\frac{x}{|y| \vee z}, \frac{y}{|y| \vee z}\right) \in D_{0} \cup D_{1}$. For the remaining points one applies (2.7) and (2.8), the latter inequality implying $h^{\prime}<1$.

Now let us deal with the following majorization property.
Lemma 3.2. For any $(x, y, z) \in[0, \infty) \times \mathbb{R} \times(0, \infty)$, we have

$$
\begin{equation*}
U(x, y, z) \geq(|y| \vee z)^{p}-[(\alpha+1) p]^{p} x^{p} . \tag{3.3}
\end{equation*}
$$

Proof. The inequality is equivalent to $u(x, y) \geq 1-[(\alpha+1) p]^{p} x^{p}$ and we need to establish it only on $D_{1}$ and $D_{2}$. On $D_{1}$, substitution $X=p x$ and $Y=p|y|-1$ (note that $Y \geq 0$ ) transforms it into

$$
(\alpha+1)^{p} X^{p} \geq\left(\frac{X+Y}{p-1}\right)^{p-1}[(p(\alpha+1)-1) X-Y]
$$

This inequality is valid for all nonnegative $X, Y$. To see this, observe that by homogeneity we may assume $X+Y=1$, and then the estimate reads

$$
F(X):=(\alpha+1)^{p} X^{p}-(p-1)^{-p+1}[p(\alpha+1) X-1] \geq 0, \quad X \in[0,1] .
$$

Now it suffices to note that $F$ is convex on $[0,1]$ and satisfies

$$
F\left(\frac{1}{(p-1)(\alpha+1)}\right)=F^{\prime}\left(\frac{1}{(p-1)(\alpha+1)}\right)=0
$$

It remains to show the majorization on $D_{2}$. It is dealt with in the similar manner: setting $s=x+|y|>1$, we see that (3.3) is equivalent to

$$
G(x):=x^{p}-h(s)^{p-1}[p x-(p-1) h(s)] \geq 0, \quad s-1<x<h(s)
$$

It is easily verified that $G$ is convex and satisfies $G(h(s))=G^{\prime}(h(s))=0$. This completes the proof of (3.3).

The main property of the function $U$ is the concavity along the lines of slope belonging to $[-1,1]$.

Lemma 3.3. For fixed $y, z$ satisfying $z>0,|y| \leq z$, and any $a \in[-1,1]$, the function $\Phi=\Phi_{y, z, a}:[0, \infty) \rightarrow \mathbb{R}$ given by

$$
\Phi(t)=U(t, y+a t, z)
$$

is concave.
Before we turn to the proof, let us first establish some useful consequences.

Corollary 3.4. (i) The function $U$ has the following property: for any $x, y, z, k_{x}, k_{y}$ such that $x, x+k_{x} \geq 0, z>0,|y| \leq z$ and $\left|k_{y}\right| \leq\left|k_{x}\right|$ we have

$$
\begin{equation*}
U\left(x+k_{x}, y+k_{y}, z\right) \leq U(x, y, z)+U_{x}(x, y, z) k_{x}+U_{y}(x, y, z) k_{y} \tag{3.4}
\end{equation*}
$$

(for $x=0$ we replace $U_{x}(0, y, z)$ by right-sided derivative $U_{x}(0+, y, z)$ ).
(ii) For any $x \geq 1$ we have

$$
\begin{equation*}
U(x, 1,1) \leq 0 \tag{3.5}
\end{equation*}
$$

Proof. (i) This follows immediately.
(ii) We have $\Phi_{0,1, x^{-1}}(0)=U(0,0,1)=1$ and $\Phi_{0,1, x^{-1}}\left(((\alpha+1) p)^{-1}\right)=U(((\alpha+$ 1) $\left.p)^{-1}, x^{-1}((\alpha+1) p)^{-1}, 1\right)=0$, since $\left(((\alpha+1) p)^{-1}, x^{-1}((\alpha+1) p)^{-1}, 1\right) \in D_{0}$. Since $x \geq 1>((\alpha+1) p)^{-1}$, the lemma above gives $U(x, 1,1)=\Phi_{0,1, x^{-1}}(x) \leq 0$.

Proof of Lemma 3.3. By homogeneity, we may assume $z=1$. As $\Phi$ is of class $C^{1}$, it suffices to verify that $\Phi^{\prime \prime}(t) \leq 0$ for those $t$, for which $(t, y+a t)$ lies in the interior of $D_{0}, D_{1}, D_{2}$ or outside the strip $S$. Since $U(x, y, z)=U(x,-y, z)$, we may restrict ourselves to the case $y+a t \geq 0$. If $(t, y+a t)$ belongs to $D_{0}^{o}$, the interior of $D_{0}$, then $\Phi^{\prime \prime}(t)=-[(\alpha+1) p]^{p} \cdot p(p-1) t^{p-2}<0$, while for $(t, y+a t) \in D_{1}^{o}$ we have

$$
\Phi^{\prime \prime}(t)=-\frac{p^{3}(p t+p(y+a t)-1)^{p-3}(1+a)}{(p-1)^{p-2}}\left(I_{1}+I_{2}\right)
$$

where

$$
\begin{aligned}
& I_{1}=p t[(p-2)(1+a)(p(\alpha+1)-1)+2(p(\alpha+1)-1-a)] \geq 0 \\
& I_{2}=(p(y+a t)-1)(2 \alpha+1-a) \geq 0
\end{aligned}
$$

The remaining two cases are a bit more complicated. If $(t, y+a t) \in D_{2}^{o}$, then

$$
\frac{\Phi^{\prime \prime}(t)}{C p(1+a)^{2}}=J_{1}+J_{2}+J_{3}
$$

where

$$
\begin{aligned}
& J_{1}=h(t+y+a t)^{p-2} h^{\prime \prime}(t+y+a t)[h(t+y+a t)-t], \\
& J_{2}=h(t+y+a t)^{p-3}\left[h^{\prime}(t+y+a t)\right]^{2}[(p-1) h(t+y+a t)-(p-2) t], \\
& J_{3}=-\frac{2}{a+1} h(t+y+a t)^{p-2} h^{\prime}(t+y+a t) .
\end{aligned}
$$

Now if we change $y$ and $t$ keeping $s=t+y+a t$ fixed, then $J_{1}+J_{2}+J_{3}$ is a linear function of $t \in[s-1, h(s)]$. Therefore, to prove it is nonpositive, it suffices to verify this for $t=h(s)$ and $t=s-1$. For $t=h(s)$, we have

$$
J_{1}+J_{2}+J_{3}=h(s)^{p-2} h^{\prime}(s)\left[h^{\prime}(s)-\frac{2}{a+1}\right] \leq 0
$$

since $0 \leq h^{\prime}(s) \leq 1$ (see (2.8)). If $t=s-1$, rewrite (2.9) in the form

$$
C s(h(s)+1-s) h(s)^{p-2} h^{\prime}(s)=1+C(h(s)+1-s) h(s)^{p-1}
$$

and differentiate both sides; as a result, we obtain

$$
\begin{aligned}
C s\left[J_{1}+J_{2}+J_{3}+h(s)^{p-2} h^{\prime}(s)\left(\frac{2}{a+1}-1\right)\right] \\
=C h(s)^{p-2}\left[\left(h^{\prime}(s)-1\right) h(s)+(p-2)(h(s)+1-s) h^{\prime}(s)\right]
\end{aligned}
$$

As $h^{\prime} \geq 0$ and $2 /(a+1) \geq 1$, we will be done if we show the right-hand side is nonpositive. This is equivalent to

$$
h^{\prime}(s)[h(s)+(p-2)(h(s)+1-s)] \leq h(s) .
$$

Now use (2.8) and substitute $h(s)=r$, noting that $h(s)+1-s=1-\gamma(r)$, to obtain

$$
r+(p-2)(1-\gamma(r)) \leq r\left(1+\gamma^{\prime}(r)\right)
$$

or $r \gamma^{\prime}(r) \geq(p-2)(1-\gamma(r))$, which is (2.6).
Finally, suppose that $y+a t>1$. For such $t$ we have $\Phi(t)=(y+a t)^{p} u(t /(y+$ at), 1), hence, setting $X=t /(y+t), Y=y+a t$, we easily check that $\Phi^{\prime \prime}(t)$ equals

$$
Y^{p-2}\left[p(p-1) a^{2} u(X, 1)+2 a(p-1)(1-a X) u_{x}(X, 1)+(1-a X)^{2} u_{x x}(X, 1)\right] .
$$

First let us derive the expressions for the partial derivatives. Using (2.9), we have

$$
\begin{aligned}
u_{x}(X, 1)= & \frac{p}{X+1}\left[1+C(h(X+1)-X) h(X+1)^{p-1}\right]-\frac{C p h(X+1)^{p-1}}{p-1} \\
u_{x x}(X, 1)= & \frac{p(p-1)}{(X+1)^{2}}\left[1+C(h(X+1)-X) h(X+1)^{p-1}\right] \\
& -\frac{C p h(X+1)^{p-1}}{X+1}-\frac{C p h(X+1)^{p-2} h^{\prime}(X+1)}{X+1}
\end{aligned}
$$

Now it can be checked that

$$
\Phi^{\prime \prime}(t) Y^{2-p} / p=K_{1}+K_{2}+K_{3}
$$

where

$$
\begin{aligned}
K_{1} & =(p-1)\left(\frac{a+1}{X+1}\right)^{2}\left[1+C(h(X+1)-X) h(X+1)^{p-1}\right] \\
K_{2} & =-\frac{C h(X+1)^{p-1}}{X+1}\left(1+2 a-a^{2} X\right) \\
K_{3} & =-\left(\frac{1-a X}{X+1}\right)^{2} \cdot \frac{1+C(h(X+1)-X) h(X+1)^{p-1}}{h(X+1)-X} \\
& \leq-\left(\frac{1-a X}{X+1}\right)^{2} \cdot C h(X+1)^{p-1}
\end{aligned}
$$

We may write

$$
\begin{aligned}
K_{2}+K_{3} & \leq-\frac{C h(X+1)^{p-1}}{(X+1)^{2}}\left[\left(1+2 a-a^{2} X\right)(X+1)+(1-a X)^{2}\right] \\
& =-\frac{C h(X+1)^{p-1}(a+1)}{(X+1)^{2}}[2+X(1-a)] \leq-\left(\frac{a+1}{X+1}\right)^{2} C h(X+1)^{p-1}
\end{aligned}
$$

where in the last passage we have used $a \leq 1$. On the other hand, as $h$ is nondecreasing, we have

$$
1=\frac{C h(1)^{p}}{p-1} \leq \frac{C h(X+1)^{p-1} h(1)}{p-1} .
$$

Moreover, since $x \mapsto h(x+1)-x$ is nonincreasing (see (2.8)), we have $h(X+1)-X \leq$ $h(1)$. Combining these two facts, we obtain

$$
\begin{aligned}
K_{1} & \leq(p-1)\left(\frac{a+1}{X+1}\right)^{2}\left[1+C h(1) h(X+1)^{p-1}\right] \\
& \leq\left(\frac{a+1}{X+1}\right)^{2} C h(X+1)^{p-1}[h(1)+(p-1) h(1)] \\
& \leq\left(\frac{a+1}{X+1}\right)^{2} C h(X+1)^{p-1}
\end{aligned}
$$

as $p h(1)=(\alpha+1)^{-1} \leq 1$. This implies $K_{1}+K_{2}+K_{3} \leq 0$ and completes the proof.

The final property we will need is the following.
Lemma 3.5. For any $x, y, z$ such that $x \geq 0, z>0$ and $|y| \leq z$ we have

$$
\begin{equation*}
U_{x}(x, y, z) \leq-\alpha\left|U_{y}(x, y, z)\right| \tag{3.6}
\end{equation*}
$$

(if $x=0$, then $U_{x}$ is replaced by right-sided derivative).
Proof. It suffices to show that for fixed $y, z,|y| \leq z$, and $a \in[-\alpha, \alpha]$, the function $\Phi=\Phi_{y, z, a}:[0, \infty) \rightarrow \mathbb{R}$ given by $\Phi(t)=U(t, y+a t, z)$ is nonincreasing. Since $\alpha \leq 1$, we know from the previous lemma that $\Phi$ is concave. Hence all we need is $\Phi^{\prime}(0+) \leq 0$. By symmetry, we may assume $y \geq 0$. If $y \leq 1 / p$, then the derivative equals 0 ; in the remaining case, we have

$$
\Phi^{\prime}(0+)=-\frac{p^{2}(p y-1)^{p-1}}{(p-1)^{p-1}}(\alpha-a) \leq 0 .
$$

## 4. The proof of (1.5)

First let us observe that it suffices to show (1.5) for strictly positive $\alpha$. This is an immediate consequence of the fact that $\alpha$-strong subordination implies $\alpha^{\prime}$-strong subordination for $\alpha<\alpha^{\prime}$.

Suppose $f, g$ are as in Theorem 1.4. We may restrict ourselves to the case $\|f\|_{p}<\infty$. Hence, by Choi's inequality (1.2), we have $\|g\|_{p}<\infty$. It suffices to show that for any $n=0,1,2, \ldots$ we have

$$
\mathbb{E}\left[\left(g_{n}^{*}\right)^{p}-(\alpha+1)^{p} p^{p} f_{n}^{p}\right] \leq 0 .
$$

Clearly, we may assume that $\mathbb{P}\left(g_{0}>0\right)=1$, simply replacing $f, g$ by $f+\varepsilon, g+\varepsilon$ if necessary (here $\varepsilon$ is a small positive number). In particular, this implies $f_{0}>0$ almost surely. In view of the majorization (3.3), we will be done if we show that the expectation $\mathbb{E} U\left(f_{n}, g_{n}, g_{n}^{*}\right)$ is nonpositive for any $n$. As a matter of fact, we will show more, namely, that the process $\left(U\left(f_{n}, g_{n}, g_{n}^{*}\right)_{n \geq 0}\right)$ is a supermartingale and $\mathbb{E} U\left(f_{0}, g_{0}, g_{0}^{*}\right) \leq 0$.

To this end, fix $n \geq 1$ and observe that $g_{n}^{*} \leq\left|g_{0}\right|+\left|g_{1}\right|+\ldots+\left|g_{n}\right|$, so $g_{n}^{*}$ belongs to $L^{p}$. Thus, by Lemma 3.1 and Hölder's inequality, the variables $U\left(f_{n}, g_{n}, g_{n}^{*}\right)$, $U_{x}\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right) d f_{n}$ and $U_{y}\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right) d g_{n}$ are integrable. Moreover, by
definition of $U$ and the inequality (3.4),

$$
\begin{aligned}
\mathbb{E}\left(U\left(f_{n}, g_{n}, g_{n}^{*}\right) \mid \mathcal{F}_{n-1}\right)= & \mathbb{E}\left(U_{n}\left(f_{n}, g_{n}, g_{n-1}^{*}\right) \mid \mathcal{F}_{n-1}\right) \\
= & \mathbb{E}\left(U\left(f_{n-1}+d f_{n}, g_{n-1}+d g_{n}, g_{n-1}^{*}\right) \mid \mathcal{F}_{n-1}\right) \\
\leq & \mathbb{E}\left[U\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right)+U_{x}\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right) d f_{n}\right. \\
& \left.+U_{y}\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right) d g_{n} \mid \mathcal{F}_{n-1}\right] \\
\leq & U\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right)
\end{aligned}
$$

The latter inequality is the consequence of the following. By (3.6) and the submartingale property of $f$,

$$
\begin{aligned}
\mathbb{E}\left(U_{x}\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right) d f_{n} \mid \mathcal{F}_{n-1}\right) & =U_{x}\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right) \mathbb{E}\left(d f_{n} \mid \mathcal{F}_{n-1}\right) \\
& \leq-\alpha\left|U_{y}\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right)\right| \mathbb{E}\left(d f_{n} \mid \mathcal{F}_{n-1}\right) \\
& \leq-U_{y}\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right) \mathbb{E}\left(d g_{n} \mid \mathcal{F}_{n-1}\right) \\
& =-\mathbb{E}\left(U_{y}\left(f_{n-1}, g_{n-1}, g_{n-1}^{*}\right) d g_{n} \mid \mathcal{F}_{n-1}\right)
\end{aligned}
$$

where the second inequality is due to $\alpha$-domination.
To complete the proof, it suffices to show that $\mathbb{E} U\left(f_{0}, g_{0}, g_{0}^{*}\right) \leq 0$. However, $U\left(f_{0}, g_{0}, g_{0}^{*}\right)=U\left(f_{0}, g_{0}, g_{0}\right)=g_{0}^{p} U\left(f_{0} / g_{0}, 1,1\right)$ almost surely and the estimate follows from Corollary 3.4 (ii).

## 5. Sharpness

We start with inequality (1.4) and restrict ourselves to the case when $g$ is a $\pm 1$ transform of $f$. Suppose the best constant in this estimate equals $\beta>0$. This implies the existence of a function $W: \mathbb{R} \times \mathbb{R} \times[0, \infty) \times[0, \infty) \rightarrow \mathbb{R}$ which satisfies the following properties:

$$
\begin{gather*}
W(1,1,1,1) \leq 0,  \tag{5.1}\\
W(x, y, z, w)=W(x, y,|x| \vee z,|y| \vee w), \quad \text { if } x, y \in \mathbb{R}, w, z \geq 0 \\
(|y| \vee w)^{p}-\beta^{p}(|x| \vee z)^{p} \leq W(x, y, z, w), \quad \text { if } x, y \in \mathbb{R}, w, z \geq 0
\end{gather*}
$$

and, furthermore,

$$
\begin{align*}
& a W\left(x+t_{1}, y+\varepsilon t_{1}, z, w\right)+(1-a) W\left(x+t_{2}, y+\varepsilon t_{2}, z, w\right) \leq W(x, y, z, w),  \tag{5.4}\\
& \quad \text { for any }|x| \leq z,|y| \leq w, \varepsilon \in\{-1,1\}, a \in(0,1) \text { and } t_{1}, t_{2} \\
& \text { with } a t_{1}+(1-a) t_{2}=0 .
\end{align*}
$$

Indeed, one puts

$$
\begin{equation*}
W(x, y, z, w)=\sup \left\{\mathbb{E}\left(\left|g_{n}\right| \vee w\right)^{p}-\beta^{p} \mathbb{E}\left(\left|f_{n}\right| \vee z\right)^{p}\right\} \tag{5.5}
\end{equation*}
$$

where the supremum is taken over all integers $n$ and all martingales $f, g$ satisfying $\mathbb{P}\left(\left(f_{0}, g_{0}\right)=(x, y)\right)=1$ and $d f_{k}= \pm d g_{k}, k=1,2, \ldots$ (see [11] for details). This formula allows us to assume that $W$ is homogeneous: $W(t x, t y, t z, t w)=t W(x, y, z, w)$ for all $x, y \in \mathbb{R}, z, w \geq 0$ and $t>0$.

Now the idea is to exploit the above properties of $W$ to get $\beta \geq p$. To this end, let $\delta$ be a small number belonging to $(0,1 / p)$. By (5.4) applied to $x=0, y=w=1$,
$z=\delta /(1+2 \delta), \varepsilon=1$ and $t_{1}=\delta, t_{2}=-1 / p$, we obtain

$$
\begin{align*}
W\left(0,1, \frac{\delta}{1+2 \delta}, 1\right) \geq & \frac{p \delta}{1+p \delta} W\left(-\frac{1}{p}, 1-\frac{1}{p}, \frac{\delta}{1+2 \delta}, 1\right) \\
& +\frac{1}{1+p \delta} W\left(\delta, 1+\delta, \frac{\delta}{1+2 \delta}, 1+\delta\right) \tag{5.6}
\end{align*}
$$

Now, by (5.2) and (5.3),

$$
\begin{equation*}
W\left(-\frac{1}{p}, 1-\frac{1}{p}, \frac{\delta}{1+2 \delta}, 1\right)=W\left(-\frac{1}{p}, 1-\frac{1}{p}, \frac{1}{p}, 1\right) \geq 1-\left(\frac{\beta}{p}\right)^{p} \tag{5.7}
\end{equation*}
$$

Furthermore, by (5.2),

$$
W\left(\delta, 1+\delta, \frac{\delta}{1+2 \delta}, 1+\delta\right)=W(\delta, 1+\delta, \delta, 1+\delta)
$$

which, by (5.4) (with $x=z=\delta, y=w=1+\delta, \varepsilon=-1$ and $t_{1}=-\delta, t_{2}=$ $\left.\frac{1}{p}+\delta\left(\frac{1}{p}-1\right)\right)$ can be bounded from below by

$$
\frac{p \delta}{1+\delta} W\left(\frac{1+\delta}{p}, 1-\frac{1}{p}+\delta\left(2-\frac{1}{p}\right), \delta, 1+\delta\right)+\frac{1+\delta-p \delta}{1+\delta} W(0,1+2 \delta, \delta, 1+\delta)
$$

Using (5.3), we get

$$
W\left(\frac{1+\delta}{p}, 1-\frac{1}{p}+\delta\left(2-\frac{1}{p}\right), \delta, 1+\delta\right) \geq(1+\delta)^{p}\left[1-\left(\frac{\beta}{p}\right)^{p}\right]
$$

furthermore, by (5.2) and the homogeneity of $W$,

$$
W(0,1+2 \delta, \delta, 1+\delta)=W(0,1+2 \delta, \delta, 1+2 \delta)=(1+2 \delta)^{p} W\left(0,1, \frac{\delta}{1+2 \delta}, 1\right)
$$

Now plug all the above estimates into (5.6) to get

$$
\begin{align*}
W\left(0,1, \frac{\delta}{1+2 \delta}, 1\right) & {\left[1-\frac{(1+\delta-p \delta)(1+2 \delta)^{p}}{(1+\delta)(1+p \delta)}\right] \geq } \\
& \frac{p \delta}{1+p \delta}\left[1-\left(\frac{\beta}{p}\right)^{p}\right]\left(1+(1+\delta)^{p-1}\right) \tag{5.8}
\end{align*}
$$

Now it follows from the definition (5.5) of $W$ that

$$
W\left(0,1, \frac{\delta}{1+2 \delta}, 1\right) \leq W(0,1,0,1) .
$$

Furthermore, one easily checks that the function

$$
F(s)=1-\frac{(1+s-p s)(1+2 s)^{p}}{(1+s)(1+p s)}, \quad s>-\frac{1}{p},
$$

satisfies $F(0)=F^{\prime}(0)=0$. Hence

$$
1-\left(\frac{\beta}{p}\right)^{p} \leq \frac{W(0,1,0,1) \cdot F(\delta) \cdot(1+p \delta)}{p \delta\left(1+(1+\delta)^{p-1}\right)}
$$

and letting $\delta \rightarrow 0$ yields $1-\left(\frac{\beta}{p}\right)^{p} \leq 0$, or $\beta \geq p$.

The argumentation for the inequality (1.6) is essentially the same: suppose the best constant in the estimate equals $\gamma>0$. Introduce the function $V:[0, \infty) \times \mathbb{R} \times$ $[0, \infty) \times[0, \infty) \rightarrow \mathbb{R}$ by

$$
V(x, y, z, w)=\sup \left\{\mathbb{E}\left(\left|g_{n}\right| \vee w\right)^{p}-\gamma^{p} \mathbb{E}\left(\left|f_{n}\right| \vee z\right)^{p}\right\}
$$

where the supremum is taken over all integers $n$, all nonnegative submartingales $f$ and all integrable sequences $g$ satisfying $\mathbb{P}\left(\left(f_{0}, g_{0}\right)=(x, y)\right)=1$ and, for $k=$ $1,2, \ldots$,

$$
\left|d f_{k}\right| \geq\left|d g_{k}\right|, \quad \alpha \mathbb{E}\left(d f_{k} \mid \mathcal{F}_{k-1}\right) \geq\left|\mathbb{E}\left(d g_{k} \mid \mathcal{F}_{k-1}\right)\right|
$$

with probability 1 . We see that $V$ is homogeneous and satisfies the properties analogous to (5.1) - (5.4) (with obvious changes: in (5.2), (5.3) one must assume $x \geq 0$, in (5.3) the number $\beta$ is replaced by $\gamma$ and, in (5.4), we impose $x, x+t_{1}, x+$ $t_{2} \geq 0$ ). In addition, there is an extra property of $V$, which corresponds to the fact that we deal with the inequality for submartingales:

$$
\begin{equation*}
V(x+d, y+\alpha d, z, w) \leq V(x, y, z, w), \quad \text { if } x \geq 0, y \in \mathbb{R}, w, z \geq 0, d \geq 0 \tag{5.9}
\end{equation*}
$$

Now fix $\delta \in(0,1 / p)$ and apply this property with $x=0, y=w=1, z=\delta /(1+$ $(\alpha+1) p), d=\delta$ and then use (5.2) to obtain

$$
\begin{align*}
V\left(0,1, \frac{\delta}{1+(\alpha+1) \delta}, 1\right) & \geq V\left(\delta, 1+\alpha \delta, \frac{\delta}{1+(\alpha+1) \delta}, 1\right)  \tag{5.10}\\
& =V(\delta, 1+\alpha \delta, \delta, 1+\alpha \delta)
\end{align*}
$$

Using (5.2), (5.3) and (5.4) as above, we have

$$
\begin{aligned}
& V(\delta, 1+\alpha \delta, \delta, 1+\alpha \delta) \geq \frac{\delta(\alpha+1) p}{1+\alpha \delta}(1+\alpha \delta)^{p}\left[1-\left(\frac{\gamma}{(\alpha+1) p}\right)^{p}\right] \\
& \quad+\frac{1+\alpha \delta-\delta(\alpha+1) p}{1+\alpha \delta}(1+(\alpha+1) \delta)^{p} V\left(0,1, \frac{\delta}{1+(\alpha+1) \delta}, 1\right)
\end{aligned}
$$

which, combined with (5.10), gives

$$
\begin{aligned}
V\left(0,1, \frac{\delta}{1+(\alpha+1) \delta}, 1\right) & {\left[1-\frac{1+\alpha \delta-\delta(\alpha+1) p}{1+\alpha \delta}(1+(\alpha+1) \delta)^{p}\right] } \\
& \geq \delta(\alpha+1) p(1+\alpha \delta)^{p-1}\left[1-\left(\frac{\gamma}{(\alpha+1) p}\right)^{p}\right] .
\end{aligned}
$$

Now it suffices to use

$$
V\left(0,1, \frac{\delta}{1+(\alpha+1) \delta}, 1\right) \leq V(0,1,0,1)
$$

and the fact that the function

$$
G(s)=1-\frac{1+\alpha s-s(\alpha+1) p}{1+\alpha s}(1+(\alpha+1) s)^{p}, \quad s>-1 / \alpha
$$

satisfies $G(0)=G^{\prime}(0)=0$, to obtain

$$
1-\left(\frac{\gamma}{(\alpha+1) p}\right)^{p} \leq \frac{V(0,1,0,1) G(\delta)}{\delta(\alpha+1) p(1+\alpha \delta)^{p-1}}
$$

Letting $\delta \rightarrow 0$ gives $1-\left(\frac{\gamma}{(\alpha+1) p}\right)^{p} \leq 0$, or $\gamma \geq(\alpha+1) p$. This completes the proof.

## 6. InEQUALITIES FOR STOCHASTIC INTEGRALS AND ITÔ PROCESSES

In this section we present applications of the results above. Theorem 1.4 in the special case $\alpha=1$ yields an interesting inequality for the stochastic integrals. Suppose $(\Omega, \mathcal{F}, \mathbb{P})$ is a complete probability space, filtered by a nondecreasing rightcontinuous family $\left(\mathcal{F}_{t}\right)_{t \geq 0}$ of sub- $\sigma$-fields of $\mathcal{F}$. In addition, let $\mathcal{F}_{0}$ contain all the events of probability 0 . Suppose $X=\left(X_{t}\right)_{t \geq 0}$ is an adapted nonnegative rightcontinuous submartingale with left limits and let $Y$ be the Itô integral of $H$ with respect to $X$,

$$
Y_{t}=H_{0} X_{0}+\int_{(0, t]} H_{s} d X_{s}, \quad t \geq 0 .
$$

Here $H$ is a predictable process with values in $[-1,1]$. Denote $\|X\|_{p}=\sup _{t \geq 0}\left\|X_{t}\right\|_{p}$ and $X^{*}=\sup _{t \geq 0}\left|X_{t}\right|$. We will establish the following extension of Theorem 1.4.

Theorem 6.1. Under the above conditions, we have, for any $p \geq 2$,

$$
\begin{equation*}
\left\|Y^{*}\right\|_{p} \leq 2 p\|X\|_{p} \tag{6.1}
\end{equation*}
$$

and the constant $2 p$ is the best possible. It is already the best possible in the weaker estimate

$$
\left\|Y^{*}\right\|_{p} \leq 2 p\left\|X^{*}\right\|_{p}
$$

Proof. The constant $2 p$ is optimal even in the dicrete-time setting, so all we need is to show (6.1). This is a consequence of approximation results of Bichteler [3]. We proceed as follows: consider the family $\mathbf{Y}$ of all processes $Y$ of the form

$$
\begin{equation*}
Y_{t}=H_{0} X_{0}+\sum_{k=1}^{n} h_{k}\left[X_{\tau_{k} \wedge t}-X_{\tau_{k-1} \wedge t}\right] \tag{6.2}
\end{equation*}
$$

where $n$ is a positive integer, $h_{k}$ belongs to $[-1,1]$ and the stopping times $\tau_{k}$ take only a finite number of finite values, with $0=\tau_{0} \leq \tau_{1} \leq \ldots \leq \tau_{n}$. Let

$$
f=\left(X_{\tau_{0}}, X_{\tau_{1}}, \ldots, X_{\tau_{n}}, X_{\tau_{n}}, \ldots\right)
$$

and let $g$ be the transform of $f$ by $\left(H_{0}, h_{1}, h_{2}, \ldots, h_{n}, 0,0, \ldots\right)$. In virtue of Doob's optional sampling theorem, $f$ is a submartingale. Therefore, by Theorem 1.4, if $\tau_{n} \leq t$ almost surely, then for $Y$ as in (6.2),

$$
\left\|Y_{t}^{*}\right\|_{p}=\left\|g_{n}^{*}\right\|_{p} \leq 2 p\left\|f_{n}\right\|_{p} \leq 2 p\left\|X_{t}\right\|_{p}
$$

Now we have that $X$ and $H$ satisfy the conditions of Proposition 4.1 of Bichteler [3]. Thus by (2) of that proposition, if $Y$ is as in the statement of the theorem above, then there is a sequence $\left(Y^{j}\right)$ of elements of $\mathbf{Y}$ such that $\lim _{j \rightarrow \infty}\left(Y^{j}-Y\right)^{*}=0$ almost surely. Hence, by Fatou's lemma,

$$
\left\|Y_{t}^{*}\right\|_{p} \leq 2 p\left\|X_{t}\right\|_{p}
$$

Now take $t \rightarrow \infty$ to complete the proof.
The result above can be further strengthened. Assume that $X$ is a nonnegative submartingale and $X=X_{0}+M+A$ stands for its Doob-Meyer decomposition, uniquely determined by the condition that $A$ is predictable. Let $\alpha \in[0,1]$ be fixed and suppose $\phi, \psi$ are predictable processes satisfying $\left|\phi_{s}\right| \leq 1$ and $\left|\psi_{s}\right| \leq \alpha$ for all $s$. Consider the Itô process $Y$ such that $\left|Y_{0}\right| \leq X_{0}$ and

$$
Y_{t}=Y_{0}+\int_{0+}^{t} \phi_{s} d M_{s}+\int_{0+}^{t} \psi_{s} d A_{s}
$$

for all $t \geq 0$. We have the following sharp bound.
Theorem 6.2. For $X, Y$ as above, we have

$$
\left\|Y^{*}\right\|_{p} \leq(\alpha+1) p\|X\|_{p}
$$

and the inequality is sharp. So is the weaker estimate

$$
\left\|Y^{*}\right\|_{p} \leq(\alpha+1) p\left\|X^{*}\right\| \|_{p}
$$

This result can be established using essentially the same approximation arguments as above; we omit the details. We would only like to mention here that there is an alternative way of proving Theorems 6.1 and 6.2 , based on Itô's formula applied to the function $u$ (as the function is not of class $C^{2}$, one needs some additional ,,smoothing" arguments to overcome this difficulty). See e.g. [19] or [20] for similar reasoning.

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